

# Common HEDIS Measures



## ADULT BMI ASSESSMENT

AGE: 18-74

Document BMI at an outpatient visit during current measurement year or the year prior



## BREAST CANCER SCREENING

AGE: 50-74

Mammogram screening October 1<sup>st</sup> two years prior to measurement year through December 31<sup>st</sup> of current measurement year



## COLORECTAL CANCER SCREENING

AGE: 50-75

- iFOBT/gFOBT/FIT: Every 1 year  
- FIT-DNA test: Every 3 years  
- Flexible sigmoidoscopy / CT colonoscopy: Every 5 years  
- Colonoscopy: Every 10 years



## DIABETES CARE – BP CONTROL

AGE: 18-75

BP <140/90 during measurement year (last BP of year)



## DIABETES CARE – A1C CONTROL

AGE: 18-75

A1c ≤9.0% during the measurement year (last result of year)



## DIABETES CARE – EYE EXAM

AGE: 18-75

- With retinopathy: Retinal / dilated eye exam every 1 year  
- Without retinopathy: Retinal / dilated eye exam every 2 years  
*\*Exams performed by optometrist or ophthalmologist*



## DIABETES CARE – NEPHROPATHY TESTING

AGE: 18-75

- Meds: At least one prescription for ACE inhibitor or ARB every year  
- Urine test for protein or albumin: every year  
- Visit with nephrologist: every year



## OSTEOPOROSIS MGMT IN WOMEN WITH A FRACTURE

AGE: 67-85

Women who suffered a fracture and have either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis within 6 months of fracture (except fractures of finger, toe, face or skull)



## HYPERTENSION – CONTROLLING BP

AGE: 18-85

BP <140/90 (18-59)  
BP <140/90 (60-85 with Diabetes)  
BP <150/90 (60-85 without Diabetes)  
During the measurement year (last BP of year)



## MED ADHERENCE – CHOLESTEROL (STATINS)

AGE: 18 OR OLDER

Adherence to cholesterol (statin) medications at least 80% of the time in the current measurement year



## MED ADHERENCE – DIABETES MEDICATIONS

AGE: 18 OR OLDER

Adherence to diabetes medications at least 80% of the time in the current measurement year

Drug classes: Biguanides, DPP-4 inhibitors, Incretin mimetics, Meglitinides, SGLT2 inhibitors, Sulfonylureas and Thiazolidinediones



## MED ADHERENCE – HYPERTENSION (RAS ANTAGONISTS)

AGE: 18 OR OLDER

Adherence to hypertension (RAS antagonist) medications at least 80% of the time in the current measurement year



## RHEUMATOID ARTHRITIS MANAGEMENT

AGE: 18 OR OLDER

Rheumatoid Arthritis diagnosis and dispensed at least one ambulatory prescription(s) for a disease-modifying anti-rheumatic drug (DMARD) in the current measurement year



## MEDICATION RECONCILIATION POST-DISCHARGE

AGE: 18 OR OLDER

Medications reconciled on the date of discharge through 30 days after discharge (31 days total) during the current calendar year