





# Feasibility and Effectiveness of a Wraparound-Specific Electronic Health Record

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**FidelityEHR** 

30<sup>th</sup> Annual Research & Policy Conference on Child, Adolescent and Young Adult
Behavioral Health
March 6, 2017

### Acknowledgments

- FidelityEHR
  - Founder & CEO Kelly L. Hyde, PhD
  - Formerly Social TecKnowledgy
  - Mission:
    - "To support empowerment, engagement and healthy outcomes through innovations in technology for families and communities."
  - TMS-WrapLogic rebranded in January 2016
- This study funded by the National Institute of Mental Health (R42-MH95516; PI Bruns)







Research Hypothesis: Health Information Technology (HIT) can facilitate efficiency, fidelity, positive outcomes



# NIMH Small Business Technology Transfer (STTR) Study

#### Three phases:

- ✓ Phase 1: Program elements of FidelityEHR
- ✓ Phase 2: User Experience Testing: Determine if FidelityEHR is feasible and usable
- ✓ Phase 3: Determine if transitioning from paper to FidelityEHR impacts Wraparound implementation by providers and outcomes for youth and families







### FidelityEHR Highlighted Features

- Secure, web-based login
- User friendly interface
- Customizable Workflows
- High Fidelity Wraparound-based Plan of Care
- Contact/Progress Notes, Critical Incident Tracking
- Progress Monitoring plus Assessment Builder
- Secure Messaging and Scheduling
- Report Builder for program and system decision support
- CANS Builder, Algorithms, T-COM Reports







## FidelityEHR Record Navigation and and Workflow



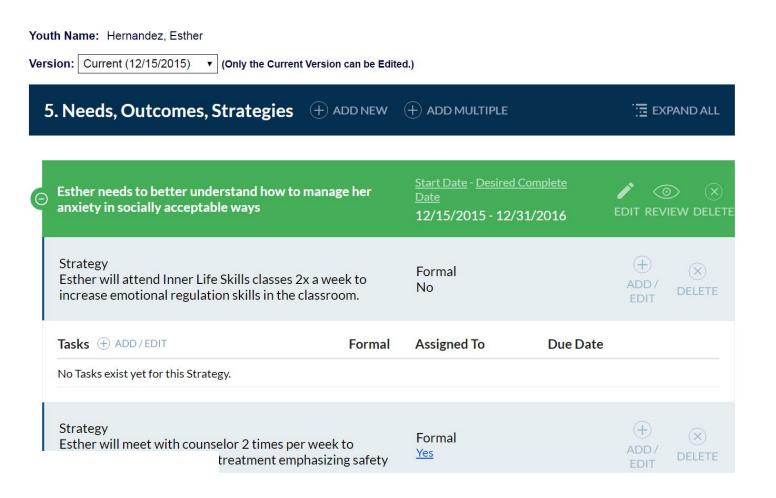
Danielle Phillips
11 CANS Admin Demo

Menu



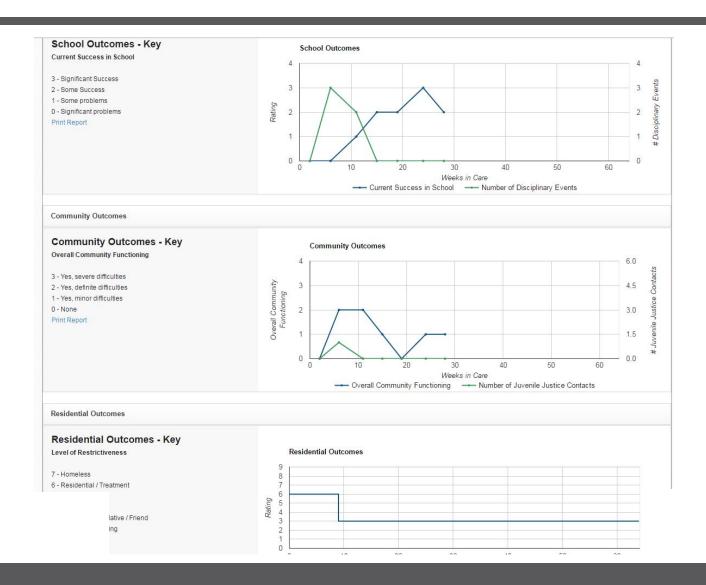
ashboard You	th Family	Team	Assessments	Plan Of Care	Contacts/Service Notes	Critical Incidents	Documents			
Youth Name: Hughes, Heather						Work Flow				
Case Number: 58	999555								Case Number	
Organization Name: 11 CANS Admin Demo					TASKS COMPLETED LA					
Youth Record	Dashboard						Referral  Enter Referral Forn  Data  Select Funding	1		
Facilitator Assignment					Stream  Facilitator Assigned	! ✓	01/09/201			
Facilitator Assignment - Key This graph depicts the Facilitator assignment over			Faci	litator Assignment		Intake/Family Story Complete Family Interview				
time. Each Facilitator					Team <u>Build Team</u> <u>Initial Team Meeting</u>	1				
- Barbara Brody - 6.7			Facilitator			POC Create Plan of Card Complete Family Vision	2			
							Complete II		ı	

## FidelityEHR Plan of Care



**Family Vision and Team Strengths Crisis Plan Team Mission** Assessments Needs, Outcomes, **Strategies Other Summary** and Team Details **Admin Info Sheet Care Coordinating** Organization

### FidelityEHR Core Assessments



### FidelityEHR CANS Assessment



Admin Admin 11 Fidelity EHR Demo Sandbox

Menu



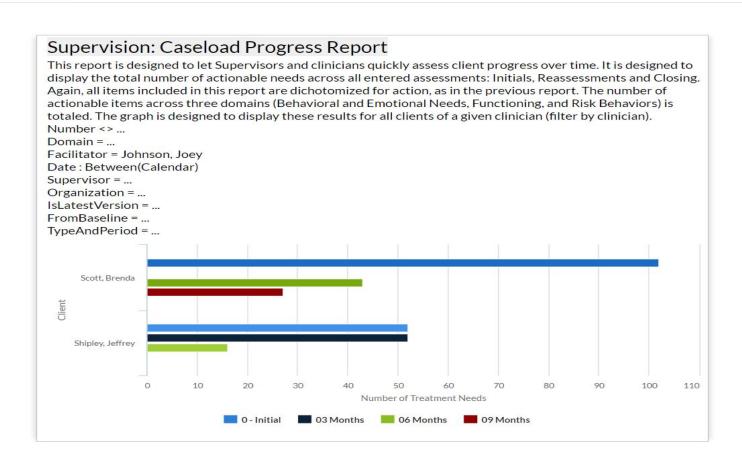


#### Add

Assessments	Version	Instances	Date Added	Last Updated	Status	Acti	ons Avail	able
CANS	TMS (Default)		04/15/2016	06/27/2016	Completed	<u>Edit</u>	<u>Delete</u>	View/Print
CANS	TMS (Default)		02/15/2016	06/27/2016	Completed	<u>Edit</u>	<u>Delete</u>	View/Print
CANS	TMS (Default)		01/15/2016	06/27/2016	Completed	<u>Edit</u>	<u>Delete</u>	View/Print
CANS	TMS (Default)		12/15/2015	06/27/2016	Completed	<u>Edit</u>	<u>Delete</u>	View/Print

## FidelityEHR CANS TCOM REPORTS





### Research Aims

- Is FidelityEHR feasible, acceptable, and contextually appropriate in the "real world" of wraparound implementation?
- Comparing care coordinators randomly assigned to EHR vs. continued services as usual (SAU), how does FidelityEHR affect:
  - Wraparound supervision?
  - Wraparound practice?
  - Teamwork and Alliance?
  - Wraparound Fidelity?
  - Parent Satisfaction?



## Theory of Positive Impact

### EHR Components

- •Information management: e.g., family, team, plan, providers, services, billing
- Fidelity support: e.g., Workflow pane, reminders, alerts, supervisor reports
- Standardized assessment: clinical alerts, treatment recommendations
- Feedback of information via dashboard reports on fidelity, services, progress, outcomes
- •Supervisor, manager, administrative reports: e.g., services, costs, satisfaction, fidelity, outcomes, placements

### Impact on Staff/Teams

- Availability of information
- Transparency and efficiency
- Better collaboration and teamwork
- Adherence to elements of highfidelity Wraparound
- More frequent progress review
- Decision-making based on objective data
- More focused, directive, datainformed supervision
- Staff more satisfied and self-efficacious
- Admin/managerlevel accountability

#### Paths to Family Outcomes

- Goal clarity
- Team communication and consensus
- Better problemsolving
- Greater treatment alliance
- Family and team better engaged, hopeful, and satisfied
- Shorter selfcorrection cycles
- More effective treatment
- Reduced staff turnover

#### Outcomes

- Families retained in services
- Greater social support
- Greater progress and reduction in top problems
- Reduced youth emotional and behavioral problems
- Improved youth functioning
- Reduced out of home/ community placement
- Reduced costs to systems

# Staff and family data were collected from two agencies

#### Site 1

- Wraparound organization in rural area in SE US
- Staff in study:
  - 3 Supervisors
  - 26 Facilitators

#### Site 2

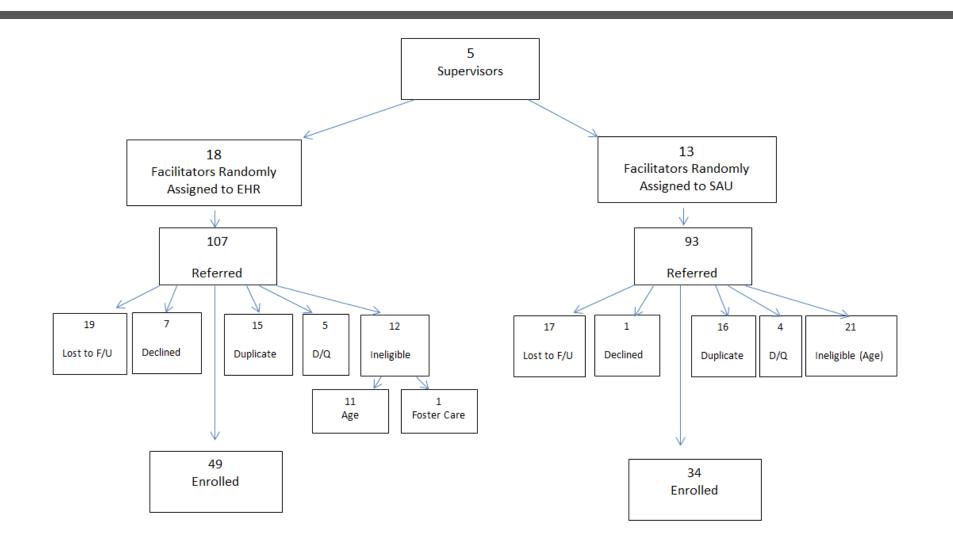
- Agency providing multiple services including traditional Wraparound and other Wraparound-based treatment tracks in a mixed urban/rural region of a Midwestern state.
- Staff in study:
  - 2 Supervisors
  - 5 Facilitators







## Study Flow (CONSORT Diagram)



### **Facilitator Demographics**

	EHR n = 18 (%)	SAU n = 13 (%)
Male	9 (39%)	2 (15%)
Female	11 (61%)	11 (85%)
White	12 (67%)	10 (77%)
African American	5 (28%)	2 (15%)
Hispanic	0	1 (8%)
Other	1 (6%)	0







# RESULTS: Usability

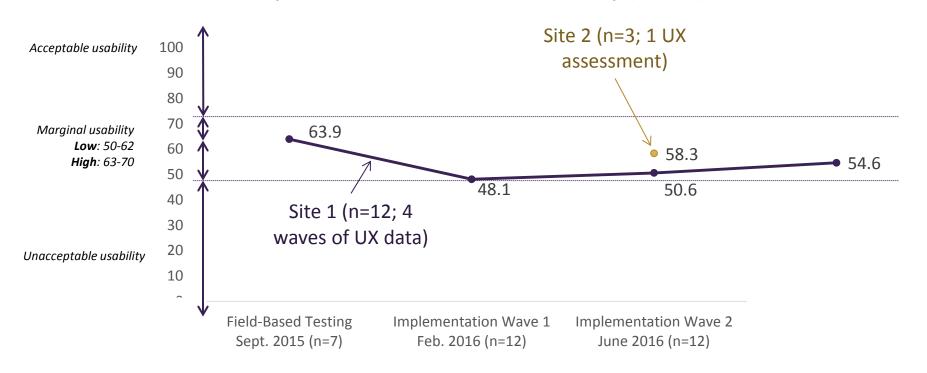






## EHR usability ratings in marginal range but slowly increased over time

- The System Usability Scale (SUS) provides a quick and easy understanding of a user's subjective rating of a product's usability
- 12 facilitators completed the SUS over the course of one year (Site 1)
- 3 facilitators completed the SUS at 6 months only (Site 2)

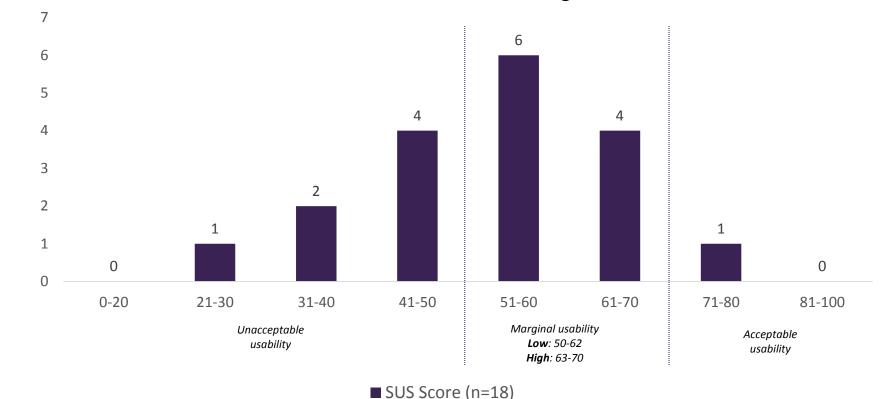


# The distribution of scores indicate a range of opinions on usability

The distribution indicates more than half of the users (61%) rated
 FidelityEHR with Marginal or Acceptable usability after 6 months of use

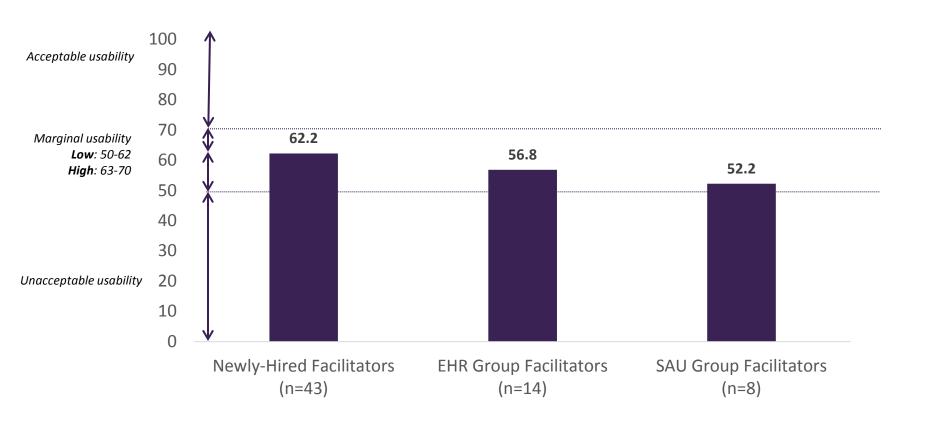
**Number of Users** 





# Facilitators newly hired and trained on system report higher usability ratings

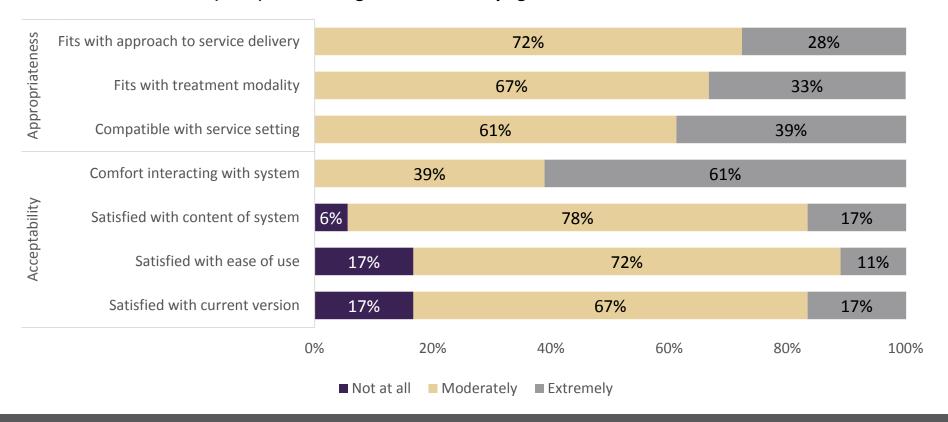
 Facilitators trained on FidelityEHR as part of their onboarding process report higher ratings for usability than facilitators in the research study



# Staff report EHR aligns well with Wraparound service setting

 System Acceptability & Appropriateness scale (SAAS) gauges satisfaction, utility, and fit with service context of technology

Staff (n=18) rate the degree to which they agree with each item at 6 months



### Qualitative feedback: Strengths of the system

- "Can quickly pull reports"
- "Can more easily make changes on the fly"
- "Better direction of where to go in supervision"
- "More aware of looking at needs and progress"
- "Great to be able to work remotely"
- "Families are better at understanding their outcomes"
- "Overall, love the system compared to the old one... Keeps us focused on particular needs & outcomes, more organized with monitoring"
- "Tasks flow from strategies which link to needs"
- "System is overall good... just need to work out kinks"







### Qualitative feedback: Needs for system improvement

- "Contact logs take a lot of clicks... and we use it the most"
- "Team meeting reminders aren't consistent"
- "Core assessments don't all display in supervision"
- "Plan of Care is too long can't just print one page (e.g., assessments) ... need POC report builder"
- "Tedious to add and delete strategies"
- "Can't sort contact logs by dates"





## Qualitative feedback: Change is hard, and transition to EHR must be done strategically

- "First weeks were hard challenging to have conflicting answers from supervisors... hard because things weren't sorted out"
- "Hard to learn all at once had a lot of workarounds"
- "Would have been better to have earlier trainings, and a better user's manual"
- "Took a long time to transition... couldn't breathe til March"
- "EHR was added to the CAFAS, Suicidal Ideation/BX assessment, assessments asking families at EVERY team meeting how they do and how they feel, Protective Risk Factors Survey, etc. there is too much... we are overwhelmed with requirements"
- "Starting to get the hang of it but study data will be impacted because we weren't using the system to its maximum capacity ... just trying to get by"





# RESULTS: Changes in Practice

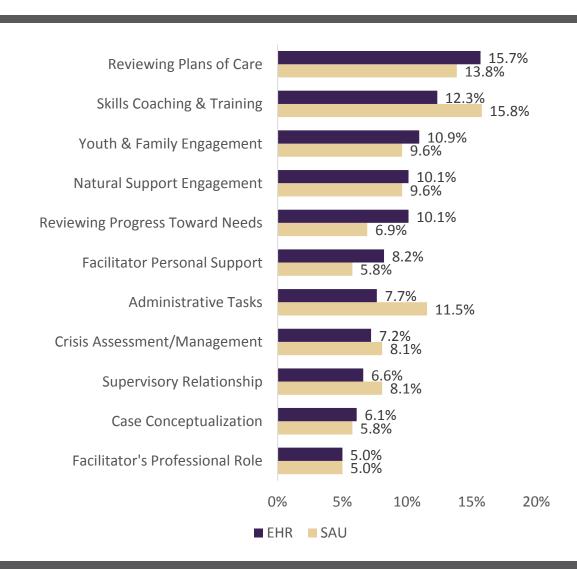






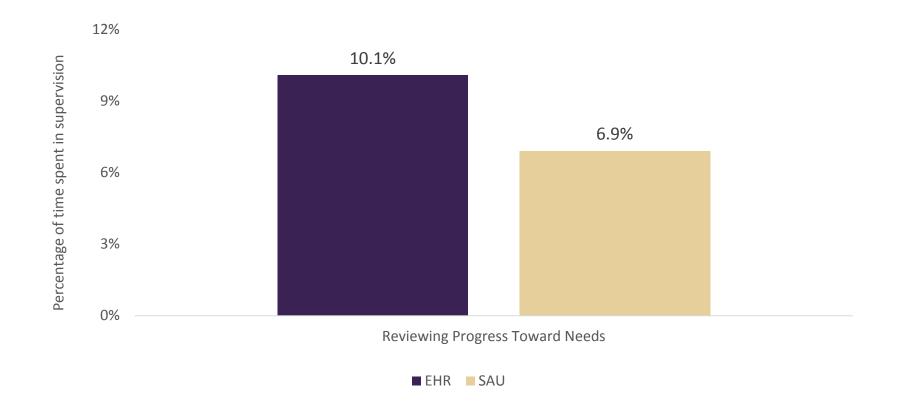
## Supervisors report small differences in supervision activities by group

- After six months of FidelityEHR use, Wraparound Supervisors report how much time they spent on certain activities in supervision with Facilitators
- Reviewing Plans of Care and Skills Coaching & Training take up approximately one-third of supervision



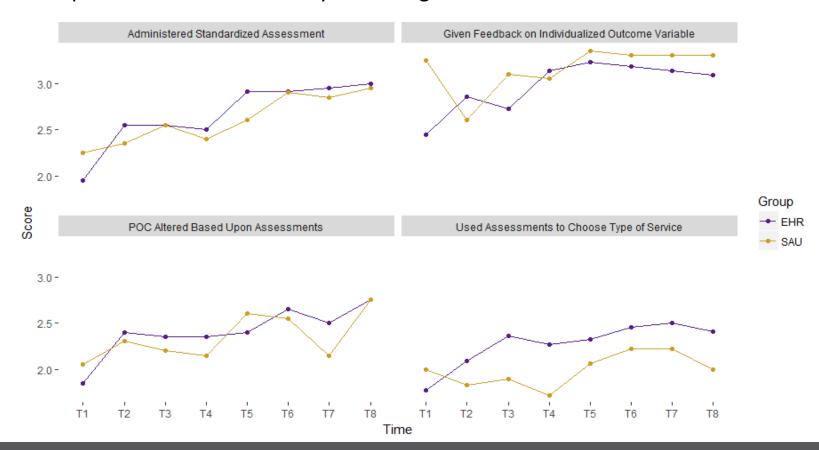
## Supervisors report more time reviewing progress toward needs for EHR staff (p<.01)

 EHR group spends more time reviewing progress toward needs compared to the SAU group



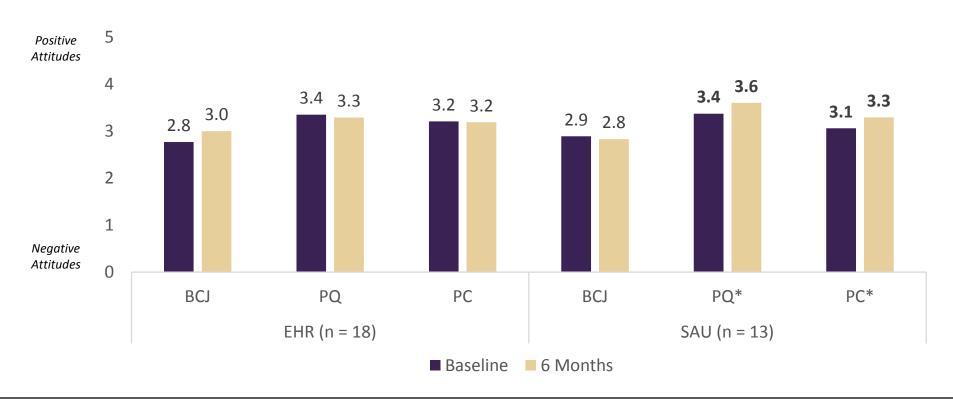
# Facilitators report shifts in practice throughout the course of EHR use

 The Current Assessment Practice Evaluation – Revised (CAPER) was administered to facilitators on a biweekly basis for eight months to assess the degree to which their practice was influenced by reviewing assessment data



## Attitudes toward standardized measures higher for SAU group at 6 months

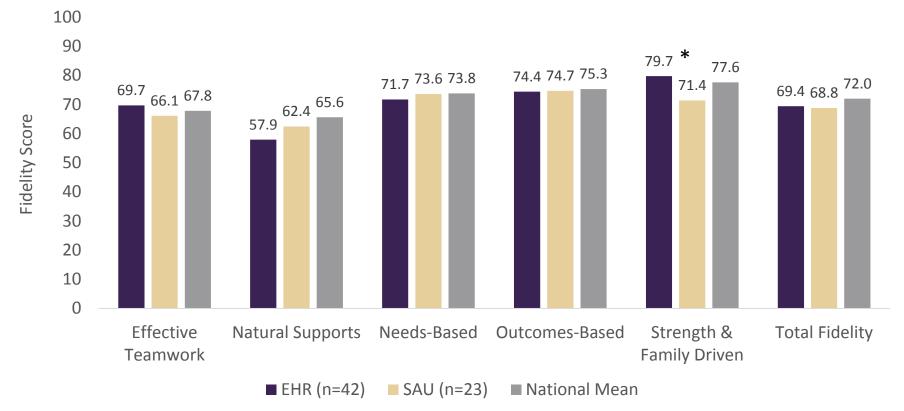
 At the 6-month follow-up, SAU facilitators reported improved attitudes toward the reliability and validity of standardized measures and had more positive opinions about using standardized measures compared to EHR group





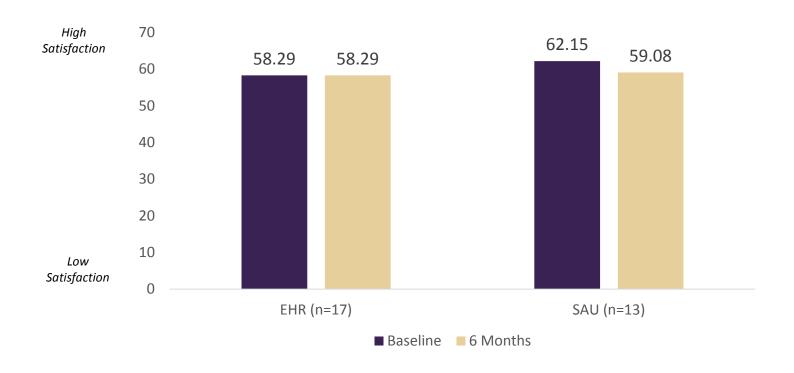
## Fidelity to Wraparound

- Caregivers completed the WFI-EZ after four months of Wraparound services
- No difference found for total fidelity
- Marginal difference (\*p=.1) in favor of EHR found for Strength/Family Driven



# Facilitator satisfaction with Wraparound practice is high

- Clinician Satisfaction Index measured general feelings about using the Wraparound process
- Both groups report high job satisfaction; scores in SAU group declined slightly between baseline and six months



### **RESULTS:**

Impact on Youth & Family Experiences

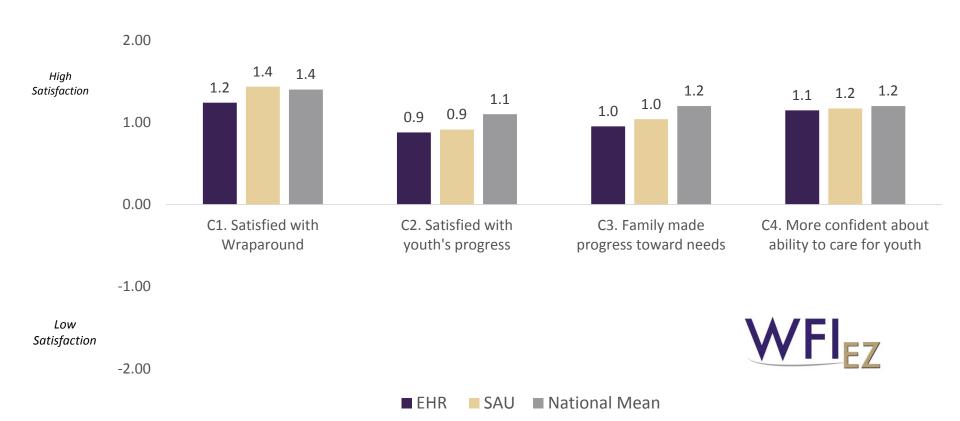






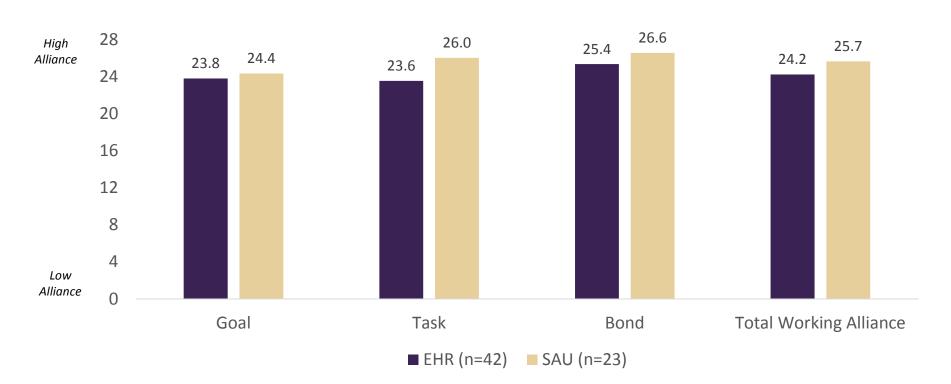
# No significant differences in Caregiver Satisfaction

Caregivers are generally satisfied with services



## Caregivers in both groups report positive working alliance with facilitators

 Working Alliance Inventory (WAI) quantifies the degree to which team members work collaboratively and connect emotionally with items such as, "My Facilitator and I trust one another"



# Caregivers report a positive team climate for both groups

- The Team Climate Inventory (TCI) assesses team interactions and performance with items such as, "We have a 'we are in it together' attitude"
- Both groups report positive team climate



### **DISCUSSION & IMPLICATIONS**







# Successful EHR Implementation is becoming a science in and of itself

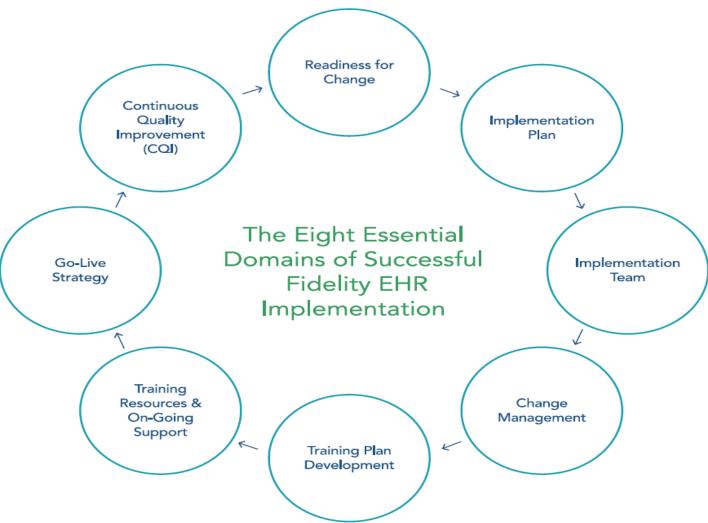
- Studies of successful EHR implementation have consistently recognized the importance of thoughtful planning and training in the implementation process:
  - Timing training to coincide with implementation
  - Targeting training to users' needs
  - Providing knowledgeable on-site support







# Eight Domains of Successful EHR Implementation





Jelity HR

# Limitations Borne of Implementation and Study Challenges

- Rapid training and implementation cycles
- Staff-level randomization within supervisors/programs
  - Disruptions to routines
  - Supervisors having to supervise differently depending on staff
- System still being improved in response to feedback







## Discussion: User Experiences

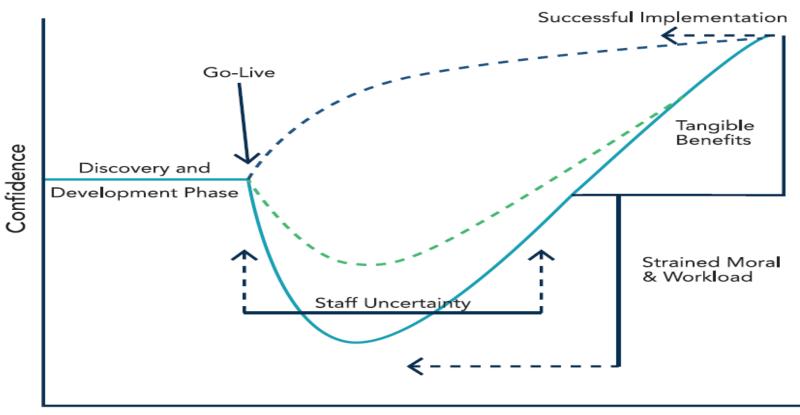
- Staff report EHR aligns with Wraparound service setting
- Marginal usability reported overall
- User opinions ranged from low to high
  - Typical patter of "eager adopters" vs "laggers"
  - Staff saw strengths of the EHR, but also experienced multiple "kinks" during study to be addressed by development team
- Usability scores increase over time
  - Those who experienced the software as "part of their job" or trained as part of onboarding were more satisfied
  - Those who had to "change practice" and/or do different things from their colleagues less satisfied





#### User confidence levels over time during EHR adoption

Confidence and Usability starts high, typically declines, then increases again



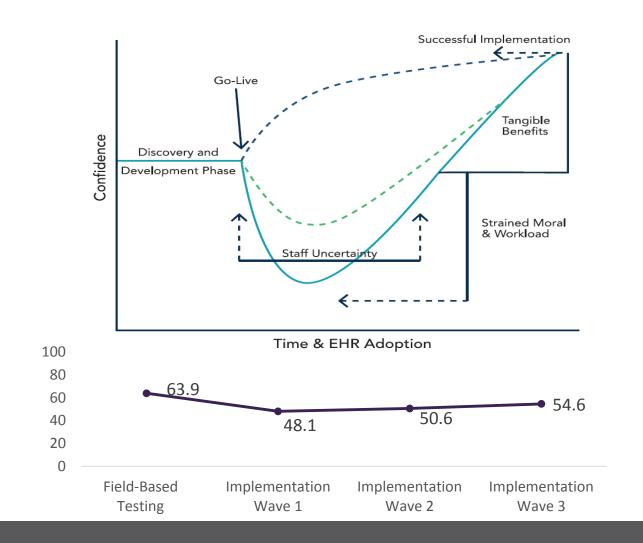
Time & EHR Adoption





## EHR Implementation Confidence and Adoption Similar to Usability Ratings Found in Study

User Confidence Levels During Fidelity EHR Implementation



### Discussion:

### Impact on Practice & Implementation

- Few significant findings:
  - EHR group spends more time reviewing progress toward needs compared to the SAU group
  - EHR group had marginally better fidelity in one area (Strengths and Family Driven)
  - Both groups demonstrated significantly improved use of assessment and feedback
    - Side effect of investment in EHR agency-wide in these sites?
  - SAU facilitators report more positive opinions about using standardized measures at 6 months







### **Implications**

- Rigorous study provided opportunity for substantial improvements FidelityEHR System
  - Staff viewed system as appropriate to wraparound context,
     but change was hard and improvements were needed
- Modest but positive shifts in some proximal outcomes (supervision, use of data, fidelity) and lack of negative impact on satisfaction, teamwork, staff job satisfaction could be viewed favorably given the challenges
- Wraparound-specific EHR in wraparound worthy of continued development and research







## Discussion: Next Steps

- Complete analysis on youth and family outcomes
- More rigorous grant with:
  - Updated FidelityEHR system featuring revamped "responsive design"
  - More time / resources for implementation support
  - Longer follow-up













### For more information:

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