

CAGE Questionnaire

The CAGE questionnaire, the name of which is an acronym of its four questions, is a widely used method of screening for alcoholism.

Two "yes" responses indicate that the possibility of alcoholism should be investigated further.

The questionnaire asks the following questions:

Have you ever felt you needed to Cut down on your drinking?

Have people Annoyed you by criticizing your drinking?

Have you ever felt Guilty about drinking?

Have you ever felt you needed a drink first thing in the morning (Eye-opener) to steady your nerves or to get rid of a hangover?

Item responses on the CAGE are scored 0 or 1. A higher score is an indication of alcohol problems. A total score of 2 or greater is considered clinically significant.

Developed by Dr. John Ewing, founding Director of the Bowles Centre for Alcohol Studies, University of North Carolina at Chapel Hill.