

Cucumber & Tomato Salad

Serves 4, 1 cup per serving

Ingredients

- 1/8 teaspoon black pepper
- 2 Tablespoons red wine vinegar
- 10 ½ ounces cherry tomatoes, cut in half
- 1 large cucumber, peeled and cut in half
- 1 ½ Tablespoons olive oil
- Pinch of salt



Directions

1. Cut each cucumber half in half and slice into large chunks. Place the cucumber in a salad bowl with the cherry tomatoes.
2. In a small bowl, whisk together the dressing ingredients. Pour the dressing over the cucumbers and tomatoes and serve.

Nutrition Facts

Serving Size 1 cup
Servings Per Container 4

Amount Per Serving

Calories 70

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Total Carbohydrate 4g **1%**

Dietary Fiber 1g **4%**

Sugars 3g

Protein 1g **2%**

*Percent Daily Values are based on a 2,000 calorie diet.

