

Community Resource List by Provider

Last Updated May 20, 2009

University of Washington Psychiatry Outpatient Clinic (UPOC) Referral Information

The resources and names listed here are supplied only as suggestions. There is no guarantee that these providers will be able to deliver the exact services you seek, that their services will be available, or that their services will be covered under your insurance plan. Your primary care provider and your insurance company may be able to offer you guidance in choosing a mental health provider. There is no contractual referral relationship between the UPOC and any of the providers listed.

Provider Name	Site of Practice Address/website	Phone Number	Description	INS
Alexander, Elizabeth, MD	9500 Roosevelt Way NE, Seattle WA 98115	206-729-2622	Therapy & medication management	
Ang, Jesse, MD	2411 S 19th St TACOMA, WA *accepting new patients as of May 2009	253-627-6606	Depression, Anxiety disorders; psychotherapy and/or MM	Limited insurance
Ang Lee , Kathleen , MD	1914 North 34 th St. Suite 401 Seattle, WA 98103	206-428-7160	General Adult psychiatry and Addictions, Depression, anxiety, early recovery addiction, therapy and medication	
Albert, Alexa E, MD	1914 North 34 th St. Suite 401 Seattle, WA 98103	206-559-2454	Adult and Adolescent Psychiatry, Psychotherapy and medications	
Asher, Kenneth, PhD	620 15 th Avenue East, Seattle, WA 98112	206-322-3800	Educational Consultant for the Disabled, only offers life-coaching	
Becker, Steve, PhD Becker and Associates	22815 Pacific Hwy S., Suite 5, DeMoines, WA 98198 www.stevebeckerassociates.com	206-935-2479	Specializes in Asperger's and Autism, does home based therapy also. (children and adults)	

Bibeault, Renee MD	11415 NE 128 th St. Suite 100 Kirkland, WA 98034 *not accepting new patients as of May 2009	206-860-4881	Women's mental health	
Bone, Margaret	2200 24th Ave E Seattle, WA 98112			
Bricker, Jonathan, PhD	2033 Minor Ave E. Ste 2, Seattle, WA 98102 *accepting new patients as of May 2009	206-667-5074	Anxiety disorders CBT, Substance abuse (tobacco, alcohol, etc.)	
Bundy, Christopher MD	601 Union ST, Seattle WA	206-264-2549	Therapy & medication management	
Calinoiu, Ileana, MD	14030 NE 24 th St., Suite 104, Bellevue, WA 98007	425- 641-8492	Child Psychiatry; eating disorders	
Chavez, Christina, MD	4020 E Madison St. Seattle, WA 98112	206-329-9966	Also sees pt at Hall Health	
Ciechanowski, Leslie, M.Ed, LMHC	7812 Lake City Way NE Seattle, WA 98115	206-334-5416	Depression, anxiety, trauma, sexual abuse, and PTSD	Molina, Regence, First Choice
Clark, Roy, MD	Medical/ Dental Building 509 Olive Way, Suite 1419, Seattle, WA 98101	206-682-5203	Addictions	Uniform, Regence, Blue Shield
Conway, Jack, MD	601 Union St. Ste 1704, Seattle, WA 98101	206-623-6111	Specializing in adult ADHD, Depression, Bipolar illnesses	
Cutitto, Michele, MD	823 NE 65 th St. Seattle, WA 98115	206-525-5022		
Del Toro, Iris, MD	7981 868 th Ave NE Ste 100, Redmond, WA 98052	425-867-5262	Substance abuse, mood disorders, individual therapy and recovery, med mgmt, adults only	
Edwards, Berry, MD	Bellevue		Addictions	
Ellis, Beatrice, PhD	823 NE 65 th St, Seattle, WA 98115	206-324-7954		

Farrell, Jeanette , MD	1914 North 34 th St. Suite 401 Seattle, WA 98103	206-428-7182	Anxiety, Depression, Women's mental health therapy and medication	
Fischer, Rebecca, MD	1914 N 34 th Street #401, Seattle WA 98103	206-632-2088	General Psychiatry	
Forslund, Tim, MD	1932 First Ave, Seattle, WA 98101	206-443-9379		
Fordyce, David PhD	4300 Aurora Ave N. Seattle, WA	206-859-5030	Neuropsych Testing	
Hart, Heidi, MA, LMHC (program manager)			Youth and Family Counseling	
Hawkins, Melissa PhD	2033 Minor Ave. Suite 5, Seattle, WA 98102	206-725-0750	Anxiety, Depression, Couples Therapy, and Sexual Dysfunction. She does CBT, psychodynamic therapy, and interpersonal therapy.	
Herman-Dunn, Ruth, PhD	4850 California Ave SW, Seattle, WA 98116	206-937-1186		
Horton, John, MD	4033 E Madison St. #105, Seattle, WA 98112	206-328-8477		Aetna, First Choice, Premera, Regence
Hunsberger, Peter, Ed.D	Mariners Square, Suite 127 1900 N Northlake Way Seattle, WA 98103	206-547-1704	PTSD, death & dying	
Jones, Betty, PhD	2025 112 th Ave NE #200 Bellevue, WA 98004		Diagnostic Associates – Neuropsych testing	
Juregens, Steve MD	1120 NE 8 th St., Bellevue, WA 98004 *not accepting new patients as of May 2009	425-454-0255	Addictions	
Kastner, Laura, PhD	1728 E. Madison St., Seattle, WA 98122	206-324-6444	Adults and teens with eating disorders	
Kelley, Rosemary H, MD	4105 E. Madison St. Ste 200, Seattle, WA 98112	206-329-0816	Expertise in post partum and peri-menopausal/premenstrual psych issues	

Kisselev, Paulina ,PhD	127 E. Intercity Ave. E Suite A Everett, WA 98208	425-347-7275	Individual therapy for people age 16-65,	
Kosins, David, PhD	318 W. Galer St., Seattle, WA 98119	206-285-0900	Anxiety disorders, depression, CBT	
Kuniyoshi, Catherine, MD	Seattle, WA	206-405-3600	Child and Adult Psychiatry; Eating Disorders	
Lischner, David, MD	126 NW Canal St #310 Seattle, WA 98107	Cell: 206-369-0211 Office: 206-633-4544	Relationships, mood disorders, anxiety, DBT	
Majovski, Lawrence, PhD	1902 64 th Ave. W. Ste 201, Tacoma, WA 98466	253-572-9917	Neuropsychological testing	
Markley, David, PhD	818 12 th Ave, Seattle, WA 98122	206-329-5255 ext 314	Associates in Behavioral Health	
Martini, Shahm, MD	901 Boren Suite 1020 Seattle, WA 98104 http://www.martinipsychiatry.com/ *accepting new patients as of May 2009	(206) 381-0610	Depression, Anxiety disorders; psychotherapy and/or medication management	
McCreery, Joseph, MD		206-344-2505	Depression, Anxiety disorders; psychotherapy and/or medication management	
Mitchell, Linda, MA	1711 12 th Ave Seattle, WA 98122 www.seattlecounselors.com *accepting new patients as of May 2009	206-322-2911	Anxiety, Phobias Obsessive-Compulsive Disorder, stress and worry; depression, individuals, couples, and teenagers.	Private INS (contracted with Premera/Regence), private pay Uniform

Mohatt, Justin, MD	Seattle, WA	206-282-1623.	Child Psychiatry	
Moore, Mehri, MD Moore Center Clinic	1601 114 th Ave SE #180, Bellevue, WA 98004 www.moorecenterclinic.com *not accepting new patients as of May 2009	425-451-1134 Please contact us for additional info, cost, and availability	Outpatient treatment for eating disorders including anorexia, bulimia, and compulsive overeating.	Most INS carriers cover program
Morse, Shereen, MD	Seattle, WA	206-353-1150	Depression, Anxiety disorders; psychotherapy and/or medication management	
Muscatel, Kenneth, PhD	1001 Broadway, Ste 318 Seattle, WA 98122	206-324-4443	Neuropsychological testing	Call INS for auth-cost for testing is \$1800-\$2000
Nerass, Kathryn MD 2=	2611 NE 125 th , Suite 245, Seattle 98125	306-364-1195	Depression, Anxiety disorders; psychotherapy and/or medication management	
Peskind, Art, PhD	First Hill Psychological Services 1229 Madison St. Ste 890, Seattle, WA 98104	206-386-2200	Anxiety disorders as well as cognitive behavioral therapy	
Powel, Jeff, PhD	925 E. Thomas St. Seattle, WA 98102	206-720-6155	25 yr experience in neuropsych, adults only.	All major INS
Press, Shoshanna, MD	126 NW Canal St #310 Seattle, WA 98107	206-633-2522	Depression, Anxiety disorders; psychotherapy and/or Medication management	
Prince, Stacey, PhD	818 12 th Ave, Seattle, WA 98122 Not accepting new patients as of May 2009	206-329-5255 ext 301	Relationship issues, and women's process group with focus on depression	
Paul, Robert MD	3121 E Madison ST, Seattle WA 98112	206-382-1555	Therapy & medication management	

Raphaely, Doron, MD	101 14 th Avenue East,, Seattle, WA 98112	206-323-7880	Depression, Anxiety disorders; psychotherapy and/or medication management	
Rick Ries, MD	Not accepting new patients as of May 2009	206-897-4216 Assistant: 206-341-4226	Dual diagnosis	
Roeben, Gregory, MD	11522 NE 21st St ,Bellevue, WA 98004-3025 *not accepting new patients that are only interested in medication management and under 18yrs	425-635-9400	Depression, Anxiety disorders; psychotherapy and/or medication management	
Romero, Oscar, MD	1120 Cherry St SUITE Suite 240, Seattle, WA 98104-2023	(206) 624-0296		
Schoettle, Ulrich C., MD	3121 Fairview Ave E. Seattle, WA 98102	206-324-4500	Child psychiatry, Meds, therapy	
Schorr, Nina, MD	2910 E. Madison, Seattle, WA 98112 Only accepting patients for psychotherapy with some medication	206-860-2654	Adult Anxiety, Depression, Psychotherapy, Psychopharmacology; only accepting patients for psychotherapy w/ some medication	
Scott , Robert, MA	The Peoples Clinic 2302 24 th Ave E, Seattle, WA 98112	206-709-2244	Psychotherapy, holistic ecopsychology, Jungian dream work, object relations/interpersonal therapy	
Shaw, Lisa, PhD	55 1 st Place NW. Issaquah, WA 98027	425-681-3760	Anxiety Disorders.OCD, Impulse	
Shaw-Welch, Stacy, PhD	1218 Third Ave., #500 Seattle, WA 98101 *not accepting new patients as May 2009	206-374-0109	Anxiety Disorders, DBT for children and adults.	Premera Only
Albert Sheldon, MD	2271 NE 51st St. Seattle, WA 98105	206-522-8553 ext 304		

Simonson, Mary, MD	2412 N 30th Suite 200 TACOMA, WA *not accepting new patients	253-759-0288	Depression, Anxiety disorders; psychotherapy and/or medication management	
Slater, Paula MD	2107 Elliot Ave, Seattle WA 98121	206-448-7004	Depression, Anxiety disorders; psychotherapy and/or medication management	
Solan, Janet Shimada, MD	1530 N 115 th St. Ste 307, Seattle, WA 98133	206-368-3458	Depression, Anxiety disorders; psychotherapy and/or medication management	
Stobbe, Gary, MD ASTAR Center	400 Boen Ave. N, Seattle, WA 98109 *call again for new address in August	206-332-1646	Autism Spectrum Treatment and Research Center: Autism evals for kids & adults.	
Sung, Jeff, MD	126 NW Canal St #310 Seattle, WA 98107	206-633-4844	Depression, Anxiety disorders; psychotherapy and/or medication management	
Sweeny, Marie, PhD	1607 116 th Ave NE, Seattle, WA 98004	425-761-6036	Substance abuse, anxiety, depression, trauma recovery	
Taylor, Fletcher, MD	5909 Orchard St. W, Tacoma, WA 98467 Not accepting new patients as of 4/25/08	253-475-6021	Depression, Anxiety disorders; psychotherapy and/or medication management	
Thilo, Robert, MD	7215 S.E. 32 St. Mercer Island, WA. 98040	206-462-5199	Chemical dependency, psychotherapy and general psychiatry	
Tranthan, Gary MD	Federal Way, WA	(253) 945-0210	Depression, Anxiety disorders; psychotherapy and/or medication management	
Turner, Kay, BA, CDP (program manager)	No current contact information is available.		Adult Counseling services in Tacoma	
Vath, Brian MD	Swedish Family Medicine 1401 Madison Suite 100, Seattle, WA 98104		Depression, Anxiety disorders; psychotherapy and/or medication management	

Weil, Gary, MD and Vandenbelt, Russel, MD Anderson, Gretchen, MD	11201 SE 8 th St., Suite 105, Bellevue, WA 98004 Weil & Vandenbelt Not accepting new patients as of 4/25/08		Therapy and med management. Vandenbelt-addictions	
Weiss, Barbara, MA, LMHC	Do not have her current contact information.		Adult Counseling, chemical dependency	
Wilson, Chris MD	Do not have the current contact information		Therapy & medication management	
Wise, Fred, PhD	1600 E Jefferson St Suite 602 Seattle, WA 98122	206-320-3888	Neuropsych	
Wolborsky, Barry , PhD	1239 120 th Ave. NE Suite. C. Bellevue, WA. 98005	425-462-2776	Cognitive-behavioral, hypnotherapy, chemical dependency, legal & court evaluations, forensic expertise, criminal & civil	
Wolf, Dan, MD	West Seattle *not accepting new patients as of May 2009	206-932-9292	Addictions	
Woyna, Susan, MD	4020 E. Madison St Ste 240 Seattle, WA 98112	206-650-2037	Depression, Anxiety disorders; psychotherapy and/or medication management	
Yuodelis-Flores ,Christine, MD	Harborview Medical center		Dual Diagnosis	
Zbaraschuk, Lisa, MD	126 NW Canal St. #310, Seattle, WA 98107	206-675-1161	Child/Adolescent eating disorders	

Crisis Resources http://suicidehotlines.com/washington.html		
King County's Children's Crisis Response Team		
Crisis Clinic of King County (teen line)	206-461-4922	Suicidal Crisis, Emotional Crisis, Family Crisis
Crisis Clinic of King County (adult line)	206-461-3222	Suicidal Crisis, Emotional Crisis, Family Crisis
Web based resources		
WebMD www.webmd.com (Enter any "condition" or illness and get an overview and links to other helpful websites)		
American Academy of Child and Adolescent Psychiatry	www.aacap.org	Specifically for info on children and adolescents with mental illnesses.
Boston University	www.bu.edu/sarpsych/jobschool	Info for handling mental illness at work and at school, also has info on Americans with Disabilities Act (ADA)
National Alliance for the Mentally Ill (NAMI)	http://nami-greaterseattle.org	NAMI's mission is to address the unmet needs of individuals with mental illness and their families through advocacy, public education, information and referral, and self-help support groups.
Statewide Health Insurance Benefits Advisors (SHIBA)	www.insurance.wa.gov/consumers/shiba	Insurance coverage information, answers questions including prescription drug coverage and plan comparisons
Insurance Commissioners' Office	www.insurance.wa.gov/consumers/health/healthinsurance.asp	Has information on individual health insurance plans, COBRA, etc.

