PROTECT YOURSELF FROM SILICOSIS

Control the dust

Water spray from hose
Isolate the area
Vacuum and shroud on grinder
Wet cutting

Silicosis is a progressive, disabling, and often fatal lung disease

Choose the right respirator for the job

Need more protective respirator if more enclosed, no dust controls, constant dusty work

Construction Tool

<table>
<thead>
<tr>
<th>None</th>
<th>N95 Mask</th>
<th>Cartridge Half Mask</th>
<th>Cartridge Full Face</th>
<th>PAPR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuckpoint Grinding</td>
<td>Surface Grinding</td>
<td>Rock Drilling</td>
<td>Jackhammer/Chipping Gun</td>
<td>Hand-held Saw</td>
</tr>
</tbody>
</table>

Know the situation to choose the right respirator or choose the respirator with the greatest protection

More information at website:  http://depts.washington.edu/silica

Department of Environmental and Occupational Health Sciences  University of Washington