

*3rd Annual*

# Ethics in Health Care: Perspectives and Applications

Tuesday, May 1, 2012

8:30 am—12:00 noon

Virginia Mason Medical Center  
Volney Richmond Auditorium

## Taking Your Pulse: Coping with Moral Distress in Clinical Practice

*Featuring Guest Speakers:*

**Denise Dudzinski, Ph.D., M.T.S.**

Associate Professor, University of Washington  
Department of Bioethics & Humanities

**Nancy Stevens, M.D., M.P.H.**

Professor of Family Medicine, University of Washington  
Director, WWAMI Family Medicine Residency Network

### Panel Discussion and Case Study



**GroupHealth**<sup>®</sup>



Application for CNE with Virginia Mason Nursing Education is pending .  
Application for CME with the Group Health Office of Continuing Medical Education is pending.  
Determination of credit to be announced with approvals.

# Program Objectives

## **ABOUT THIS PROGRAM:**

Taking Your Pulse: Coping with Moral Distress in Clinical Practice

Moral distress occurs when we feel sure about the morally right course of action but feel constrained to act on it. All health care providers experience moral distress from time to time, but different professionals cope with it differently. We will identify sources of moral distress, discuss cases that cause it, and better understand how doctors, nurses, and other health care professionals manage it.

## **OBJECTIVES:**

At the end of this program, participants will:

- Define moral distress and identify examples from clinical practice.
- Recognize similarities and differences in how doctors, nurses, and other health care professionals experience and address moral distress.
- Develop skills and strategies for identifying and reducing moral distress.



# Registration Form

Third Annual Ethics in Health Care: Perspectives and Applications  
Taking Your Pulse: Coping with Moral Distress in Clinical Practice

Mail check payable to Group Health Permanente for:

*(Credit Card Payment Not Accepted)*

- \$30.00 before April 1, 2012  
 \$35.00 after April 1, 2012 (or on site registration available)

- Physician     Medical Resident     Nurse Practitioner  
 Nurse         Social Worker         Other \_\_\_\_\_

First & Last Name: \_\_\_\_\_

Affiliated Organization (if applicable): \_\_\_\_\_ Department: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Mail Registration Form  
and Payment to:

Angela Ward  
TAD - HCS  
Group Health Cooperative  
950 Pacific Avenue, Ste 800  
Tacoma, WA 98402

For questions about registration, please contact Angela Ward at 253-274-4615 or ward.a@ghc.org