

Relationship Closeness Inventory

We are currently investigating the nature of interpersonal relationships. As part of this study, we would like you to answer the following questions about your relationship with another person. Specifically, we would like you to choose the *one* person with whom you have the *closest, deepest, most involved, and most intimate relationship*, and answer the following questions with regard to this particular person. For some of you, this person may be a dating partner or someone with whom you have a romantic relationship. For others of you, this person may be a close, personal friend, family member, or companion. It makes no difference exactly who this person is as long as she or he is the one person with whom you have the closest, deepest, most involved, and most intimate relationship. *Please select this person carefully since this decision will affect the rest of this questionnaire.*

With this person in mind, please respond to the following questions:

1. Who is this person? (initial of first name only) _____
 - a. What is this person's age? _____ What is your age? _____
 - b. What is this person's sex? _____ What is your sex? _____
2. Which one of the following best describes your relationship with this person? (Check *only one*)

WORK:

_____ co-worker _____ your boss/supervisor _____ your subordinate

FAMILY:

_____ aunt/uncle _____ sister/brother _____ parent _____ cousin

ROMANTIC:

_____ married _____ engaged _____ living together

_____ dating: date only this person

_____ dating: date this person and others

FRIEND:

_____ close friend (non-romantic) _____ casual friend

OTHER:

_____ (please specify _____)
3. How long have you *known* this person? Please indicate the *number* of years and/or months (for example, 3 years, 8 months)

_____ years _____ months

We would like you to estimate the amount of time you typically spend alone with this person (referred to below as "X") during the day. We would like you to make these time estimates by breaking the day into morning, afternoon, and evening, although you should interpret each of these time periods in terms of your own typical daily schedule. (For example, if you work a night shift, "morning" may actually reflect time in the afternoon, but is nevertheless time immediately after waking.) Think back over the past week and write in the average amount of time, per day, that you spent *alone with X, with no one else around*, during each time period. If you did not spend any time with X in some time periods, write 0 hour(s) 0 minutes.

4. DURING THE PAST WEEK, what is the average amount of time, per day, that you spent *alone with X* in the MORNING (e.g., between the time you wake and 12 noon)?

_____ hour(s) _____ minutes
5. DURING THE PAST WEEK, what is the average amount of time, per day, that you spent *alone with X* in the AFTERNOON (e.g., between 12 noon and 6 pm)?

_____ hour(s) _____ minutes
6. DURING THE PAST WEEK, what is the average amount of time, per day, that you spent *alone with X* in the EVENING (e.g., between 6 pm and bedtime)?

_____ hour(s) _____ minutes

Compared with the "normal" amount of time you usually spend alone with X, how typical was *the past week*? (Check one)

_____ typical _____ not typical . . . if so, why? (please explain)

The following is a list of different activities that people may engage in over the course of one week. For each of the activities listed, please check all of those that you have engaged in *alone with X in the past week*. Check only those activities that were done *alone with X* and *not* done with X in the presence of others.

In the past week, I did the following activities alone with X: (Check all that apply)

- _____ did laundry
- _____ prepared a meal
- _____ watched TV
- _____ went to an auction/antique show
- _____ attended a non-class lecture or presentation
- _____ went to a restaurant
- _____ went to a grocery store
- _____ went for a walk/drive
- _____ discussed things of a personal nature
- _____ went to a museum/art show
- _____ planned a party/social event
- _____ attended class
- _____ went on a trip (e.g., vacation or weekend)
- _____ cleaned house/apartment
- _____ went to church/religious function
- _____ worked on homework
- _____ engaged in sexual relations
- _____ discussed things of a non-personal nature
- _____ went to a clothing store
- _____ talked on the phone
- _____ went to a movie
- _____ ate a meal
- _____ participated in a sporting activity
- _____ outdoor recreation (e.g., sailing)
- _____ went to a play
- _____ went to a bar
- _____ visited family
- _____ visited friends
- _____ went to a department, book, hardware store, etc.
- _____ played cards/board game
- _____ attended a sporting event
- _____ exercised (e.g., jogging, aerobics)
- _____ went on an outing (e.g., picnic, beach, zoo, winter carnival)
- _____ wilderness activity (e.g., hunting, hiking, fishing)
- _____ went to a concert
- _____ went dancing
- _____ went to a party
- _____ played music/sang

The following questions concern the amount of influence X has on your thoughts, feelings, and behavior. Using the 7-point scale below, please indicate the extent to which you agree or disagree by writing the appropriate number in the space corresponding to each item.

- | | | | | | | |
|---------------------|---|---|---|---|---|------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| I strongly disagree | | | | | | I strongly agree |
1. _____ X will influence my future financial security.
 2. _____ X does *not* influence everyday things in my life.¹
 3. _____ X influences important things in my life.
 4. _____ X influences which parties and other social events I attend.
 5. _____ X influences the extent to which I accept responsibilities in our relationship.

6. _____ X does *not* influence how much time I spend doing household work.¹
7. _____ X does *not* influence how I choose to spend my money.¹
8. _____ X influences the way I feel about myself.
9. _____ X does *not* influence my moods.¹
10. _____ X influences the basic values that I hold.
11. _____ X does *not* influence the opinions that I have of other important people in my life.¹
12. _____ X does *not* influence when I see, and the amount of time I spend with, my family.¹
13. _____ X influences when I see, and the amount of time I spend with, my friends.
14. _____ X does *not* influence which of my friends I see.¹
15. _____ X does *not* influence the type of career I have.¹
16. _____ X influences or will influence how much time I devote to my career.
17. _____ X does *not* influence my chances of getting a good job in the future.¹
18. _____ X influences the way I feel about the future.
19. _____ X does *not* have the capacity to influence how I act in various situations.¹
20. _____ X influences and contributes to my overall happiness.
21. _____ X does *not* influence my present financial security.¹
22. _____ X influences how I spend my free time.
23. _____ X influences when I see X and the amount of time the two of us spend together.
24. _____ X does *not* influence how I dress.¹
25. _____ X influences how I decorate my home (e.g., dorm room, apartment, house).
26. _____ X does *not* influence where I live.¹
27. _____ X influences what I watch on TV.

Now we would like you to tell us how much X affects your future plans and goals. Using the 7-point scale below, please indicate the degree to which your future plans and goals are affected by X by writing the appropriate number in the space corresponding to each item. If an area does not apply to you (e.g., you have no plans or goals in that area), write a 1.

- | | | | | | | |
|------------|---|---|---|---|---|----------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| not at all | | | | | | a great extent |
1. _____ my vacation plans
 2. _____ my marriage plans
 3. _____ my plans to have children
 4. _____ my plans to make *major* investments (house, car, etc.)
 5. _____ my plans to join a club, social organization, church, etc.
 6. _____ my school-related plans
 7. _____ my plans for achieving a particular financial standard of living

¹ reverse-scored item.

Scoring Criteria for Relationship Closeness Inventory Scales

Scale score	Frequency (No. of min)	Diversity (No. of activity domains)	Strength (strength total)
1	0-12	0	34-53
2	13-48	1	54-73
3	49-108	2-3	74-93
4	109-192	4-6	94-113
5	193-300	7-9	114-133
6	301-432	10-13	134-153
7	433-588	14-18	154-173
8	589-768	19-24	174-193
9	769-972	25-30	194-213
10	973-1200	31-38	214-238