

Following Developmental Milestones through Well Child Check-ups

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Developmental Domains

AGE	GROSS MOTOR	FINE MOTOR	LANGUAGE
Two Months	<ol style="list-style-type: none"> 1. Head up in prone (1) 2. Chest up in prone (2) 		<ol style="list-style-type: none"> 1. Alerts to sound (1+) 2. Social smile (2) 3. Pre-cooing /short vowels (2)
Four Months	<ol style="list-style-type: none"> 1. Forearms in prone (3) 2. Roll prone ⇒ supine (4) 	<ol style="list-style-type: none"> 1. Unfisted (3) 2. Active grasp(3) 3. Hand to midline (4) 	<ol style="list-style-type: none"> 1. Cooing (3) 2. Orients to voice (3+) 3. Laughs aloud (4)
Six Months	<ol style="list-style-type: none"> 1. Roll to supine ⇒ prone (5) 2. Sit without support (6) 	<ol style="list-style-type: none"> 1. Unilateral reach (5) 2. Transfers (ring) (5+) 3. Grasps feet (5+) 4. Radial rake (6) 	<ol style="list-style-type: none"> 1. "ah-goo" (5) 2. Dry razzing (5) 3. Wet razzing (6) 4. Babbling (6+)
Nine Months	<ol style="list-style-type: none"> 1. Come to sit (7½) 2. Pull to stand (8) 3. Crawl hands/knees (9) 	<ol style="list-style-type: none"> 1. Retains 2 cubes (7) 2. 3 three finger grasp(9) 	<ol style="list-style-type: none"> 1. Syllables: ba, da, ka (7) 2. "Mama & b dada" [non specific] (8) 3. "peek a boo", etc. (9)
Twelve Months	<ol style="list-style-type: none"> 1. Cruise (10) 2. Walk 1 hand held (11) 3. Walk alone (12) 	<ol style="list-style-type: none"> 1. Immature pincer (10) 2. Mature pincer (11+) 3. Voluntary release(12) 	<ol style="list-style-type: none"> 1. "mama & dada" [appropriate] (10) 2. Understands "no" (10) 3. 1 –2 words besides "mama & dada" (12)
Fifteen Months	<ol style="list-style-type: none"> 1. Walk backwards (14) 2. Run (15) 	<ol style="list-style-type: none"> 1. Stacks 2 cubes (13) 2. Stacks 3 cubes (15+) 3. Holds spoon rotation at mouth (15) 	<ol style="list-style-type: none"> 1. 3 words (14) 2. immature jargoning (14) 3. Asks for object by pointing (15)
Eighteen Months	<ol style="list-style-type: none"> 1. Up & down stairs holding rail (18) 2. Throws ball without falling (18) 	<ol style="list-style-type: none"> 1. Holds spoon without rotation (18) 2. Spontaneous scribble (18) 3. Turns 2 –3 pages together (18) 	<ol style="list-style-type: none"> 1. Mature jargoning (18) 2. 7 – 10 words (18) 3. 5+ body parts (18)
Twenty-Four Months	<ol style="list-style-type: none"> 1. Up & down stairs alone "marking time" (24) 2. Kicks ball without over balancing (24) 	<ol style="list-style-type: none"> 1. Stacks 6 – 8 cubes (24) 2. Turns doorknob (24) 3. Turns pages simply (24) 4. Imitates 1 & 0 (24) 	<ol style="list-style-type: none"> 1. 2 word phrases (21) 2. 50 words (24) 3. 2-step command (24) 4. Inappropriate pronouns (24)