In Vivo Exposure Homework

Situation to be practiced: __________________________________________________________

Before performing the *in-vivo* exposure, answer the following questions:

1. What’s the worst that could happen in this situation? ____________________________________

   ____________________________________

2. What is the likelihood that this could happen?

   ____________________________________

3. Evaluate the evidence for and against the likelihood of this happening?

   ____________________________________

   ____________________________________

Ratings before and after *in-vivo* exposure:

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<tr>
<th>Date</th>
<th>Start time</th>
<th>SUDS at start</th>
<th>PEAK SUDS</th>
<th>End time</th>
<th>SUDS at end</th>
<th>Total Time</th>
<th>Comments</th>
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Other Comments:

__________________________________________

__________________________________________

CF  Figure 9.4 In Vivo Exposure Homework Recoding Form