### Typical Speech Development

- Sucks and swallows well during feeding
-Quiets or smiles in response to sound or voice
-Coos or vocalizes other than crying
-Turns head toward direction of sound

#### BY 3 MONTHS
- Sucks and swallows well during feeding
-Quiets or smiles in response to sound or voice
-Coos or vocalizes other than crying
-Turns head toward direction of sound

#### BY 6 MONTHS
- Begins to use consonant sounds in babbling, e.g. "dada"
-Uses babbling to get attention
-Begins to eat cereals and pureed foods

#### BY 9 MONTHS
- Increases variety of sounds and syllable combinations in babbling
-looks at familiar objects and people when named
-Begins to eat junior and mashed table foods

#### BY 12 MONTHS
- Meaningfully uses "mama" or "dada"
-Responds to simple commands, e.g. "come here"
-Produces long strings of gibberish (jargoning) in social communication
-Begins to use an open cup

#### BY 15 MONTHS
- Vocabulary consists of 5-10 words
-Imitates new less familiar words
-Understands 50 words
-Increases variety of coarsely chopped table foods

### Typical Play Development

- While lying on their back...
-Visually tracks a moving toy from side to side
-Attempts to reach for a rattle held above their chest
-Keeps head in the middle to watch faces or toys

#### BY 3 MONTHS
- While lying on their back...
-Visually tracks a moving toy from side to side
-Attempts to reach for a rattle held above their chest
-Keeps head in the middle to watch faces or toys

#### BY 6 MONTHS
- Reaches for a nearby toy while on their tummy
-While lying on their back...
-Transfers a toy from one hand to the other
-Reaches both hands to play with feet

#### BY 9 MONTHS
- Reaches for a nearby toy while on their tummy
-While lying on their back...
-Transfers a toy from one hand to the other
-Reaches both hands to play with feet

#### BY 12 MONTHS
- In a high chair, holds and drinks from a bottle
-Explores and examines an object using both hands
-Turns several pages of a chunky (board) book at once

### Typical Physical Development

- While lying on their back...
-Visually tracks a moving toy from side to side
-Attempts to reach for a rattle held above their chest
-Keeps head in the middle to watch faces or toys

#### BY 3 MONTHS
- While lying on their back...
-Visually tracks a moving toy from side to side
-Attempts to reach for a rattle held above their chest
-Keeps head in the middle to watch faces or toys

#### BY 6 MONTHS
- Uses hands to support self in sitting
-Rolls from back to tummy
-While standing with support, accepts entire weight with legs

#### BY 9 MONTHS
- Uses hands to support self in sitting
-Rolls from back to tummy
-While standing with support, accepts entire weight with legs

#### BY 12 MONTHS
- Sits and reaches for toys without falling
-Moves from tummy or back into sitting
-Creeps on hands and knees with alternate arm and leg movement

### Signs to Watch for in Physical Development

- Difficulty lifting head
-Stiff legs with little or no movement

#### BY 3 MONTHS
- Difficulty lifting head
-Stiff legs with little or no movement

#### BY 6 MONTHS
- Rounded back
-Unable to lift head up
-Poor head control

#### BY 9 MONTHS
- Rounded back
-Unable to lift head up
-Poor head control

#### BY 12 MONTHS
- Difficulty getting to stand because of stiff legs and pointed toes
-Only uses arms to pull up to standing

### Early Detection is the Best Prevention!

**Important Parent Ideas:**

- Keep a notebook for your concerns and observations.
- Review this chart and check the signs you see in your baby.
- Share your concerns, this chart and your notebook with your child’s doctor or health care professional.

**Remember to correct your child’s age for prematurity.**