Community Agency Coordination of an Interdisciplinary Health Promotion Service Learning-A Model for Implementation

Sue Dotson, MSW, MEd
Project Director & Coordinator
Western Maryland Area Health Education Center

Gail Mazzocco, EdD, RN
University of Maryland School of Nursing

S. Maggie Reitz, PhD, OTR/L, FAOTA
Towson University; Occupational Therapy and Occupational Science
What is Interdisciplinary Practice?

- An integrated approach in which team providers actively coordinate care and services across disciplines.

Interdisciplinary Collaborative Teams in Primary Care: A Model Curriculum
Interdisciplinary Teamwork

- Involves the exploration of the common elements among team members, and the best ways to use each member’s strengths.

Klein, 1990.
Interdisciplinary Rural Training Team Members

- Providers
- Faculty
- Students
- Community
- Consumers
Rural Interdisciplinary Health Promotion Project

Western Maryland AHEC coordination
  • Links community & academic institutions
  • Curriculum development- Modules
    • Rural Interdisciplinary Teams
    • Stress Management
    • Weight Management
    • www.allconet.org/ahec/rihp
  • Service Learning
  • Faculty Development
Academic Partners

- Allegany College
  - Nursing
  - Respiratory Therapy

- Frostburg State U
  - Social Work

- Towson University
  - Occupational Therapy & Occupational Science

- Univ. of Maryland
  - Medical Technology
  - Nursing- BSN, MS
  - Physical Therapy
  - Social Work

- Univ. of Pittsburgh
  - Public Health
The Rural Community

- Western Maryland
Community Partners

- Western Maryland AHEC
- Allegany, Washington & Garrett Counties
  - AAA Senior Centers
  - Youth summer camps
    - Middle school age
  - Other community centers and sites
    - Churches- Parish Nurse Program
Why Interdisciplinary Health Promotion?

- Recommendations for the Health Professions
- Academic Directives
- Healthy People 2010
21 Health Professional Competencies for 21st Century
1998 Pew Report

- Partner with communities in health care decisions
- Embrace a personal ethic of social responsibility and service
- Work in interdisciplinary teams
- Ensure care that balances individual, professional, system, & societal needs
Competencies

- Demonstrate critical thinking, reflection, & problem-solving
- Rigorously practice preventive health care
- Provide culturally sensitive care
- Integrate population-based care and services into practice
- Advocate policy that promotes and protects the health of the public
Institutional/ Professional Directives

- Emphasize interdisciplinary collaboration
- Focus on wellness
- Increase use of technology
- Spearhead innovation in interdisciplinary education/practice
- Promote community linkages and service
Project Objectives

- Modules for use in existing courses
- Rural interdisciplinary training
  - Students
  - Faculty
- Community Health Promotion Services
- Module distribution & replication
Service Learning Training

- Orientation
- Team Building
- Community Study
- Health Promotion Activities
- Evaluation
Day One

- Interdisciplinary Team Training
  - Team Building Activities
  - Discipline perspectives on Health Promotion
  - Effective teaming

- Health Promotion Program Training
  - Rural Health Issues
  - How to Implement Activities & Roles
Training Session Focus

Day Two
- Community Study
- Screenings
- Health promotion activities
- Wrap-up and Evaluation
Objectives

Increase knowledge & skills

• Various discipline actions to improve health
• Factors contributing to successful teaming
• Barriers to teaming
• Cultural and health values impact
• Health issues in the rural community
Objectives

- Community agency role to improve health
- Relevance to Healthy People 2010
- Effective teaming
- Able to replicate activities
- Promote healthy lifestyle activities
Health Promotion Activities

- Risk Assessment Questionnaire for Heart Disease
- Blood Pressure Reading
- Cholesterol Screening and Report
- Stress Management Activities
Today’s Workshop

• Didactic
  • Packet of training materials

• Experiential
  • Team Building Exercise
  • Health Promotion Activities for Elderly

• Brainstorm
  • Potential community partners
Funded By:

- Quentin N. Burdick Program for Rural Interdisciplinary Training
  BHPr, HRSA
  Grant # 5D36HP10043-08

Contact:
Sue Dotson
sdotson@allconet.org