PROGRAM

1st Hour
Nutrition for Children with Special Health Care Needs (CSHCN) Distance-Learning Curriculum
(This product of the Pacific West DL Network is a series of 6 computer-based modules about Nutrition for CSHCN and will be available in the future.)
• Overview of distance-learning curriculum
• Demonstration of first self-study module, “Growth Assessment”
  Beth Ogata
• Discussion of the CDC Growth Charts and their use with children with special needs
  Cristine Trahms

2nd Hour
Providing Family-Centered Nutrition Services
• Welcome to Holland: A background in family-centered care
  Cam Lanier
• Discussion of culture-related issues

3rd Hour
Enhancing Nutrition Service Systems
• Creating Integrated Nutrition Systems - State and Local Levels
• Discussion of available resources
  Maria Nardella

4th Hour
Local Discussions and Application of Information
(This hour will be conducted off-line at each site.)
• Discussion of local CSHCN nutrition resources
• Case examples
  Local facilitators

WHO SHOULD ATTEND
• Nutritionists and dietitians who work in clinical, community and public health settings
• Program planners and service providers interested in improving nutrition services for children with special health care needs

COURSE OBJECTIVES
After completion of the program, participants will have the skills to:
• Access the Nutrition for children with special health care needs (CSHCN) Self-Study Modules through Distance Learning
• Describe how the CDC growth charts can be used with CSHCN
• Collaborate with family members and care providers to develop a culturally-sensitive nutrition plan
• Identify methods of communication that encourage active inclusion of parents in planning nutrition services and interventions
• Identify key agencies, health professionals, and family and community resources that are involved in the support and provision of nutrition services
• Describe the role of an advocate and provide an example of its role in nutrition services
• Describe the skills involved in case management and how these skills differ from providing nutrition services
• Incorporate local, state, and regional nutrition resources into a nutrition care plan

PRESENTERS
Carolyn Gleason, MS, RD
Moderator
Regional MCH/CSHCN Consultant
HRSA Seattle Field Office

Cam Lanier, RD, CD
Parent Consultant
Adolescent Transition Project, CHDD, University of Washington

Maria Nardella, MA, RD, CD
Nutrition Consultant
WA State Dept. of Health, Office of CSHCN Program

Beth Ogata, MS, RD, CD
Nutritionist
Center on Human Development & Disability, University of Washington

Cristine M. Trahms, MS, RD, CD, FADA
Head Nutritionist
CHDD, University of Washington

This project is a collaboration between the USC University Affiliated Program, Childrens Hospital Los Angeles and Center on Human Development & Disability, University of Washington.

CREDIT
4 hours of Continuing Professional Education have been requested from the American Dietetic Association.

REGISTRATION
Registration is required to reserve a place.
To register, contact your local site coordinator, or email: Aschlaerth@chla.usc.edu
This project was developed in response to the identified training needs of maternal and child health practitioners providing nutrition services in the Pacific West Cluster, and to the MCH continuing education program priority established in maternal and child nutrition.

The overall goal of the project is to develop a distance-learning network amongst MCHB-sponsored training programs and state Title V agencies to strengthen nutrition services for children with special health care needs and their families in Regions IX and X, including the following eight states:

- Alaska
- Idaho
- Arizona
- Nevada
- California
- Oregon
- Hawaii
- Washington

For further information please contact:

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