The rate of young children with disruptive behavior problems is increasing. A national study indicated that 46% of kindergarten teachers reported that their students lacked the self-regulatory and social skills to function productively in kindergarten. The Incredible Training Series is a set of separate interlocking programs designed to train parents, teachers and children. The objective of these evidence-based programs is to promote young children’s social, emotional and academic competence and reduce behavior problems. This presentation overviewed the program content and methods using videotape examples and provided a review of the research evaluations.

Please view information about these programs on the UW Parenting Clinic website at:

http://www.son.washington.edu/centers/parenting-clinic/