

Get to Know Your Local Parks

June 19th, 2007
5:00—7:00 p.m.



Come play, be active & have fun!

Shape Up Kittitas County is proud to partner with the City of Ellensburg's Park and Recreation Department and the Ellensburg School District to showcase four of our local parks!

Shape Up will host a kick-off at Memorial Park at 5 p.m. but residents and families are welcome to join us at any one of four fun locations listed below or walk with us to all four parks!

A FREE BBQ will be hosted by Shape Up at Ellensburg High School where KQBE will be broadcasting live, playing great tunes and announcing the winners of fun prizes!

We're supplying the food, the equipment and the good time!



FREE BBQ



FUN PRIZES

Memorial Park/City Pool

Sign in and sign up for fun prizes, enjoy the playground, play a game of Frisbee or take part in basketball. *Follow Shape Up signs to....*

Reed Park

From Memorial Park walk up around Reed Park and the water tower, take in fun fitness trivia along the way! *Follow Shape Up signs to....*

Ellensburg High School Fitness Trail

CWU Exercise Science students will be waiting to show you how to work all the great fitness equipment on the new community fitness trail. You can also just enjoy the nice, paved walkway as you find your way to the FREE BBQ and great music! *Follow Shape Up signs to....*

Mt. View Park

Stroll on over after your hot dog to enjoy a nice game of soccer, inline hockey or baseball as well as a great playground and shaded, covered structure.

If you walk the whole way with us it will be around 3 miles, round trip.