

Cynthia S. Levine

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ACADEMIC POSITIONS

2019 – present	Assistant Professor Department of Psychology University of Washington
2013 – 2018	Postdoctoral Scholar Institute for Policy Research and Department of Psychology Northwestern University
2012 – 2013	Postdoctoral Scholar Department of Psychology Stanford University

EDUCATION

2012	Ph.D., Psychology Stanford University
2009	M.A., Psychology Stanford University
2005	A.B., <i>summa cum laude</i> , Psychology (major) and Study of Women and Gender (minor) Princeton University

FUNDED GRANTS

Center for Institutional Courage, *Institutional norms about prioritizing students' needs legitimize contrapower harassment*, \$5,000, 2024-2026, role: PI

National Science Foundation, *Identity and Belonging in Science: A near-peer mentoring ecosystem revealing new pathways into the geosciences*, Award Number: 2325197, \$399,584, 2023-2026, role: co-PI

University of Washington Royalty Research Fund Grant, *A sense of belonging and sleep among first-generation college students*, \$39,574, 2021-2023, role: PI

Ruth L. Kirschstein NRSA Postdoctoral Fellowship, *Parents' dense and supportive social networks facilitate children's health*, Award Number: F32HL119021, \$150,603, 2013-2016, role: PI

Research Institute of the Center for Comparative Studies in Race and Ethnicity Graduate Dissertation Fellowship, Stanford University, 2011-2012

Center for Comparative Studies in Race and Ethnicity Teaching Fellowship, Stanford University, 2011-2012 (declined for Graduate Dissertation Fellowship)

Diversity Dissertation Research Opportunity Grant, Stanford University, 2009
National Science Foundation Graduate Research Fellowship, 2006-2009

AWARDS AND INVITED MEMBERSHIPS

Member, Society for Experimental Social Psychology (SESP), 2020
Outstanding Abstract Award, Social, Personality, and Health Network, 2017
Society for Personality and Social Psychology Student Travel Award, 2011
Dept. of Psychology Graduate Student Teaching Award, Stanford University, 2010
Phi Beta Kappa, Princeton University, 2005
Howard Crosby Warren Senior Prize in Psychology (awarded to top seniors in the major),
Princeton University, 2005
Howard Crosby Warren Junior Prize in Psychology (awarded to top juniors in the major),
Princeton University, 2004

MANUSCRIPTS UNDER REVIEW AND INVITED FOR REVISION AND RESUBMISSION

*student or lab staff

*Xu, A. X., & **Levine, C. S.** (invited to revise and resubmit). Civic obligation is linked to better psychological well-being, especially among individuals whose health limits daily activities. *Journal of Happiness Studies*.

*Song, R., & **Levine, C. S.** (under review). The cultural psychology of American homeownership. *Analyses of Social Issues and Public Policy*.

PEER-REVIEWED PUBLICATIONS

*student or lab staff

*authors contributed equally to the work

*Bourne, K. A., Foster, K. T., *Xu, A. X., & **Levine, C. S.** (advance online publication). Schools' respect for identity-based differences and student outcomes: Examining the role of multiple marginalized identities. *Group Processes & Intergroup Relations*.
<https://doi.org/10.1177/13684302261475996>

*Bourne, K. A., *Xu, A. X., & **Levine, C. S.** (advance online publication). Who should learn about race in school? Lay theories about the relevance of lessons about race to students of color and White students. *Social Psychological and Personality Science*.
<https://doi.org/10.1177/19485506251385618>

*Song, R., & **Levine, C. S.** (2025). Gentrification creates social class disparities in belonging. *Journal of Personality and Social Psychology*, 129(3), 529–550.
<https://doi.org/10.1037/pspi0000477>

Levine, C. S., **Bourne, K. A., **Song, R., & **Weltzien, K. (2024). Creating inclusive schools to reduce health and well-being disparities. *Social and Personality Psychology Compass*, 18(1), e12841. <https://doi.org/10.1111/spc3.12841>

- *Dai, J. D., & **Levine, C. S.** (2023). I am not a virus: Status-based rejection sensitivity and sleep among East Asian individuals in the U.S. during COVID-19. *Social Psychological and Personality Science*, 14(4), 395-406. <https://doi.org/10.1177/19485506221106847>
- Clobert, M., Sims, T. L., Yoo, J., Miyamoto, Y., Markus, H. R., Karasawa, M., & **Levine, C. S.** (2020). Feeling excited or taking a bath: Do distinct pathways underlie the positive affect-health link in the U.S. and Japan? *Emotion*, 20(2), 164-178. <https://doi.org/10.1037/emo0000531>
- Ehrlich, K. B., Miller, G. E., Shalowitz, M. U., Story, R. E., **Levine, C. S.**, Williams, D., Le, V., & Chen, E. (2019). Secure base representations in children with asthma: Links with symptoms, family asthma management, and cytokine regulation. *Child Development*, 90(6), e718-e728. <https://doi.org/10.1111/cdev.13098>
- Levine, C. S.**, Markus, H. R., Austin, M. K., Chen, E., & Miller, G. E. (2019). Students of color show health advantages when they attend schools that emphasize the value of diversity. *Proceedings of the National Academy of Sciences*, 116(13), 6013-6018. <https://doi.org/10.1073/pnas.1812068116>
- Levine, C. S.**, Miller, G. E., Shalowitz, M. U., Story, R. E., Manczak, E. M., Hayen, R., Hoffer, L. C., Le, V., Vause, K. J., & Chen, E. (2019). Academic disparities and health: How gender-based disparities in schools relate to boys' and girls' health. *Social Science & Medicine*, 228, 126-134. <https://doi.org/10.1016/j.socscimed.2019.02.036>
- Jones, E. J., Chen, E., **Levine, C. S.**, Lam, P. H., Liu, V. Y., & Schreier, H. M. C. (2019). Aspects of the parent-child relationship and parent metabolic outcomes. *Journal of Behavioral Medicine*, 42(2), 204-216. <https://doi.org/10.1007/s10865-018-9975-y>
- Lam, P. H., Miller, G. E., Chiang, J. J., **Levine, C. S.**, Le, V., Shalowitz, M. U., Story, R. E., & Chen, E. (2018). One size does not fit all: Links between shift-and-persist and asthma in youth are moderated by perceived social status and experience of unfair treatment. *Development and Psychopathology*, 30, 1699-1714. <https://doi.org/10.1017/S0954579418000913>
- Miyamoto, Y., Yoo, J., **Levine, C. S.**, Park, J., Boylan, J. M., Sims, T., Markus, H. R., Kitayama, S., Kawakami, N., Karasawa, N., Coe, C. L., Love, G. D., & Ryff, C. D. (2018). Culture and social hierarchy: Self- and other-oriented correlates of socioeconomic status across cultures. *Journal of Personality and Social Psychology*, 115, 427-445. <https://doi.org/10.1037/pspi0000133>
- Lam, P. H., **Levine, C. S.**, Chiang, J. J., Shalowitz, M. U., Story, R. E., Hayen, R., Sinard, R., & Chen, E. (2018). Family obligations and asthma in youth: The moderating role of socioeconomic status. *Health Psychology*, 37, 968-978. <https://doi.org/10.1037/hea0000655>
- Levine, C. S.** (2017). Psychological buffers against poor health: The role of the socioeconomic environment. *Current Opinion in Psychology*, 18, 137-140. <https://doi.org/10.1016/j.copsyc.2017.08.028>
- Manczak, E. M., **Levine, C. S.**, Ehrlich, K. B., Basu, D., McAdams, D. P., & Chen, E. (2017). Associations between spontaneous parental perspective-taking and stimulated cytokine responses in children with asthma. *Health Psychology*, 36, 652-661. <https://doi.org/10.1037/hea0000511>
- Levine, C. S.**, Hoffer, L. C., & Chen, E. (2017). Moderators of the relationship between frequent family demands and inflammation among adolescents. *Health Psychology*, 36, 493-501. <https://doi.org/10.1037/hea0000469>

- Levine, C. S.**, Manczak, E. M., Ham, P. J., Le, V., & Chen, E. (2017). The relationship between parents' social network diversity and pulmonary function among children with asthma. *Culture and Brain*, 5, 71-89. <https://doi.org/10.1007/s40167-016-0042-7>
- Levine, C. S.**, Basu, D., & Chen, E. (2017). Just world beliefs are associated with lower levels of metabolic risk and inflammation and better sleep after an unfair event. *Journal of Personality*, 85, 232-243. <https://doi.org/10.1111/jopy.12236>
- Chen, E., Miller, G. E., Shalowitz, M. U., Story, R. E., **Levine, C. S.**, Hayen, R., Sbihi, H., & Brauer, M. (2017). Difficult family relationships, residential greenspace, and childhood asthma. *Pediatrics*, 139, e20163056. <https://doi.org/10.1542/peds.2016-3056>
- Chen, E., Shalowitz, M. U., Story, R. E., Ehrlich, K. B., **Levine, C. S.**, Hayen, R., Leigh, A. K. K., & Miller, G. E. (2016). Dimensions of socioeconomic status and childhood asthma outcomes: Evidence for distinct behavioral and biological associations. *Psychosomatic Medicine*, 78, 1043-1052. <https://doi.org/10.1097/PSY.0000000000000392>
- Levine, C. S.**, Miyamoto, Y., Markus, H. R., Rigotti, A., Boylan, J. M., Park, J., Kitayama, S., Karasawa, M., Kawakami, N., Coe, C. L., Love, G. D., & Ryff, C. D. (2016). Culture and healthy eating: The role of independence and interdependence in the U.S. and Japan. *Personality and Social Psychology Bulletin*, 42, 1335-1348. <https://doi.org/10.1177/0146167216658645>
- Levine, C. S.**, Atkins, A. H., Waldfogel, H. B., & Chen, E. (2016). Views of a good life and allostatic load: Physiological correlates of theories of a good life depend on the socioeconomic context. *Self and Identity*, 15, 536-547. <https://doi.org/10.1080/15298868.2016.1173090>
- Kitayama, S., Park, J., Boylan, J. M., Miyamoto, Y., **Levine, C. S.**, Markus, H. R., Karasawa, M., Coe, C. L., Kawakami, N., Love, G. D., & Ryff, C. D. (2015). Expression of anger and ill-health in two cultures: An examination of inflammation and cardiovascular risk. *Psychological Science*, 26, 211-220. <https://doi.org/10.1177/0956797614561268>
- Ryff, C. D., Miyamoto, Y., Boylan, J. M., Coe, C. L., Karasawa, M., Kawakami, N., Kan, C., Love, G., **Levine, C. S.**, Markus, H. R., Park, J., & Kitayama, S. (2015). Culture, inequality, and health: Evidence from the MIDUS and MIDJA comparison. *Culture and Brain*, 3, 1-20. <https://doi.org/10.1007/s40167-015-0025-0>
- *Curhan, K. B., ***Levine, C. S.**, Markus, H. R., Kitayama, S., Park, J., Karasawa, M., Kawakami, N., Love, G. D., Coe, C. L., & Ryff, C. D. (2014). Subjective and objective hierarchies and their relations to psychological well-being: A U.S./Japan comparison. *Social Psychological and Personality Science*, 5, 855-864. <https://doi.org/10.1177/1948550614538461>
- Miyamoto, Y., Boylan, J. M., Coe, C. L., Curhan, K. B., **Levine, C. S.**, Markus, H. R., Park, J., Kitayama, S., Kawakami, N., Karasawa, M., Love, G. D., & Ryff, C. D. (2013). Negative emotions predict elevated interleukin-6 in the United States but not in Japan. *Brain, Behavior, and Immunity*, 34, 79-85. <https://doi.org/10.1016/j.bbi.2013.07.173>
- Levine, C. S.**, & Ambady, N. (2013). The role of nonverbal behaviour in racial gaps in healthcare: Implications and solutions. *Medical Education*, 47, 867-876. <https://doi.org/10.1111/medu.12216>
- Rattan, A., **Levine, C. S.**, Dweck, C. S., & Eberhardt, J. L. (2012). Race and the fragility of the legal distinction between juveniles and adults. *PLoS One*, 7, e36680. <https://doi.org/10.1371/journal.pone.0036680>

⁺Stephens, N. M., & ⁺**Levine, C. S.** (2011). Opting out or denying discrimination? How the framework of free choice in American society influences perceptions of gender inequality. *Psychological Science*, 22, 1231-1236.
<https://doi.org/10.1177/0956797611417260>

INVITED BOOK CHAPTERS

Levine, C. S., Miller, G. E., Lachman, M. E., Seeman, T. E., & Chen, E. (2018). Early life adversity and adult health. In C. D. Ryff & R. F. Krueger (Eds.), *Oxford handbook of integrative health science* (pp. 49-61). New York: Oxford University Press.
<https://academic.oup.com/edited-volume/34662/chapter/295342026>

Ryff, C. D., Boylan, J. M., Coe, C. L., Karasawa, M., Kawakami, N., Kitayama, S., Kan, C., Love, G. D., **Levine, C. S.**, Markus, H. R., Miyamoto, Y., Nakahara, J., & Park, J. (2015). Adult development in Japan and the U.S.: Comparing theories and findings about growth, maturity, and well-being. In L. Jensen (Ed.), *Oxford handbook of human development and culture: An interdisciplinary perspective*. New York: Oxford University Press.
<https://academic.oup.com/edited-volume/28137/chapter/212357911>

INVITED TALKS

Social Psychology Speaker Series, New York University, 2026
APA Division 7 (Developmental Psychology) Research Panel, American Psychological Association Annual Meeting, Seattle, WA, 2024
Cultural Psychology Preconference, Society for Personality and Social Psychology Annual Meeting, Atlanta, GA, 2023
Social Psychology Seminar, University of Virginia, 2022
Social Psychology Seminar Series, University of North Carolina, Chapel Hill, 2022
Western Psychological Association (WPA) Distinguished Speaker, WPA Annual Convention, Portland, OR, 2022 (declined due to scheduling conflict)
Psychology Research Seminar, University of Washington, Tacoma, 2019
Biological Anthropology Seminar Series, University of Washington, 2019
Psychology Department Colloquium, Yale University, 2017
Psychology Department Colloquium, University of Michigan, 2017
Psychology Department Colloquium, University of British Columbia, 2016

PEER-REVIEWED CONFERENCE PRESENTATIONS

Levine, C. S. (2026, October). Trust in neighbors: For who's health does it matter? Paper presented at the annual meeting of the Society of Experimental Social Psychology, Montreal, QC.

Levine, C. S., Bourne, K. A., Foster, K. T., & Xu, A. X. (2026, April). Schools' respect for identity-based differences and student outcomes: Examining the relationship among students with varying numbers of marginalized identities. Paper presented at the annual meeting of the Western Psychological Association, Tacoma, WA.

Levine, C. S., & Weltzien, K. (2024, February). First-generation college students' sleep: The role of school belonging. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

- Levine, C. S., & Song, R.** (2023, May). Trust in neighbors protects people with lower socioeconomic status against metabolic syndrome risk. Paper presented at the Midlife in the U.S. (MIDUS) Meeting, Madison, WI.
- Levine, C. S., & Dai, J. D.** (2023, February). Discriminatory contexts undermine sleep among people with minoritized racial identities. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Levine, C. S., & Markus, H. R.** (2018, May). Is it healthier to influence or adjust to the situation? Cultural differences in healthy responses to adversity. Paper presented at the Midlife in the U.S. (MIDUS) Meeting, Madison, WI.
- Levine, C. S., Sinard, R., Daftary, K., & Chen, E.** (2017, January). When subjective social status predicts worse health. Paper presented at the Health Preconference of the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Levine, C. S., Basu, D., & Chen, E.** (2015, March). Believing in a just world predicts lower levels of metabolic risk and inflammation and better sleep after an unfair event. Paper presented at the annual meeting of the American Psychosomatic Society, Savannah, GA.
- Levine, C. S., Brannon, T. N., & Markus, H. R.** (2015, February). Seeing oneself as American and African American: Biculturalism predicts better psychological and physical well-being among African Americans. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Levine, C. S., Miyamoto, Y., Markus, H. R., Boylan, J. M., Park, J., Kitayama, S., Karasawa, M., Kawakami, N., Coe, C. L., Love, G. D., & Ryff, C. D.** (2014, May). Culture and healthy eating: The role of independence in the U.S. and interdependence in Japan. Paper presented at the Midlife in the U.S. (MIDUS) Meeting, Madison, WI.
- Levine, C. S., Brannon, T. N., & Markus, H. R.** (2012, December). Interdependence and health in African Americans. Paper presented at the Midlife in the U.S. (MIDUS) Meeting, Madison, WI.
- Levine, C. S., Rattan, A., Cheryan, S., Eberhardt, J. L., & Dweck, C. S.** (2011, January). Who can improve? How a target's race dictates perceptions of potential for growth. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

MENTORSHIP

Graduate Students: Primary Advisor

Keith Jamison (University of Washington, 2025 – present)

- GSEE Graduate Supplemental Award, UW, 2025

Annie (Xiyang) Xu (University of Washington, 2022 – present)

- UW Presidential Dissertation Fellowship, 2026
- Population Health Applied Research Fellowship, UW, 2025

Rachel Song (University of Washington, 2020 – 2025)

- Population Health Applied Research Fellowship, UW, 2025
- NSF Graduate Research Fellowship, 2021

Kimberly Bourne (University of Washington, 2019 – 2024)

- NSF Graduate Research Fellowship Honorable Mention, 2021

Graduate Students: Secondary Advisor

Jovani Azpeitia (University of Washington, 2021 – present)

Tristan Martin (University of Washington, 2023 – 2024)

Rebecca Schachtman (University of Washington, 2020 – 2025)

J. Doris Dai (University of Washington, 2019 – 2023)

Graduate Students: Master's Thesis Committee Member

Haylee Swiger (Psychology, University of Washington, 2025)

Graduate Students: Dissertation Committee Member

Fasika Hailu (Psychology, University of Washington, 2025 – present)

Ishika Ray (Psychology, University of Washington, 2021 – 2025)

Z. Ferguson (Psychology, University of Washington, 2024 – 2025)

Ella Lombard (Psychology, University of Washington, 2022 – 2024)

Mariah Corey (Psychology, University of Washington, 2022 – 2024)

Noah Triplett (Psychology, University of Washington, 2020 – 2024)

Laura Vianna (Psychology, University of Washington, 2020 – 2023)

Kristopher Overbo (Individual PhD Program, University of Washington, 2020 – 2025)

Ginger Farrell (Individual PhD Program, University of Washington, 2019 – 2024)

Honors Students

Beatrice Tassoni (University of Washington, 2025 – 2026)

Alice Wagar (University of Washington, 2025 – 2026)

Cassidy Dao (University of Washington, 2024 – 2025)

Jinglei Yu (University of Washington, 2024 – 2025)

Liza Moore (University of Washington, 2020 – 2021)

Jasmine Lee (University of Washington, 2019 – 2020)

Rebecca Sinard (Northwestern University, 2017 – 2018)

Karishma Daftary (Northwestern University, 2016 – 2017)

Rafa Ifthikar (Northwestern University, 2015 – 2016)

Alexzandra Scully (Stanford University, 2013 – 2014)

Eric Gomez (Stanford University, 2012 – 2013)

Janet Bill (Stanford University, 2011 – 2012)

UNIVERSITY AND DEPARTMENTAL SERVICE

Graduate Recruitment Committee, Psychology Department, University of Washington, 2022 – present

Royalty Research Fund Review Committee, University of Washington, 2021 – 2023

Social-Personality Area Coordinator, Psychology Department, University of Washington, 2020 – 2022

Undergraduate Awards Committee, Psychology Department, University of Washington, 2019 – 2020

PROFESSIONAL SERVICE

Co-Organizer, Advancing Cultural Psychology Preconference of the Annual Meeting of the Society for Personality and Social Psychology, 2025 – present

Ad hoc reviewer for *Affective Science*, *BMJ Nutrition, Prevention & Health*, *Clinical Psychological Science*, *Developmental Cognitive Neuroscience*, *Developmental Psychobiology*, *Health Psychology*, *Journal of Personality and Social Psychology*, *Journal of Social Issues*, *Nature Reviews Psychology*, *Personality and Social Psychology Bulletin*, *Proceedings of the National Academy of Sciences*, *Proceedings of the National Academy of Sciences Nexus*, *Social and Personality Psychology Compass*, *Social Psychological and Personality Science*, *Social Indicators Research*, *Social Science & Medicine*