SIBR (pronounced: sigh-burr)

Structured Interprofessional Bedside Rounds

WHAT: A system for all disciplines to communicate in a standard way about the plan of care at the patient’s bedside using proven teamwork skills. Medical teams and nurses meet in the patient’s room (the SIBR-space) at an appointed time, and both doctors and nurses present in a structured format in front of the patient.

WHY: Poor coordination between doctors and nurses is a major source of frustration for patients, doctors, and nurses. Think about how many times you have communicated about problems later in the day that should have been proactively reconciled in the morning in front of the patient. Wouldn’t it be great to minimize pages after rounds and avoid missteps? We started SIBR in 2013 and the feedback from both nurses and resident doctors has been extremely positive. On a 5 point Likert scale, 76% of our residents and 87% of our nurses “strongly preferred” interprofessional rounding with SIBR. Also, SIBR reduced pages by a significantly significant amount!

WHO: ALL medicine teams with patients on 6NE and 6SE

HOW (part 1): There are 2 steps to coordinating bedside rounds.
1) Stop by the 6NE and 6SE front desk right after sign-out each morning to fill out a rounding plan/timeline for the day. You will set a time for rounds on each patient and then this will be broadcast on the rounding board used by the nurses (SIBR-optics). Typically rounds are scheduled in 15 minute increments (though can be shorter or longer depending on clinical need) and teams start with their sickest patients or those who are likely to discharge that day.
2) The rounding plan/timeline that you filled out has the bedside nurse’s phone number on it. Call each nurse as you are walking to each patient’s room so that you can meet at the bedside. Staying on schedule really helps make it possible for the nurse to be ready. If you get off schedule by 15 minutes or more, “leap frog” that patient and see him at the end of rounds to keep on schedule.

HOW (part 2): The key to efficient, organized SIBR is designating a SIBORG (Structured Interdisciplinary Bedside ORGanizer) each day. The SIBORG’s role is to ensure that the rounding sheet is filled out in the morning, and to ensure that RNs are called as the team walks to the room. The SIBORG can be the attending, resident, intern, or student, as long as they are at least partially human.

SIBORG Hall of fame:

Teah Caine, MS3        Robocop        Ryan Murphy, R3        T1000        Natalie Kress, R2        Andrew White, Attn