CONTENTS

NOVEMBER/DECEMBER 2003 • VOLUME 23, NUMBER 6

COVER STORIES

14 ...... Keeping the Board of Directors on Track
Tips to help board members perform effectively as their roles change dramatically
by Monica E. Oss, Editor-in-Chief

20 ...... Retaining Good Managers
Strategies to keep the best and the brightest onboard
by Jess C. Jamieson, MSW, PhD, MSHA

25 ...... Leading Complex Change
A look at the stage-by-stage process needed to accomplish effective
change management
by Daniel C. Brown

FEATURE ARTICLES

28 ...... Treating Kids With Eating Disorders
Now appearing in younger children, these problems require adjustments to
traditional treatment regimens
by Noelle Kerr-Price, PsyD, and Kim Fowler, MSW, CISW

33 ...... Using a Database to Detect Suicide Risk
Technology helps PacifiCare Behavioral Health intervene before it's too late
by Edward R. Jones, PhD

36 ...... Behind Managed Care's Courtship of Clinical Social Workers
These payers see them as cost-effective service providers
by Mirean Coleman, MSW, LICSW, CT

40 ...... Bridging the Mental Health/Spirituality Divide
Proper training can help therapists recognize the value of patients' spiritual and
religious supports to their treatment
by Marilyn Martin, MD, MPH

SPECIAL SECTION

S1 ...... Contemporary Issues in Behavioral Health:
Antipsychotic Combination Therapy
The final installment in a yearlong series on topics generating discussion
in the field

DEPARTMENTS

6 ...... Editorial
States Are Reshuffling the Deck Chairs
by Monica E. Oss, Editor-in-Chief

8 ...... Guest Editorial
Lesbian and Gay Issues Are Mental Health Issues
by Mary Barber, MD

10 ...... Letter to the Editor

12 ...... Washington Insights
Post-9/11 Lessons in Behavioral Care Disaster Response
by Michael J. Steil, PhD

43 ...... Views on Technology
ASPs Are Worth a Second Look
by Steven Mason

45 ...... Product Spotlight

48 ...... Views From the Trenches
On to 2004—With Hope
by J. Chip Drotos, MSW, CEAP, Associate Publisher