

The mission of the NWI is to promote understanding about the wraparound model and its benefits, and to provide the field with resources and guidance that facilitate high quality and consistent wraparound implementation.

#### **The National Wraparound Initiative:**

- -- Supports community planning and implementation
- -- Promotes professional development of wraparound staff
  - -- Helps ensure accountability
- -- Convenes a vibrant and interactive community of practice around wraparound implementation

# Join the NWI today! www.nwi.pdx.edu















Development, Pilot Testing, and Initial Psychometrics of a Brief Version of the Wraparound Fidelity Index

Eric Bruns, April Sather, & Spencer Hensley
University of Washington
Wraparound Evaluation and Research Team



#### **ACKNOWLEDGEMENTS**

WERT would like to thank the following WFI collaborator sites who generously provided WFI and WFI-EZ data.

Without them, this research would not be possible!

The Help Group, Van Nuys, CA
AWARE, Inc., Kalispell, MT

Calgary HWFI, Alberta, Canada EMQ Families First, Los Angeles, CA

Thurston Mason County, Washington

Partnership for Children of Essex County, New Jersey

Monmouth Cares, West Long Branch, NJ

Indiana University, Indiana's Intensive Community Based Service team & CHOICES

This project was supported by the Child, Adolescent, and Family Branch of the Center for Mental Health Services, SAMHSA

And by the National Institute for Mental Health (R41MH077356; R34MH072759)



Other short versions born in 2011



# Key aspects of the wraparound practice model, and measurement approaches

- Practice model
  - phases and activities
- Principles
  - cut across activities of the practice model

- Interviews with staff and families
- Team Observation
- Document review

- Organizational and Systemlevel supports
  - without which adherence to the principles and practice model is unlikely

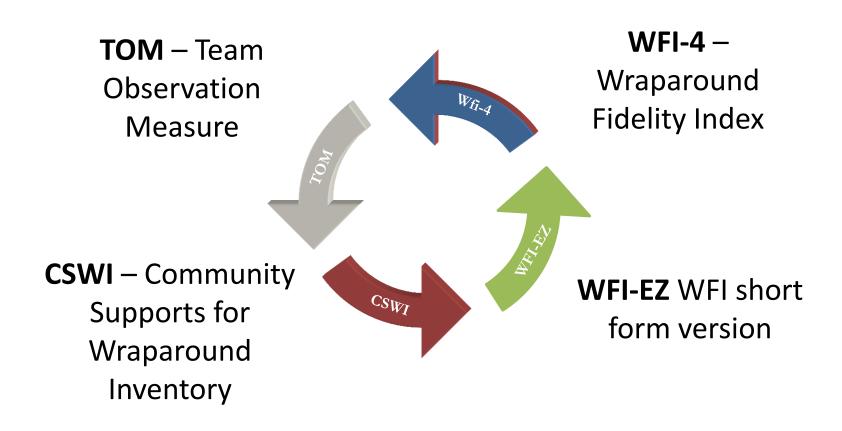


Key stakeholder survey/interview



www.wrapinfo.org

WERT





# Research findings

- WFI-4 shows good test-retest reliability and internal consistency (all items)
- WFI-4 shows good association with alternate measures of fidelity
  - at a family level (expert review, document review)
  - At a site level (Team Observation)
- Wraparound fidelity as assessed by the WFI-4 associated with level of community supports
- Higher fidelity associated with more positive outcomes – at a family, site, and even state level



# Shortcomings and Limitations of the WFI-4

- Ceiling effect bad and getting worse
  - Mean total WFI scores now approaching 80% of total possible and increasing every year
- Forms for CG, Y, WF, TM are not parallel
  - Makes interpretation confusing
- Requires trained interviewers to administer
- Interviews can take 45-60 minutes to administer (parents/caregivers)
- Interviews are resource intensive to schedule and conduct



#### Research Aims

- Develop a brief, self-report version of the WFI-4 that is reliable and valid
- In this initial study, we developed and report findings from an initial pilot test of the WFI-EZ
- Results from a small sample (N=39) collected to date:
  - Item-level descriptives (skewness, variation) and distributions of item and total scores
  - Internal consistency (alphas)
  - Correlation with WFI-4 administered concurrently to subsample of n=30



#### Methods

- Item pool
- Expert review and feedback
- Pilot data collection with national convenience sample
  - WFI-EZ Pilot version + WFI-4 interviews (Caregivers)
- Examination of descriptives (variability, skewness)
- Analysis of reliability (Cronbach alpha)
- Analysis of concurrent validity (WFI-4)
- User and respondent feedback



# **Expert Review Pool Items**

- 'Expert' focus group responders went through two rounds of ITEM feedback. Experts scored each item (0-4) based on content and wording, as well as suggestions for alternative items and qualitative feedback
  - Round 1: 18 expert respondent
    - Feb April 2011
    - 50 items
  - Round 2: 15 expert respondents
    - Sept Oct 2011
    - 61 items



#### **Round ONE Items**

#### **Highest Scoring Items**

- Important decisions are always made with input from my family and me
- Our wraparound team changes the plan whenever something is not working
- My family and I helped create a written plan that fully explains how the wraparound process will meet my child and family's needs
- Wraparound has helped my child and family form and build relationships with people who will support us when wraparound is finished
- My family and I have the most say in designing the wraparound plan

#### **Lowest Scoring Items**

- The wraparound process has helped my child develop friendships with other youth who will have a positive influences (not individualized)
- The members of our wraparound team work for me and my family (confusing)
- Our wraparound team almost always finds ways to make good ideas happen (confusing)
- Our team has gotten my child involved with at least 2 activities he or she likes and does well (not individualized)



#### Round TWO Items

#### **Highest Scoring Items**

- I feel like my family's culture is respected
- My family's values and beliefs were incorporated into the wraparound process
- My team never meets without me and my family present
- Our team includes people that are not paid to be there
- My wraparound team listens to me and my family
- Wraparound has helped my child and family build strong relationships with people who support us

#### **Lowest Scoring Items**

- There is a way to contact program staff 24/7, and they respond as needed (not a clear component of the model)
- Wraparound helps get an immediate response to stabilize crises
- I could lead my wraparound team if I wanted to do so (not a clear component of the model)
- All of my team members leave meetings with tasks to do
- Our team has a clear plan and timeline for when the wraparound process will end



# Round ONE Top Items

Item text	Mean	SD
26.Important decisions are always made with input from my family and me.	3.47	0.800
32.Our wraparound team changes the plan whenever something is not	2.44	0.616
working.	3.44	0.616
5.My family and I helped create a written plan that fully explains how the wraparound process will meet my child and family's needs.	3.41	0.712
15. My family and I have the most say in designing the wraparound plan.	3.24	0.752
1. At the beginning of the wraparound process, our family was given		
enough time to tell our story, including our strengths, beliefs and traditions.	3.18	1.185
49. Wraparound has helped my child and my family form and build relationships with people who will support us when wraparound is finished.	3.12	1.054
13. Every support and service in our wraparound plan is clearly connected to the strengths and abilities of my child and family.	3.12	0.781
23. Our team brainstorms many strategies to address my child and family's		
needs before selecting one.	3.06	0.659
40. The team reviews its progress at each team meeting.	3.06	0.827
44. Our team has a plan for when the wraparound process will end.	3.00 Tam	0.594



# Round ONE Low Items

Item text	Mean	SD
24. Our team comes up with great ideas for how best to meet my family's needs.	2.33	1.372
50. Members of our team will be there to support my child and family even after wraparound is finished.	2.29	1.213
6. I have a copy of a written wraparound plan that fully explains how the wraparound process will meet my child and family's needs.	2.24	1.393
20. Our wraparound plan includes at least two strategies for getting my child or youth involved in our community.	2.24	0.903
47. Wraparound helps me know what I have to do to help my child and family.  33. Our wraparound team changes the plan whenever our family's needs	2.22	1.309
change.	2.18	1.380
27. Our wraparound team almost always finds ways to make good ideas happen.	2.13	1.088
28. Our team has gotten my child involved with at least two activities he or she likes and does well.	2.12	1.054
18. Wraparound has helped us appreciate what is special about our family.	2.06	1.391
30. The members of our wraparound team work for me and my family.	1.94	1.345



# Round TWO Top Items

Item text	Mean	SD
I feel like my family's culture is respected.	3.93	0.27
My family's values and beliefs were incorporated into the		
wraparound process.	3.93	0.27
My team never meets without me and my family present.	3.93	0.27
Our team includes people that are not paid to be there (e.g.,		
friends, family, church).	3.86	0.36
My wraparound team listens to me and my family	3.79	0.58
Wraparound has helped my child and family build strong		
relationships with people who support us.	3.79	0.43
Wraparound addresses the needs of my entire family, not just		
my child.	3.71	0.61
My family and team created a written plan of care.	3.71	0.61
Our team members do the tasks they are assigned	3.71	0.61
It was explained clearly to me how wraparound would work.	3.71	<b>0.61</b> ampa RTC

Tampa RTC



# **Round TWO Low Items**

Item text	Mean	SD
We have a good plan in place to prevent crises or de-escalate them.	3.07	1.38
There is a friend or advocate of my child and family who actively participates on our wraparound team.	3.07	1.00
My facilitator understands what brought me to wraparound.	3.07	1.00
My team meets frequently enough to meet the needs of my youth		
and my family.	3.07	1.14
My family is appreciated for doing many things well	3.00	1.24
Our team has a clear plan and timeline for when the wraparound process will end.	2.93	1.27
All of my team members leave meetings with tasks to do.	2.93	1.14
I could lead my wraparound team if I wanted to do so.	2.86	1.56
Wraparound helps get an immediate response to stabilize crises.	2.79	0.97
There is a way to contact program staff 24/7, and they respond as needed	2.79	<sup>pa</sup> 1.25



# Wraparound Fidelity Index – Short Form

### WFI-EZ

- This version can be completed via:
  - Self administered paper copy or online (Survey Monkey/Qualtrics)
  - Interview in person, over the phone, or online
- This pilot contains only the CAREGIVER version, however, parallel versions for Facilitator, Youth and Team Member will be created from final version.



# Wraparound Fidelity Index - Short Form WFI-EZ

This form was: Completed by the caregiver/pare	nt Completed by program st	aff as part of an	n interview		
Wraparound Fidelity Index Short Form (WFI-EZ)					
his survey is for a caregiver of a youth in wraparound. We w amily have had as part of the Wraparound program. You do and you may stop your participation at any time. At the end, hat we can use your feedback to improve it. 'hank you very much for your time. f you have any questions, please contact April Sather at (206	not have to answer any question we will also ask you what you th	ns that you do nought about t	n't want to,		
Demographics					
outh/Family ID (The person who gave you this survey will ive you this ID, or fill it in for you):	WONDERS ID (If different from	n Youth/Famil —	y ID):		
	Wrap-Facilitator ID (should m	atch your WO	NDERS WFID)		
s your child of Hispanic descent?		_			
Yes No	What is your child's birthday?				
What is the child's race?					
American Indian or Alaska Native Asian	How old is your child?				
Black or African American					
Native Hawaiian or Other Pacific Islander	Child's Gender:				
White	Male Female				
Mixed Race	How many months have you	haan nartisin	ating in		
Other (please specify)	Wraparound?	been participa	ating in		
Who has legal custody of the child?	What is your relationship to t	he child?			
Two birth parents OR one birth parent and one step	Birth parent	ne cina:			
parent	Adoptive parent				
Birth mother only	Foster parent				
Birth father only	Live-in partner of parent				
Adoptive parent(s)	Sibling				
Foster parent(s)	Aunt or uncle				
Sibling(s)	Grandparent				
Aunt and/or uncle	Cousin				
Grandparent(s)	Other family relative				
Friend(s)	Step parent				
Ward of the state	Friend (adult friend)				
Other (please specify):	Other (please specify):				
			_		
Section A: Basic Information					
or the following questions, please respond either "Yes," or "	No."	Ves	No		
A1: My family and I are part of a team (e.g., "wraparound tea	m," "child and family	Yes			
eam"), AND this team includes more people than just my far	nily and one professional.				
A2: Together with my team, my family created a written plan (e.g., "plan of care," wraparound plan") that describes who will do what and how it will happen.					
33: My team meets regularly (i.e., at least every 30-45 days).					

FOR LICE BY DROGRAM CTAFF ONL



#### Wraparound Fidelity Index – Short Form

# WFI-EZ - Demographics

Demographics	
Youth/Family ID (The person who gave you this survey will give you this ID, or fill it in for you):	WONDERS ID (If different from Youth/Family ID):
Is your child of Hispanic descent?  Yes No  What is the child's race?  American Indian or Alaska Native  Asian  Black or African American  Native Hawaiian or Other Pacific Islander	Wrap-Facilitator ID (should match your WONDERS WFID)  What is your child's birthday?  MM/DD/YYYY)  How old is your child?  Child's Gender:
White Mixed Race Other (please specify)	☐ Male ☐ Female  How many months have you been participating in Wraparound?
Who has legal custody of the child?  Two birth parents OR one birth parent and one step parent  Birth mother only  Birth father only  Adoptive parent(s)  Foster parent(s)  Sibling(s)  Aunt and/or uncle  Grandparent(s)  Friend(s)  Ward of the state  Other (please specify):	What is your relationship to the child?  Birth parent Adoptive parent Foster parent Live-in partner of parent Sibling Aunt or uncle Grandparent Cousin Other family relative Step parent Friend (adult friend) Other (please specify):



# Section A - Basic Information

Section A: Basic Information		
For the following questions, please respond either "Yes," or "No."		
	Yes	No
A1: My family and I are part of a team (e.g., "wraparound team," "child and family		
team"), AND this team includes more people than just my family and one professional.		Ш
A2: Together with my team, my family created a written plan (e.g., "plan of care,"		
"wraparound plan") that describes who will do what and how it will happen.		Ш
A3: My team meets regularly (i.e., at least every 30-45 days).		



## Section B – Your Experience in Wrap

#### Section B: Your Experiences in Wraparound

For the following statements, please think about all of your experiences with wraparound. Indicate how much you agree with each statement. You will be asked whether you "Strongly Agree," "Mostly Agree," "Somewhat Agree," "Disagree," "Strongly Disagree," or "Don't Know."

	Strongly Agree	Mostly Agree	Somewhat Agree	Disperse	Strongly Disagree	Don't Know
B1: My wraparound facilitator explained clearly to me how wraparound would work.						
B2: Our wraparound team's decisions are based on input from me and my family.						
B3: My family and I had a major role in choosing the people on our wraparound team.						
B4: My wraparound team never meets without me and my family present.						
B5: The strategies in our plan focus on meeting the needs that matter most to my family and me.						

\*Section B currently has 39 items



## Section C – Team Meetings

Section C: Team Meetings						
For the following questions, think about your wraparound team me	etings. In	dicate ho	w often ea	ch of the	e followi	ng
things happen during your team meetings	Always	Usually	Sometimes	Rarely	Never	Don't Know
C1: Team members celebrate successes						
C2: Team members review what is in the wraparound plan						
C3: Team members review and/or discuss strengths						
C4: Team members discuss progress toward meeting our family's needs						
C5: Team members assign specific tasks to team members						
C6: Team members check on team members' progress doing their assignments						
C7: Team members talk about adding or changing team members						
C8: My family and I report progress toward achieving our family's vision						
C9: My family and I give feedback on the meeting process						
C10: Whenever necessary, we address problems in the plan						
C11: When things are not working, we change what is in the wraparound plan						



# Section D – Brief Outcomes and Satisfaction

Section D: Brief Outcomes and Satisfaction		
For the following questions, please respond either "Yes," or "No."		
	Yes	No
D1: I am satisfied with the wraparound process in which my family and I have participated		
D2: I am satisfied with my child or youth's progress since starting the wraparound process		
D3: Since starting wraparound, our family has made progress toward meeting our needs		
D4: Since starting wraparound, I feel more confident about my ability to care for my child/youth at home		
D5: Since starting wraparound, my child or youth has had a new placement in an institution (such as detention, psychiatric hospital, treatment center, or group home)		
D6: Since starting wraparound, my child or youth has been treated in an Emergency Room due to a mental health problem		
D7: Since starting wraparound, my child or youth has had a negative contact with police.		
D8: Since starting wraparound, my child or youth has been suspended or expelled from school.		



# Section E - Survey Satisfaction

Section E: Survey Satisfaction						
Finally, we'd like to get your feedback about this survey. Your comme	ents are v	ery valu	able to us.			
		Mostly Agree	Somewhat Agree	Disagree	Strongly Disagree	Don't Know
This survey was easy to complete.						
I understood all the items on this survey.						
This survey took too long to complete.						
I found the questions on this survey relevant to me, my family, and our experiences in wraparound.						



# Results



## Results

- N = 39 WFI-EZ Pilot version forms
- Across 6 sites (US and Canada)

Site	N WFI-EZs	Percentage
1	1	3%
2	12	31%
3	2	5%
4	10	26%
5	9	23%
6	4	10%
Missing	1	3%



# Demographics

Ethnicity	N	%
American Indian or Alaska Native	0	0%
Asian	0	0%
Black or African American	4	11%
Native Hawaiian or Other Pacific Islander	0	0%
White	23	61%
Mixed Race	9	24%
Other	2	5%
	38	
Hispanic		
Yes	10	27%

Gender	N	%
Male	22	56%

Age	Range	SD
14.11	6-19	3.133
Mos. in Wrap		
14.76	3-36	9.742



# Caregivers (Respondent) Relationship to Youth

	N	%
Birth parent	19	49%
Adoptive parent	8	21%
Foster parent	2	5%
Live-in partner of parent	0	0%
Sibling	0	0%
Aunt or uncle	1	3%
Grandparent	6	15%
Cousin	0	0%
Other family relative	0	0%
Step parent	1	3%
Friend (adult friend)	0	0%
Other	2	5% Tampa RTC



Item (N=39)	Yes	%	SD	Missing
A1. My family and I are part of a team AND this team includes more people than just my family and one professional.	38	1.0	.00	1
A2. Together with my team, my family created a written plan that describes who will do what and how it will happen	37	.97	.177	1
A3. My team meets regularly (i.e., at least every 30-45 days)	38	.97	.00	0



Item (N=39)	Mean	SD	Missing
B1. My WF explained clearly to me how wraparound would work	3.77	.536	0
B2. Our wraparound team's decisions are based on input from me and my family	3.79	.469	0
B3. My family and I had a major role in choosing the people on our wraparound team	3.28	1.099	0
B4. My wraparound team never meets without me and my family present	3.71	.611	1
B5. The strategies in our plan focus on meeting the needs that matter most to my family and me	3.87	.414	1
B6. My wraparound team brainstorms a lot of strategies to meet our needs before selecting a course of action	3.85	.540	0
B7.My wraparound team came up with creative ideas for our plan that were different from anything that had been tried before	3.38	.782	0
B8. Wraparound addresses the needs of my entire family, not just those of my child	3.63	.751	1



Item (N=39)	Mean	SD	Missing
B9. With help from members of our wraparound team, my family and I chose a small number (2-3) of the highest priority needs to focus on	3.54	.854	0
B10. Every person providing services to my child and family is involved in my wraparound team	3.39	1.001	1
B11. Every member of our wraparound team plays a part in helping to meet our family's needs	3.56	.882	0
B12. My wraparound team came up with a "mission statement" that describes our commitment to working together	3.66	.627	1
B13. Being involved in wraparound has increased the support my child and family get from friends, family members, and the community	3.26	.910	0
B14. The wraparound process has helped my child and family build strong relationships with people we can count on	3.36	.811	0
B15.Our wraparound team includes people who are not being paid to be there (e.g., friends, family, faith)	2.92	1.282	1



Item (N=39)	Mean	SD	Missing
B16. Our wraparound team includes a friend, neighbor, extended family member, or other natural support	2.69	1.301	0
B17. During the wraparound process, our family was given an opportunity to talk about what has, and has not, worked in the past	3.72	.560	0
B18. My wraparound team came up with ideas and strategies that were tied to things that my family likes and does well	3.59	.677	0
B19. Members of our wraparound team pay attention to positive events and accomplishments for our family	3.79	.469	0
<b>B20.</b> During the wraparound process, I received enough information to make decisions for my family.	3.59	.715	0
B21: I feel like an equal partner with the professionals on my wraparound team.	3.71	.565	1
B22: I feel confident that our team includes the right people to get results for my child and family.	3.69	.614	0



Item (N=39)	Mean	SD	Missing
B23: Members of our wraparound team do the tasks they are assigned.	3.63	.633	1
B24: My family's culture and preferences have been respected at all times during the wraparound process	3.69	.766	0
B25: My families values and beliefs were incorporated into the wraparound process and our plan.	3.82	.393	1
<b>B26:</b> Members of my wraparound team listen to and understands me and my family	3.74	.549	0
B27: My family was linked to community resources I found useful.	3.21	.923	0
B28: Our wraparound plan includes strategies that do not require professional services (i.e., things our family can do ourselves or with help from friends, family, and community).	3.16	1.103	1
B29: I am confident that our wraparound team can find services or develop strategies to keep my child or youth in the community over the long term.	3.36	.873	O BTC

Tampa RTC



Item (N=39)	Mean	SD	Miss ing
B30: Our wraparound team works with my family and me to change the plan whenever something is not working.	3.69	.614	0
B31: My family and I have a clear plan that says what everyone should do if there is a crisis.	3.55	.795	1
B32: When a crisis happens, my family and I know what to do.	3.64	.822	0
B33: I feel like our wraparound team will stick with me and my family no matter what challenges arise.	3.85	.366	0
B34: I feel like the wraparound process will continue until our most important needs have been met.	3.64	.628	0



Item (N=39)	Mean	SD	Missing
B35: Our wraparound team has talked about how we will know it is time for me and my family to transition out of formal wraparound.	3.03	1.150	1
B36: My family created a "vision statement" that describes what we hope to achieve through the wraparound process.	3.68	.525	1
B37: Participating in wraparound has given me confidence that I can manage future problems	3.46	.756	0
B38: During wraparound meetings, my family reports on how much progress has been made on meeting our needs.	3.64	.628	0
B39: With help from our wraparound team, we have been able to get community support and services that meet our needs	3.28	.887	O Da RTC



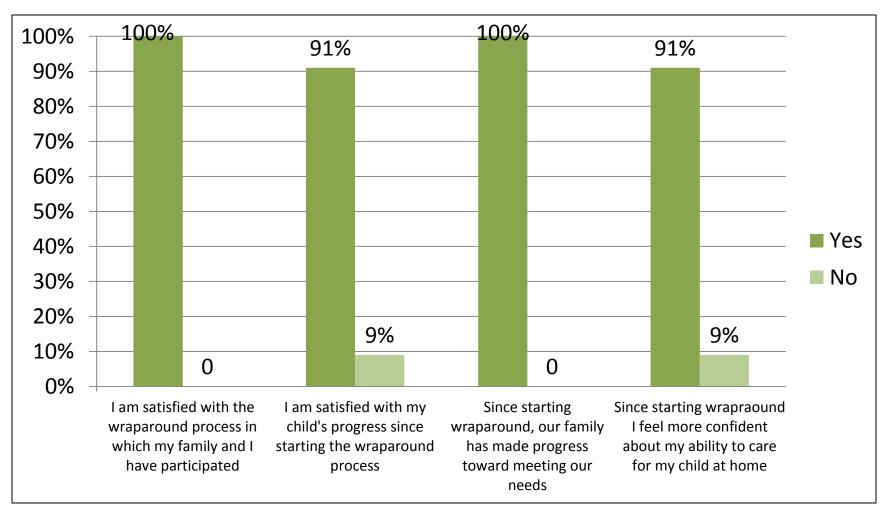
### Results – Section C

#### Frequencies (N=39)



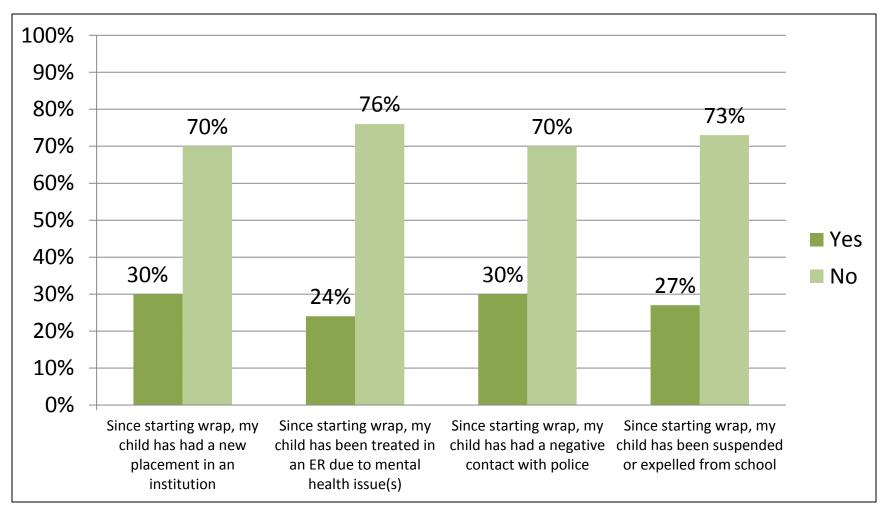


# Results – Section D Satisfaction





# Results – Section D Outcomes





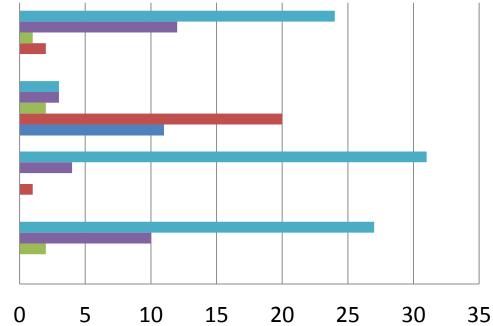
# Section E – Survey Satisfaction

I found the questions in this survey relevant to our experiences in wrap

This survey took too long to complete

I understood all the items on this survey

The survey was easy to complete



	The survey was easy to complete	I understood all the items on this survey	This survey took too long to complete	I found the questions in this survey relevant to our experiences in wrap
Strongly Agree	27	31	3	24
Mostly Agree	10	4	3	12
Somewhat Agree	2	0	2	1
Disagree	0	1	20	2
Strongly disagree	0	0	11	0



# WFI-EZ Scale B (Fidelity)

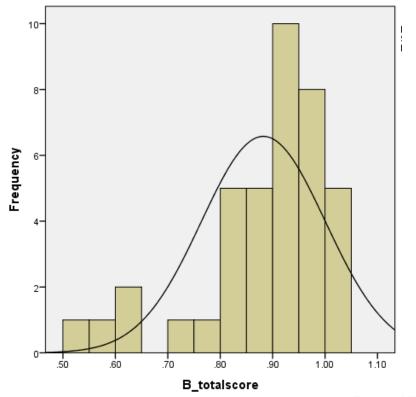
	Mean	SD	N
Scale B	.88	.118	39

		N items
Cronbach's Alpha	.957	39

#### **Case Processing Summary**

		N	%
Cases	Valid	29	74.4
	Excluded <sup>a</sup>	10	25.6
	Total	39	100.0

a. Listwise deletion based on all variables in the procedure.





# WFI-EZ Scale C (Team Meetings)

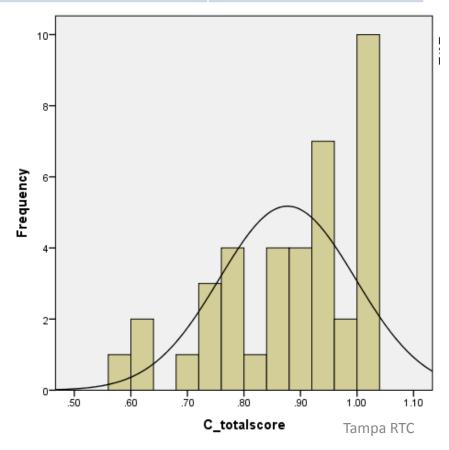
	Mean	SD	N
Scale C	.88	.12	39

		N items
Cronbach's Alpha	.815	11

#### **Case Processing Summary**

		Z	%
Cases	Valid	34	87.2
	Excluded <sup>a</sup>	5	12.8
	Total	39	100.0

a. Listwise deletion based on all variables in the procedure.

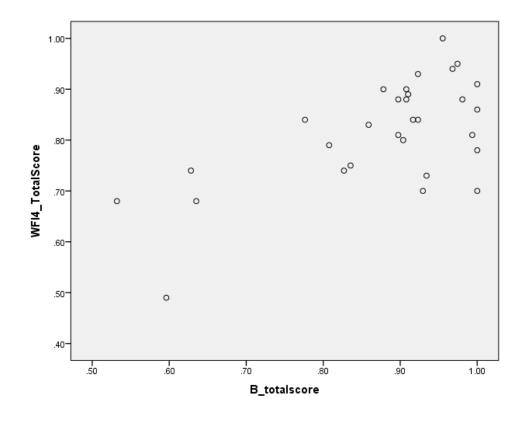




### WFI EZ and WFI-4 Correlation

#### EZ section B (Fidelity)

	Correlation	N
Pearson Correlation	.631**	30



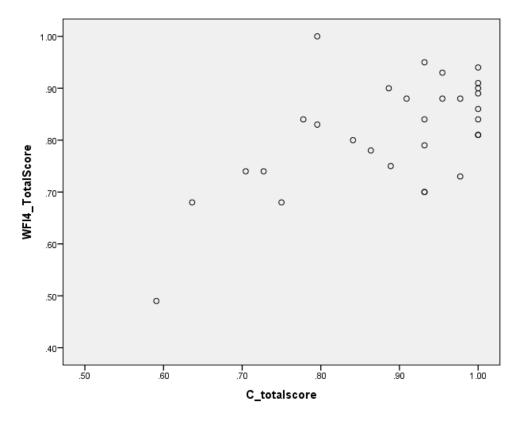
\*\* Correlation is significant at the 0.01 level



### WFI EZ and WFI-4 Correlation

#### EZ section C (Team Meeting Process)

	Correlation	N
Pearson Correlation	.593**	30



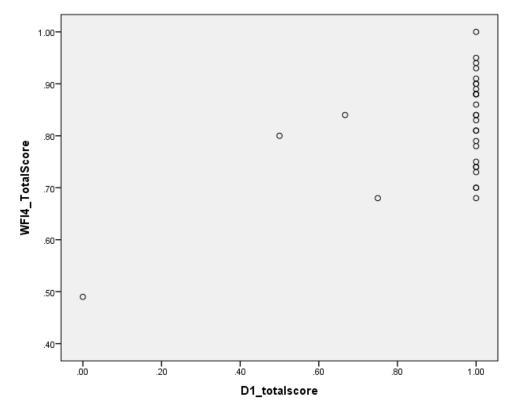
\*\* Correlation is significant at the 0.01 level



### WFI EZ and WFI-4 Correlation

EZ sections D (Satisfaction)

	Correlation	N
Pearson Correlation	.561**	30



\*\* Correlation is significant at the 0.01 level



# Implications &...

## **DISCUSSION**



## **Implications**

- The WFI-EZ shows promise in many ways
  - Endorsement by experts
  - Internal consistency
  - Correlation with WFI
  - Positive response from caregivers/respondents
- Concerns
  - Many items with little variability



## Next steps

- Continue to collect WFI-EZ and WFI-4 data for same families in multiple sites
- Attempt to engage more sites with greater representativeness / variability
- Conduct Item Response Theory (IRT) analyses to construct reliable version of caregiver form with fewer items showing good variability
- Construct parallel forms for other respondents
- New test! (See you in 2013!)

• Oh yeah,... If it works... dissemination to the field.