



Primary Health Care Gender-Based Violence Safety Planning Questions

	Leaving an abusive partner	Staying with an abusive partner
Safe place to go	If you need to leave where will you go	Do you have a safe place in the house to go to? Does the safe place in your house have exits
Planning for children	Would you go alone or bring your children with you?	Have you practiced getting out of your house with your children safely?
Transport/Escape	How will you get to your safe place?	Have you practiced getting out of your house safely?
Things to take with you	Do you need to take any documents, keys, money, clothes, or other things when you leave? What is essential? Can you put items together in a safe place or leave them with someone else, just in case?	Do you have a phone accessible at all times?
Financial	Do you have access to money if you need to leave? Where is it kept? Can you get to it in an emergency?	
Harm prevention		Are weapons locked away or otherwise inaccessible?
Support	Is there a neighbour you can tell about the violence who can call for help or call the police or come with assistance if they hear violence coming from your house?	Do you know whom to call for help? Do you have the support of trusted friends and neighbours? Have you come up with a signal for when you need help?