Problem Checklist*

On a scale from 1-10 (1 = small problem...10 = huge problem) list the problems that are happening between parent(s) and teenager.

* Put a * next to the problems parents & teens agree on.

10________________________________________

9___________________________________________

8___________________________________________

7___________________________________________

6___________________________________________

5___________________________________________

4___________________________________________

3___________________________________________

2___________________________________________

1___________________________________________

* Adapted from: Problem Solving Communication Training. Robin, Bedway & Gilroy. HCSATS 2007