Engagement Strategies

Therapist goals are to:

1. Establish rapport

2. Build a picture of: the child/family perspective of the problem; their coping strategies and general dynamics

3. Shape a shared view of the problem

4. Motivate child/family to work for change

The therapist must:

1. Be unaligned with any particular person

2. Involve family members

3. Be accepting and non judgmental

4. Not give premature advice or suggestions for change

Adapted from: Problem solving Communication Training, Robin, Bedway & Gilroy.

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