From the Editor

In Brief More than 8.2 million U.S. residents abuse prescription drugs; High Court agrees to hear medical marijuana case; “Food as drug” model gains scientific support

NUMbing THE PAIN: THE LINK BETWEEN TRAUMA, POSTTRAUMATIC STRESS DISORDER, AND SUBSTANCE ABUSE
The co-occurrence of PTSD and substance abuse presents significant clinical challenges. Equip yourself with proven therapies for this common dual diagnosis. By Lisa M. Najarian, PhD

Ask the Ethicist Professional Competence By Adam Robinson, MA, CSAPC

21 BETTY FORD REFLECTS: HER CAREER, HER CHOICES, HER CALLING
First Lady Betty Ford — provocative as ever — expresses her sharpest insights into addiction treatment and recovery today. By Betty Ford

25 WOMEN WHO MADE (AND ARE MAKING) A DIFFERENCE
Discover the far-reaching contributions of 60 women pioneers in addiction treatment and recovery. By William J. White, MA

30 Inside Washington Lawmakers Advance Colleagues’ Understanding of Addiction
By Charles Polone, MSJ

34 Opinion A Conscious Perspective on Addiction and Recovery By Tammy Prussing McGahee, LCSW

WHERE ARE THEY GOING TO LIVE? WHY WE NEED TO STUDY SOBER LIVING HOUSES
Find out how new research will help us answer frequent, frustrating questions about client “soothing options after treatment. By Douglas L. Polcin, EdD, MFT, Gantt Gallaway, PharmD, Kristen Taylor, BA, and Alex Benitez-Frederics

46 Research to Practice Strategies that Lack Research Support By Michael J. Taldeff, PhD, CSAC, MAC

VOICE THERAPY INTERVENTIONS FOR ADDICTED CLIENTS
Explore hands-on, practical tools for helping clients who “need” to silence their critical inner voice. By Lisa Najarian, PhD, and Joyce Catlett, MA

56 First Person When Believing is Not Seeing By Norma Clarke, MD

58 On the Web Could Some Web Sites Be Hazardous to Our Health? By Stuart Gibson, MD

60 Alternative Therapies Shamans By Randal Lyons, DOM, AP, LLC

62 THIRD STAGE RECOVERY: A TRANS9RMATIONAL MODEL OF TREATMENT AND HEALING FOR THE 21ST CENTURY
Prepare your clients for recovery and yourselves for Self-discovery — this article presents an addiction treatment model committed to the understanding and promotion of our inner life. By Jacqueline Small, LCSW

69 Assessment Tools Addictive Behavior Questionnaire

70 Media Review The Practical Art of Suicide Assessment

72 CE Quiz Earn CE credits with this quiz.

73 Referral Directory

81 Calendar

82 Advertisers Index