**General Adult Track Cover Letter Instructions:**

In addition to your APPI essays, your cover letter is an opportunity for us to get to know more about you. You can use your cover letter to showcase particular clinical experiences, research accomplishments or any other information you feel is pertinent to your fit with the adult track of our program. You are not required to follow any particular template when crafting your letter; however, we do ask that somewhere in your cover letter you include the following information:

1. A brief overview of your past experience with evidence-based treatment approaches (you may use commonly accepted acronyms to list specific approaches, e.g., CBT, DBT, ACT, BA, etc.). *If applicable to you,* please also describe your experience with suicide risk assessment and management.

2. Your clinical goals for internship, and how the training experiences (i.e., the specific rotations) offered by the general adult track can help you meet them.

3. Your overall program of research, including what you envision are the “next steps” in your research that you might pursue during your internship year. If you are interested in the grantsmanship seminar, describe how the seminar would help you achieve your research goals.

4. Your long-term career goal(s). When discussing your career goal(s), please address the ratio or “mix” of teaching, clinical service, and research that would be ideal for you.

5. Optional, but strongly encouraged: A specific internship training faculty member (or members) who you feel might be an appropriate research mentor, and why they would be appropriate (i.e., how that specific individual’s program of research is uniquely suited to help you further your goals). *Whenever possible, if you are invited to our Open House we will try to set up a 1:1 meeting for you with this (these) individual(s); if you do not list anyone, 1:1 meetings will be arranged with faculty on an as-available basis.*

6. Optional, but strongly encouraged: A brief description of your academic achievements (e.g., number of peer-reviewed publications [as a first author and co-author], competitive grants/fellowships received during graduate school, etc.). *We do not expect that all applicants will have publications (first-authored or otherwise) or grants/fellowships; however, these types of achievements are considered in evaluations of applicants’ overall fit with our program.*

Should you have any questions about these instructions, please contact Dr. Michele Bedard-Gilligan, Coordinator for the Adult Track, at adultpip@uw.edu.

We look forward to receiving your application and hopefully meeting you at the Open House!