# MENHEALING Inspiring Hope, Changing Lives

## WHO WE ARE

MenHealing is a 501(3)(c) non-profit providing healing resources, community, and support for men who've experienced sexual harm and their loved ones.

We also work to increase awareness and skills for providers and advocates for male survivors.

We are one of the only organizations in the nation specifically serving male survivors.

## OUR VISION

We seek to create a society where male survivors are seen. We empower men, through healing and connection, to build relationships and embrace vulnerability. By supporting men to heal, we hope to heal the world.

### WHAT WE DO

#### Support & Connection

- Peer Support Groups
- Social Media Community
- Monthly Newsletter

#### **Y** In-Person Healing

Retreats & Workshops

#### Storytelling & Education

- Podcasts & Videos
- Webinars & Trainings for Providers
- Publications by MenHealing Staff

#### Collaboration & Resources

- Organization Directory Online
- Cross-Organization Events
- H.O.M.E. Project: A Healing Book

DISCOVER THE POWER OF HEALING IN COMMUNITY

