

RAPE AGGRESSION DEFENSE (RAD)

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RAD is a 12-hour course that was developed specifically for women on university and college campuses.

RAD is a simple yet effective program for university students and employees of any age and any fitness level.

RAD is **not** a martial arts program. RAD teaches realistic self-defense movements that require neither special skills nor years of practice to master.

Large numbers of sexual and physical assaults occur in the victim's home or home of someone s/he trusts.

In 2014, there were 2,695 reported rapes in Washington State.

Violence against women is not restricted by class, age or race. It affects us all.

POLICE DEPARTMENT
UNIVERSITY of WASHINGTON
Division of Student Life

1 out of 6
women

will be the victim of an attempted or completed rape in her lifetime



**NEXT FREE CLASS:
See our web page**

police.uw.edu/services/rad

For more information, please contact the program administrator at 206.543.0507 or raduwpd@uw.edu