Welcome to UWMC MICU! The experience offered at UW is truly unique, allowing residents to learn critical care in a broad patient population ranging from the “simply” critically ill to the critically-ill organ transplant patient. This rotation provides excellent bread-and-butter intensive care exposure, ranging from management of mechanical ventilation, hemodynamic support and monitoring, procedural skills, as well as advanced communication in care planning, goals of care discussions, and practice in safe transitions of care. The UW critical care faculty love to teach, making this a favorite rotation for many residents.

Team Room & Facilities
Located on 6SA (Montlake Tower), room SA6010. Scrubs and sleep rooms are available in the Crow’s Nest, located on the mezzanine level up the B-wing stairs from the 5th floor in the Health Sciences building (code 325).

Team Structure
1 Critical Care Attending
1 Critical Care Fellow (IM, EM, or Anesthesia-trained)
2 Senior Residents (IM-R2 or EM-R3)
4 Interns (FM, EM, Anesthesia, or Prelim) – assigned to Night, Day Admit, Day Helper, or Off
1 Advanced Practice Provider (APP) (M-F only)
Ancillary staff, including a dedicated ICU pharmacist and social worker

Daily Schedule
6:30am: Day interns arrive, get overnight sign-out, and pre-round
7:00am: Day Admit intern begins admitting, with supervision from senior and fellow
7:30am: Teaching/X-ray rounds
8:00am: Rounds begin, starting with overnight admissions
9:30am: Night intern leaves (except on the morning after their last night)
4:30pm: Day Float intern may sign out to Day Admit intern (if work of day is done)
8:00pm: Night intern arrives, gets sign-out, performs bedside rounds with nocturnist, and begins admitting

Call Cycle and Structure
Interns typically have 4-day stretches of day shifts, alternating between admitting and non-admit/helper days, as well as 4-day stretches of night shifts. Please refer to Amion for your individual schedule details.

Senior residents will alternate on a 5 on/5 off + clinic schedule. In general, expected hours for senior residents are 7am-8:30pm

Note that the census is flexible in the MICU in ways that it is not on other services. This means that you will be familiar with all the patients on the service and not just have ownership over a portion of them. Please talk more with the fellow or attending to understand the patient and work flow.
Day Admit Intern (6:30 am - 8:00 pm):
- Pre-round on assigned patients (up to ~5), write notes, and present on rounds
  - Work with a senior resident to hone efficient presentation skills
  - Prepare for rounds by discussing the plan with the senior resident after pre-rounding/before rounds
  - The UW MICU does collaborative rounding with the nursing staff, who will present a complete exam and some of the lab data on rounds
- Take all daytime (7:00 am – 8:00 pm) admissions
- Perform procedures needed on service patients

Day Float Intern (Helper) (6:30 am – 8:00 pm or when work of day is done):
- Pre-round on assigned patients (up to ~5), write notes, and present on rounds
  - Work with a senior resident to hone efficient presentation skills
  - Prepare for rounds by discussing the plan with the senior resident after pre-rounding/before rounds
  - The UW MICU does collaborative rounding with the nursing staff, who will present a complete exam and some of the lab data on rounds
- Carry the “hot pager” and provide cross-cover for service patients, assisted by senior resident and APP
- Perform procedures
- Sign out to the Admit intern when work of the day is done, no sooner than 4:30 pm

Night Intern (8:00 pm – 9:30 am):
- Receive sign out from Senior Resident and Nocturnist
- Round with Nocturnist at the bedside after sign out from Senior Resident
- Take all nighttime (8:00 pm – 7:00 am) admissions
- Provide cross-cover on all MICU patients
- Present overnight admissions on morning rounds. Overnight patients should be rounded on first to facilitate the Night intern leaving on time

ICU Handoffs
There is now a standardized medicine floor to MICU handoff process, which includes a **bedside** handoff between the two teams. Please recognize that the resident present from the medicine ward team may be cross-covering (e.g. Day Medicine or Night Medicine) and may not be familiar with every detail on the patient.
1. CORES floor intern will be paged to patient bedside on 6SA after patient is moved to ICU
2. CORES intern + senior/attending should arrive at that room within 10 minutes to meet the MICU team
3. Medicine floor team will give a short presentation on patient to MICU Team (similar to rounds: 1-2 liner, recent problems, key events from past day)
4. ICU intern/resident will bring an ICU handoff packet and checklist (from the MICU team room), which will be completed at the time of bedside handoff

Code Blue
The long-call medicine wards senior is the code team leader. The MICU fellow carries a code pager and functions as a “code whisperer,” guiding the senior resident if necessary. MICU interns do not have an assigned role in Code Blue, but you may attend codes in the hospital as these patients are often transferred to the MICU service. You are not expected to lead codes as an intern on the MICU service.

Learning Resources
Amazing learning resource from UWMC MICU! Check out: [https://canvas.uw.edu/courses/1011848#](https://canvas.uw.edu/courses/1011848#)
Access with your UW NetID.
- **Morning Report**: Every Mon, Wed, and Fri at 10:00 am in RR-110.
- **Core Teaching Conference**: Mondays at 12:30-1:30pm in RR-110. Core Internal Medicine topics that are presented at all three hospitals during the month. Lunch provided.
- **Chief of Medicine**: Tuesdays from noon-1pm in D-209. Conferences rotate among Inpatient cases, Outpatient cases, Autopsy conference, and M&M. Lunch provided. RNs are requested to hold non-urgent pages.
- **UWMC Teaching Conference**: Wednesdays at 12:30-1:30 pm in RR-110. Guest lectures from attendings and other educators, with emphasis on topics that are more specific to the UWMC patient. Lunch provided.
- **Grand Rounds**: Every Thursday at 8am in T-625, except during the first 8 weeks of summer. Light snacks and coffee provided. Your teams should schedule rounds so that you can all attend.
- **Intern report**: Every Thursday from 11:30am-12:30pm in RR-110, except during the first 8 weeks of summer (due to Intern Teaching Conference). **Required for ALL inpatient interns. Seniors hold intern pagers.**
- **Attending/Fellow Rounds**: Structured teaching by ICU attending and/or fellow. Scheduled by the MICU team and should occur multiple times weekly. Please check with the fellow about when these will occur. Usually held in MICU or SICU team rooms.
- **ICU Education Conference**: Fridays at 1-2 pm in 6-SA 6434
### UWMC Weekly Conference Schedule

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<th>Time</th>
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<th>Tuesday</th>
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<tr>
<td>7:00-8:00</td>
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<td>Radiology Rounds</td>
<td>Grand Rounds</td>
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<td>ICU Education</td>
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* Once per month, Intern Core Conference will take place from 11:00-11:45 a.m. in place of the regularly scheduled Intern Report. The Chief Resident will remind you of this time change earlier in the week when this occurs.