Addiction and Recovery in Native America: Lost History, Enduring Lessons

Don Coyhis and William L. White, MA

The authors identify movements that have provided frameworks of alcoholism recovery for Native peoples, and explore what can be learned from these historical movements to enhance the quality of contemporary addiction counseling.

COVER STORY & FEATURES

The 7 Best Things (Happy) Couples Do

John C. Friel, PhD, and Linda D. Friel, MA

When your client can choose loneliness over addictive and self-destructive behavior, they have then earned the right to be called a grown up. Learn the seven (plus one) essentials for relationship success.

Zen, Feminism, and Recovery

Charlotte Sophia Kast, PhD

A Zen approach opens people to the full landscape of their inner world of emotions, feelings, and values. This leads to creative ways of perceiving and solving problems, an ability at the heart of overcoming addiction.

Recovery With or Without Religion?

Moderated by Ria Romano, editor

Do clients really need religion to recover? Does the higher power have to be God? Get the answers from both sides in this lively moderated discussion.

How to Search For The Perfect Job — While in Recovery

Ria Romano, MA

Although treatment is key to achieving and maintaining employment, many counselors involved in early recovery or relapse issues often do not address career or job issues. The importance of re-integrating recovering individuals back into the workplace cannot be overemphasized.

The Success of Student Assistance Programs

Mylene S. Krzanowski

Today, student assistance programs epitomize the ancient African proverb “It takes a village to raise a child” approach with treatment professionals, schools, and parents working in concert to remove those barriers that may interfere with a student’s academic and social success. Examine the different elements that constitute a successful student assistance program.
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