My Prevention Plan

1. If an older person tries to molest me, I can ________________________________
   ________________________________.

2. If I’m unsure if something that happens is “sex abuse,” I can
   ________________________________
   ________________________________.

3. If I feel like touching someone’s private areas or making them touch mine, I can
   ________________________________
   ________________________________.

4. If I feel angry about what happened to me, I can
   ________________________________
   ________________________________.

5. If someone threatens to hurt me if I tell that they were touching my private areas, I can
   ________________________________
   ________________________________.

6. If the person I tell doesn’t believe me, I can
   ________________________________
   ________________________________.

7. One thing I can do to feel good about myself is ____________________________.