North of 45th Block Watch
A community Block Watch program is an idea that has been on the rise for the past couple years around the University District, especially in the area north of 45th. Block Watch is a nationally recognized program that is meant to help neighbors watch out for each other in the fight against crime. Members of the Greek community met with Seattle’s crime prevention unit last year to talk about the possibility of making this proposal a reality. The issue of communication was stressed as the lack of connections between students, Greek or non-Greek are extremely evident. The goal of Block Watch would be to close these gaps and allow for a community effort to make the neighborhoods surround the university a safer place. While a pilot test was implemented last year on one street of Greek Row, no further developments or suggestions have stemmed from this to make it a lasting program. Email us at HuskyN45@uw.edu to help make this project a reality!

Cautionary Cooking Tips

Wear close-fitting clothing- Loose clothing has the potential to catch fire if you lean over a stove or catch onto pot handles (which should be turned to the back of the stove) when walking around.

Always attend to your cooking- Leaving your stove unsupervised is a sure-fire way to over-cook or make a mess of something.

Smother, not water- Do not pour water on a fire on the stove or in the oven, instead either cover the pan or close the oven door, turn off the heating source, and wait for it to cool.

Stay alert- 42% of deaths that have occurred when cooking happened when people were either drowsy or asleep. When cooking be aware and don’t consume alcohol.

Wash your hands- With the flu going around, extra precautions need to be taken. Wash your hands properly and accommodate for guests to do the same!

Securing Your Household

Whether you are staying home for the holidays or traveling the globe, here are some great ways to keep your property and neighborhood safe:

- Communicate with your neighbors. Let them know when you’ll be out of town so they will notice anything suspicious.
- Lock your doors and windows. In the North of 45th community, 13 out of the 18 homes that were burglarized had left their front doors unlocked.
- Keep blinds and drapes closed to prevent enticing potential burglars.
- Set up an automatic light system. Motion sensor and/or automatic lights will help detract unwanted individuals.

Have fun, be safe, and stay aware this holiday season!
Living in the North of 45th neighborhood, we have all heard noises coming from the parties next door, bottles breaking, people screaming, you name it, and you will hear it! Have you ever wondered what to do when you hear a scream? How do you know whether it was a cry of excitement versus danger? What if your judgment is wrong? In order to keep our neighborhood safe, the Seattle police advise to never hesitate to call 9-1-1. You do not have to discern whether a scream is good or bad, just make the call and the police can handle the situation. Each year, both the Seattle and UW police departments reassign officers to different sections of the district based on the previous years’ call logs and locations of activity. Next time you hear suspicious sound in the neighborhood, call the police, not only for your safety, but your neighbors as well.

Super Easy & Cheap Potato Casserole

**Ingredients:** 2 lbs Ore-Ida hash browns, defrosted; 2 cups grated cheddar cheese; 1 pint non-fat yogurt; 1 can Cream of Chicken soup; 4 tablespoons chopped green onion; salt & pepper; ¼ cup melted butter; Paprika, corn flakes, or almonds

**Directions:** Pre-heat oven to 350 degrees. Grease bottom of 2-quart baking dish. Mix all ingredients together in a bowl and spread in baking dish. Sprinkle top with paprika, almonds, or corn flakes and bake for 45 minutes.

Serves 4 to 6

The North of 45th Committee

The North of 45th Committee included liaisons from the City of Seattle, Seattle Police Department, UW Police Department, Husky Neighborhood Assistants (HNA), permanent residents, representatives from the ASUW and other interested shareholders in the neighborhood. The agenda of the first meeting consisted of a review of the N45 Committee mission, past accomplishments, and setting priorities for the upcoming year 2009/2010. A few of those anticipated projects touched on safety, housing, communication, and cleanliness. The police departments expressed their genuine interest in being active members of the committee in creating a safer neighborhood. Karen Ko, our district coordinator at the Department of Neighborhoods, discussed with the committee possible outlets on how University District residents can make a difference in their community. The meeting was a success and an efficient way for groups throughout the North of 45th community to come together and discuss goals and projects within the neighborhood. The next meeting will be December 3rd at 4:00 PM, in the Husky Union Building. Hope to see you there!

This Thanksgiving **GIVE** thanks by sharing a little bit of joy. Donate $10 at any major grocery store to contribute to the “Food Lifeline” cause.