

Au Gratin Vegetables

Makes 4 servings

1. Make White Sauce in a sauce pan by combining $\frac{1}{2}$ cup of Magic Mix and 1 cup of water. Stir over medium heat until smooth and thick.
2. Add 1 cup shredded low-fat cheese and stir until melted.
3. Add 2 cups cooked vegetables. Stir well.
4. Place in ungreased, 1-quart casserole dish. Sprinkle with $\frac{1}{2}$ cup cereal or bread crumbs.
5. Bake at 325°F for 15 to 18 minutes, or until heated through.



Vegetables in Cheese Sauce

Makes 4 servings

1. Prepare Cheese Sauce as directed (page X). Add 2 cups cooked vegetables.
2. Heat through and serve.

