Problem Solving Skills Worksheet

1. Is there a problem?

2. What is the problem?

3. What do we want (What is your goal/ desired outcome?)

4. What can we do?
   Brainstorm for alternative solutions (No answer is good or bad here).
   ___ a.
   ___ b.
   ___ c.
   ___ d.

5. What are consequences of each choice? **Weigh out your options**
   (what has the most “pro’s” and the least “con’s”)
   PROS       CONS
   a.
   b.
   c.
   d.

6. What are we going to try? **Choose the best solution & a back-up plan.**

7. Carry out the plan.

8. Evaluate the outcome.