

### **Brief Multidimensional Spiritual Experiences Scale**

The list that follows includes items you may or may not experience. Please consider how often you directly have this experience, and try to disregard whether you feel you should or should not have these experiences. A number of items use the word 'God.' If this word is not a comfortable one for you, please substitute another word that calls to mind the divine or holy for you.

- 1 – Many times a day
- 2 – Every day
- 3 – Most days
- 4 – Some days
- 5 – Once in a while
- 6 – Never or almost never

- 1. I feel God's presence.**
- 2. I find strength and comfort in my religion.**
- 3. I feel deep inner peace or harmony.**
- 4. I desire to be closer to or in union with God.**
- 5. I feel God's love for me, directly or through others.**
- 6. I am spiritually touched by the beauty of creation.**