

## **ELEMENTS OF A WARMUP SERIES**

- 1. POSTURE**  
Goal: To have students experience standing in a good singing posture.
- 2. BREATH**  
Goal: To have students experience taking a deep breath and generating a steady flow of air.
- 3. RESONANCE**  
Goal: To have students experience good forward placement of the voice in the mask while maintaining a relaxed jaw and tongue.
- 4. VOWELS**  
Goal: To have students experience the different mouth shapes required for well-formed vowel sounds.
- 5. RANGE**  
Goal: To have students maintain a good supported tone in the extremes of their range while maintaining a relaxed jaw and throat.
- 6. PART SINGING**  
Goal: To have students experience maintaining their part in tune with a well-supported and well-placed tone and to maintain balance, blend and intonation as they move from vowel to vowel.