

# RAPE AGGRESSION DEFENSE (RAD)

# W

1 out of 6  
women

will be the victim of an  
attempted or completed  
rape in her lifetime



RAD was developed specifically for women on university and college campuses.

RAD is a simple yet effective program for university students and employees of any age and any fitness level.

RAD is *\*not\** a martial arts program. RAD teaches realistic self-defense movements that require neither special skills nor years of practice to master.

Large numbers of sexual and physical assaults occur in the victim's home or home of someone s/he trusts.

In 2018, there were 3,255 reported rapes in Washington State.

Violence against women is not restricted by class, age or race. It affects us all.

**NEXT FREE RAD CLASS:**  
April 27 & 28,  
12noon - 6pm  
Haggett Hall,  
Cascade Room

*Attendance Required Both Days*

*Registration Opens April 8:  
[police.uw.edu/services/rad](http://police.uw.edu/services/rad)*

*For more information, please  
contact the program  
administrator at 206.616.0824  
or [raduwpd@uw.edu](mailto:raduwpd@uw.edu)*

**POLICE DEPARTMENT**

UNIVERSITY of WASHINGTON

Division of Student Life