Table of Contents

Departments

4 Letter from the Editor
We won't screen out your opinions.

6 Letters
Defending methadone's effectiveness; perspectives on faith

10 Commentary
Advances in brain scanning could open many doors in treatment.
By Carlton K. Erickson, Ph.D.

12 Gambling
Gregory K. Fritz, M.D., editor of The Brown University Child & Adolescent Behavior Letter, says the field has largely failed to notice the widespread effect that expanded gambling opportunities have had on youths.

42 Workplace Issues
A 20-year veteran of the addiction field wonders whether other pursuits out there might be more professionally rewarding — or at least a lot less stressful.
By Vickie H. Shannon

45 Book Review
A two-decade history of alcohol treatment in the United States includes viewpoints on critical changes in the business of treatment.
By Linda Watts Jackim

46 Of Note
News, announcements and other developments from the field

54 CE Quiz
Earn continuing education credits; this issue's quiz is tied to the feature article that begins on page 20.

56 Recovery
"More is better" when it comes to the services this client of a nationally renowned treatment program received.
By Gary Enos

Features

14 Harm Reduction: Are We Already Doing It? Should We Be?
The range of interventions that fall under the category "harm reduction" is much broader than some would have us believe. Two leaders of the Dawn Farm program describe a way that agencies and professionals can evaluate these strategies to determine which can be most useful to clients.

COVER STORY:

20 Addressing the Aging Face of Addiction
The addiction-related needs of the older-adult population have far outpaced the extent of training that most professionals have received in this area. The director of a geriatric addictions program in New York uses several case-study examples to illustrate the multifaceted approaches clinicians must take with this population.

26 Don't Overlook a Client's Over-the-Counter Drugs
Many of the most popular over-the-counter medications could present complications for people in treatment for an addiction. North Carolina addiction professional Peter Venable lists several common medications that should be on every counselor's radar.

29 The Science of Addiction: From the Laboratory to the Counselor's Office
Research discoveries are moving us beyond any notion that addiction treatment is purely an art form. Nationally known expert C.C. Nuttles delves into brain research findings that are informing everyday clinical decisions.

30 Systematic Planning Crucial to Developing an Effective Training Event
You have a sound idea for a training session for your agency, but how do you take care of all the little details? A guide for maximizing a training opportunity.

37