WRITE Webinars: Student-led Teaching Sessions & Balints

*See end of document for dates for webinars and links using Zoom*

**Balints:**
History: Dr. Michael Balint began working with burned out physicians in Britain after WWII to help develop the therapeutic potential of the physician-patient relationship.

**What is a Balint Group?**
A Balint group is a group of physicians or trainees who meet regularly and present clinical cases in order to better understand the physician-patient relationship.

**Balint groups aim to help physicians/trainees:**
- Recognize they are not alone in having challenging interactions with patients/preceptors
- Develop increased understanding and empathy for patients
- Explore how feelings and thoughts affect the physician-patient relationship and trainee-mentor relationship
- Become more aware and accepting of their conscious and unconscious responses to the patient
- Expand their capacity and repertoire for handling difficult situations with patients and trainee-mentor

The WRITE Balint sessions are dedicated for your group to become a learning community. At times you will be seeking advice from each other, or venting, or brainstorming around patient interactions, interactions with faculty, or awareness about the emotional impact your work has on you personally.

**Approximately 6 Balint Sessions will be scheduled to meet during the WRITE session.**
*Dates and links noted on WRITE Academic Calendar and below*

**Student-led Teaching Sessions**

**Goal:** The WRITE Clinical Tutorial is designed to help you synthesize the many clinical experiences you have accumulated over this past year. This tutorial is a place where you, together with your WRITE peers, can pull together all that you are learning from textbooks, articles, clinicians, and most importantly—your patients—to build a strong foundation of core clinical knowledge which will serve you well no matter which area of medicine you choose.

**Objectives:** The objectives of the WRITE student-led teaching sessions are to:
1. Consider the core topics from many different perspectives including the various core specialties (Chronic Care, Family Medicine, Internal Medicine, Pediatrics and Psychiatry), patient perspective, rural medicine, regional perspectives and others
2. Create a group based, motivating, and enjoyable learning experience
3. Learn an approach to case presentation
4. Use your own patients to learn these core concepts
5. Group based, multistate, webinar-based learning experience
6. Interact with your WRITE colleagues

**Student-led teaching Sessions:** *Dates and links noted on WRITE Academic Calendar and below*
Tutorial Structure ~ Participants should:

- Log in as directed—using Zoom web-based platform—see end of document.
- Sessions are two hours, beginning with a 15-20 min. group check-in and then three students will present, each having 30 minutes.
- Students will present the pertinent historical and physical findings regarding the case to the group in a well-articulated 25-minute presentation that should synthesize all the facts and leaving a few minutes for questions. At the completion of the discussion, you should be prepared to summarize to the group 3-5 key teaching points on the particular disease and its management.

Preparation:

- Please read relevant textbooks and other sources (Up to Date) to prepare including primary literature.
- The Monday prior to your presentation, please send to the student group and other participants a pdf of a primary article on your disease topic, you may include a recent review article. *It is important for all WRITE participants to review the primary article or other materials prior to the presentations in order to be prepared to contribute to the discussions.*
- Before your presentation (to be determined by your regional office), please send your presentation to your hosting regional dean. *Try and make your file size as small as possible, especially pictures in your presentations.* You may use PowerPoint or other digital media to present to the group.
- All WRITE participants should be ready to contribute to the discussion in order to make this a rich experience.

Student Webinar Tutorial Topics—If your topic of choice is not listed, please send your topic request to your hosting regional dean for approval/guidance.

Lifecycle

- Pregnancy:
- Newborn/Wellchild
- Adolescent/Sports Px

Symptoms

- Abnormal Uterine Bleeding
- Acute Abdomen
- Breast Lump
- Chest Pain
- Confusion
- Fever-pediatric
- Headache
- Low Back Pain
- Lower Extremity Edema
- Pelvic Pain
- Shortness of Breath
- Personality Disorder

Diseases/Illnesses

- Alcoholism/Substance Abuse
- Anxiety Disorders
- Arthropathies
- Depression
- Schizophrenia
- Asthma-pediatric
- Obesity-pediatric
- Leukemia-pediatric
- CVA

Disease/Illness (Cont.)

- CHF
- Diabetes Mellitus
- Colon Cancer
- HTN
- RA
- Liver Disease:
- Renal Disease:
- Fluid and Electrolytes
- HIV
- Arthropathies
- Hyperlipidemia
- URI
- Pharyngitis
- Otitis Media
- Sinusitis
- Bronchitis/Pneumonia
- UTI
AK/ID/WY WRITE student teaching sessions
2/18/16: 9 am to 11 am PST
3/17/16: 9 am to 11 am PDT
4/21/16: 9 am to 11 am PDT

Topic: AK/ID/WY WRITE student teaching sessions
Time: 9:00-11:00am Pacific Time
Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/533641780
Or join by phone:
+1 646 558 8656 (US Toll) or +1 408 638 0968 (US Toll)
Meeting ID: 533 641 780
International numbers available: https://zoom.us/zoomconference?m=7odq59p1zgVzg-JMPfffC4oUkPWICLwa

Or join from a H.323/SIP room system:
H.323: 162.255.36.11 (US East) or 162.255.37.11 (US West)
Meeting ID: 533 641 780
SIP: 533641780@zoomcrc.com

AK/ID/WY Balint Sessions
1/21/16: 5 pm to 6 pm PST
2/25/16: 5 pm to 6 pm PST
3/10/16: 5 pm to 6 pm PST
4/7/16: 5 pm to 6 pm PDT
4/28/16: 5 pm to 6 pm PDT
5/19/16: 5 pm to 6 pm PDT

Topic: AK/ID/WY Balint Sessions
Time: 5:00-6:00PM Pacific Time
Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/282624231
Or join by phone:
+1 646 558 8656 (US Toll) or +1 408 638 0968 (US Toll)
Meeting ID: 282 624 231
International numbers available: https://zoom.us/zoomconference?m=LMdm9Du-mHPwrgPv_DC8c36bD1fmNWjr

Or join from a H.323/SIP room system:
H.323: 162.255.36.11 (US East) or 162.255.37.11 (US West)
Meeting ID: 282 624 231
SIP: 282624231@zoomcrc.com
WA WRITE Balint AND Student led Teaching sessions

1/20/16: noon to 1 pm PST Balint
2/3/16: noon to 2 pm PST Student-led Teaching Session
2/17/16: noon to 1 pm PST Balint
3/2/16: noon to 1 pm PST – please see ZOOM LINK at end of document for this Balint
3/23/16: noon to 1 pm PDT Baling
4/6/2016: noon to 2 pm PDT Student-led Teaching Session
4/13/16: 2 pm to 3 pm PDT Balint
4/20/16: noon to 2 pm PDT Student-led Teaching Session
5/11/16: noon to 1 pm PDT Balint

**Topic:** WA WRITE Balint and Student led Teaching sessions

**Time:** varying times

**Join from PC, Mac, Linux, iOS or Android:** [https://zoom.us/j/432396403](https://zoom.us/j/432396403)

**Or join by phone:**

+1 408 638 0968 (US Toll) or +1 646 558 8656 (US Toll)
Meeting ID: 432 396 403
International numbers available: [https://zoom.us/zoomconference?m=T95YAwYTv_3CncaAENSz6JTCn_lMbdR](https://zoom.us/zoomconference?m=T95YAwYTv_3CncaAENSz6JTCn_lMbdR)

**Or join from a H.323/SIP room system:**

H.323: 162.255.36.11 (US East) or 162.255.37.11 (US West)
Meeting ID: 432 396 403
SIP: [432396403@zoomcrc.com](mailto:432396403@zoomcrc.com)

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**3/2/16: noon to 1 pm PST Balint**

**Topic:** WA WRITE Balint 3/2/16

**Join from PC, Mac, Linux, iOS or Android:** [https://zoom.us/j/434727601](https://zoom.us/j/434727601)

**Or join by phone:**

+1 408 638 0968 (US Toll) or +1 646 558 8656 (US Toll)
Meeting ID: 434 727 601