



Physical Abuse Interventions


Helping Victims Heal

Helping Adults Change


What are the Impacts of Physical Abuse?



Physical Health
Impacts



Emotional,
Developmental and
Relational Impacts



Context matters!
Single Event vs
Pattern of
Caregiving

Trauma in Children

1

Internalizing

2

Externalizing

3

Re-
Experiencing

Developmental Impacts

Impact of Abuse: Myths



1

Not touched = Not harmed

2

Too Little to Understand

3

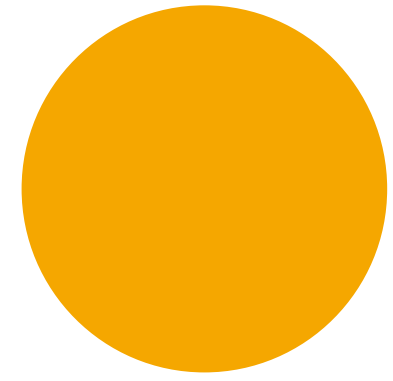
Big Enough to Protect Themselves



- Not all children have poor outcomes
- Positive relationships buffer stress
- Assess individual needs
- Avoid over or under identifying need for treatment

Resilience and Variability





Important Truth:

Most children will remain with or return to caregivers who have harmed them.

Interventions for Adults who Caused Harm



1

Decades of Research

2

Specific models +
general principles

3

Contextual, Cultural
and Interpersonal Fit

Effective Elements vs Red Flags

Trained clinician
Clear criteria
Intake/ assessment
Caregiver-child interaction
Behavior management
skills

Adult-only sessions
Didactic only
No caregiver-child
interaction
No clear criteria for use

Victim Healing

- TF-CBT

Caregiver Change

- PCIT
- AF-CBT

Considerations for your role