

Community Systems and Resources Food Availability in Seattle

Learning Objectives-

- ✓ Become familiar with food resources available to patients in the Seattle area
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Overview-

- There is no central “system” for distributing food resources to vulnerable individuals.
- This is a sampling of some of the organizations that provide food to homeless individuals in Seattle.
- Note that some organizations serve hot meals, while others provide the raw materials, and as always, some organizations serve a niche clientele.

Hot Meals-

Available at numerous locations throughout the city; clients need to be relatively savvy to know where to eat at specific times of the day / days of the week.

- **Community Lunch on Capitol Hill.** 1710 11th Ave Central Lutheran Church, Parish Hall, Seattle 98122. (206) 322-7500: Provides a full, free hot meal for anyone in need, 12-1pm, Tue and Fri; also dog and cat food, peanut butter and jelly sandwiches and a book exchange. <http://www.communitylunch.org>
- **Millionaire’s Club.** 2515 Western Ave, Seattle 98121. (206) 728-5627. Breakfast 6:15-7 am and lunch 12-1:30 pm, M-F.
- **Society of Saint Vincent de Paul Conference of Sacred Heart - Sack Lunch Program.** 232 Warren Ave N Suite B, Seattle 98109. (206) 283-2104: Serves a sack lunch to anyone in need from 8:30-11am, M-F, except holidays.
- **Seattle International Church.** 3rd Ave and Yesler Way City Hall Park, Seattle 98104. (206) 256-0100: Offers hot pizza and juice, along with packaged snacks at 7pm every Thursday; food distribution is outdoors, and begins and ends with a prayer; serves anyone. <http://www.seattlechurch.com>
- **Peniel Mission.** 2421 1st Ave., Seattle. (206) 441-7700: Free dinners 6 days a week, open to the public. Chapel attendance required.

- **Bread of Life- Hot Meals Program:** Breath of Life Seventh Day Adventist Church. 9807 26th Ave SW, Seattle 98106. (206) 762-0333: Serves a hot meal and offers clothing to anyone in need, 4:30 pm, 3rd Sun of month; distributes sandwiches around noon, 2nd Sat of the month.
- **Gethsemane Community Services.** 911 Stewart St Gethsemane Lutheran Church. Seattle 98101. (206) 682-3620: Issues shelter vouchers for men, for 2 nights at Compass Center or 3 nights at Bread of Life; must have bed reserved; also provides food sacks, mail service and local phone use for homeless individuals and families. <http://www.urbanfaith.org>
- **Boomtown Café.** 513 3rd Ave, Seattle 98104. (206) 625-2989: Open M-F 7:30am-1pm, meals for \$1.25-\$1.75

Food Banks and Pantries-

Food supplies are also available to clients at numerous city food pantries. The Cherry Street Food Bank is the largest and is open all week long.

- **Cherry Street Food Bank, Northwest Harvest.** 711 Cherry St, Seattle 98104. (206) 625-0755: Distributes food bags to anyone in need; 9am-5pm, Mon and Wed; bread and produce only, 9am-5pm, Tue and Fri; baby day 9am-5pm Thu. Clients may visit once per day. <http://www.northwestharvest.org>
- **Salvation Army - Social Services Department – Seattle.** 1101 Pike St, Seattle 98101. (206) 447-9944: Offers various foods depending on supplies. Clients can self-serve and are asked to take only what they can use. Pre-packed emergency food bags are also provided up to three times per year. <http://www.salvationarmynw.org>
- **Food Bank @ St. Mary's.** 611 20th Ave S, Seattle 98144. (206) 324-7100: Food pantry for Seattle residents, offers no-cook food bags for homeless individuals; 10am-1pm on Tue, Thu, and Sat; clients may visit once per week.
- **Immanuel Community Services.** 1215 Thomas St, Seattle 98109. (206) 622-1930: Distributes food to anyone in need; 10-11am, last two Fridays each month; clients may be served twice per month; walk in; no ID required.

Food for Specific Populations-

Some food pantries serve specific populations only.

- **El Centro De La Raza.** 2524 16th Ave S, Seattle 98144. (206) 957-4634: Operates a food pantry for low-income residents of ZIP codes 98108 and 98144 and all Chicano/Latino individuals regardless of where they reside. <http://www.elcentrodelaraza.com>
- **Morris Polack Food Bank, Jewish Family Service.** 1601 16th Ave, Seattle 98122. (206) 461-3240: Operates a food pantry for ZIP codes 98101, 98112, 98121 and 98122; also for all Jewish people in King County; limited home delivery; occasional pet food; each client may visit once per month. <http://www.jfsseattle.org>
- **Chicken Soup Brigade Food Program, Lifelong AIDS Alliance.** 1002 E Seneca St, Seattle 98122. (206) 957-1726: Provides food distribution and meal/grocery home delivery for people living with HIV/AIDS and other diseases and illnesses. <http://www.lifelongaidsalliance.org>
- **Seattle Indian Center.** 611 12th Ave S Leschi Center #300, Seattle 98144. (206) 329-8700: Offers free food bags and/or sack lunches, depending on food supply; ZIP codes 98104, 98122 and 98144 only, except also serves current Seattle Indian Center and Seattle Indian Health Board clients from other ZIP codes. www.seattleindiancenter.org
- **Asian Counseling and Referral Service.** 515 10th Ave S, Seattle 98144. (206) 292-5714: Provides culturally specific emergency food to the Asian-Pacific Islander community; hot meal program 10:30am on Fri. <http://www.acrs.org>
- **Angeline's Day Refuge.** 2030 3rd Ave., Seattle 98121. (206) 436-8650: Serves only women, breakfast 7am, lunch 11:30am, snacks 3pm.