Patient Education

Agency for Healthcare Research and Quality (AHRQ) Patient Education Video: "Staying Active and Healthy with Blood Thinners"


Warfarin

- [Treatment with Warfarin](#)
- [Dosing calendar](#)
- [Vitamin K Content of food](#)
- [USDA: Vitamin K Content of Selected Foods](#)

Apixaban (Eliquis)

- [Patient medication guide](#)
- [Treatment with apixaban](#)

Betrixaban (Bevyxxa)

- [Patient medication guide](#)

Dabigatran (Pradaxa)

- [Patient medication guide](#)
- [Treatment with dabigatran](#)

Edoxaban (Savaysa)

- [Patient medication guide](#)

Enoxaparin (Lovenox)

- [Treatment with enoxaparin](#)

Rivaroxaban (Xarelto)

- [Patient medication guide](#)
- [Treatment with rivaroxaban](#)

Direct Oral Anticoagulants (DOACs)

- [Patient Education Comparison](#)
Bridging for Patients on Warfarin

- Inpatient Bridging for Patients on Warfarin
- Inpatient Bridging - Patient Instruction Form
- Outpatient Bridging for Patients on Warfarin
- Outpatient Bridging - Patient Instruction Form

Venous Thromboembolism

- Preventing Blood Clots: while you are in the hospital
- Treating Blood Clots: deep vein thrombosis (DVT) and pulmonary embolism (PE) and how they are treated
- Treating Blood Clots: deep vein thrombosis (DVT) and pulmonary embolism (PE) and how they are treated (Spanish)

Other

- How to give yourself a subcutaneous (SQ) injection
- Medicines to avoid before surgery
- Herbal products: what warfarin patients need to know
- Preventing and treating nosebleeds
- Wearing compression stockings
- When to call your anticoagulation clinic

Memory aids: tools and tips to help you take your medication

- English
- Spanish

Source URL (modified on 04/15/2020 - 15:33):
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