

Spring 2015 Underserved Pathway Mentor Memo

UP Website: <http://depts.washington.edu/fammed/education/programs/upath>

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Spring is here!

Thank you for all the hard work you have done to mentor Underserved Pathway students and to prepare the graduating class of 2015.

You are all cordially invited to the UW School of Medicine All Pathways graduation.

WHEN: Thursday, May 21 from 12:00 pm – 1: 30 pm PDT

WHERE: UW Seattle, Health Sciences, Hogness Auditorium

RSVP: Email Jaime Fitch (upath@uw.edu)

As a reminder: the purpose of this memo is to help guide your quarterly discussions with your UP students. For another great place to find ideas for conversations with your students, **follow us on Twitter @UWSOM_UP!**

Thank you again for taking time to be a mentor for our Underserved Pathway students. Please let us know if you have any questions or concerns.



SPRING: Checking in With Your UP Mentee:

Mentoring First Year Medical Students (MS1)

Things to talk about with your UP students:

- Year end summary - how was their first year of medical school? Do they feel prepared for their second year?
- Current coursework – see below for a full list of possible courses.
- Concerns if they are a WWAMI student and coming to Seattle for year 2.
- Demands on time and intellect.
- What is your student doing this summer?
 - o Global Health Immersion Program (GHIP) or Rural Underserved Opportunities Program (RUOP)? Research?
- Schedule a time to see or talk to your mentee over the summer.
- [MS1 Spring Curriculum](http://ow.ly/zLb4s) (<http://ow.ly/zLb4s>)

Discuss what your student is participating in this summer. The [Rural Underserved Opportunities Program \(RUOP\)](#) and the [Global Health Immersion Program \(GHIP\)](#) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer. The UP requires an

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[Independent Investigative Inquiry \(III\)](#) project that addresses an issue affecting underserved populations. Typically these during these experiences students complete this III project. A III project completed during RUOP or GHIP automatically qualifies for UP credit. If your student is not completing the III as a part of RUOP or GHIP, then there may be a possibility for them to complete a project with you. Please have them email Jaime Fitch, if they are not completing their III with RUOP or GHIP.

Continue the discussion from winter quarter about preceptorships and clinical experiences. Remind students to explore community service or service learning opportunities. Students need to complete 24 hours of community service over 4 years of medical school as part of the Underserved Pathway. Students also need to complete 2 credits of non-clinical selectives. If there is time, you can help discuss possible courses. Please remind students to complete at least 2 UP online modules per year of medical school.

Mentoring Second Year Students (MS2)

Things to talk about with your UP student:

- Year-end summary discussion
- Concerns about transition to clinical years
- Demands on their time and intellect
- UW College small group sessions
- Classes (see below for a list of all spring courses)
- Opportunities to practice skills:
 - o Writing-up histories & physical exams
 - o Giving an oral case presentation
- [MS2 Spring Curriculum](http://ow.ly/z140y) (<http://ow.ly/z140y>)

At this time, second year students are wrapping up a very rigorous year of studies and transitioning into their clinical years. The curriculum continues to be hard and fast paced. In the small college groups, your student completes two H&Ps, presents the cases orally at the bedside, and listens to and discusses at least 8 other presentations by classmates. They will also write them up and submit them for comment.

They will enjoy continued discussion about how they are developing their clinical skill set, including the basics such as hearing murmurs and visualizing the optic disc and fundus. Students know their third year "track" or order of the required clerkships. They will no doubt benefit from discussing their interests and schedules with you.

It is also important to continue to discuss your student's progress in the Underserved Pathway. They should consider completing at least four of their eight required modules before their clerkships.

Have they participated in any community service or service learning? Did they complete their Individual Investigative Inquiry (III)? If not, what are their plans for meeting this requirement? If you or they have questions about any of these requirements, please have them contact Jaime Fitch (upath@uw.edu).

Mentoring Third Year Students (MS3)

Things to talk about with your UP student:

- Year-end summary discussion
- Concerns about how the transition to clinical years has gone
- Demands on their time and intellect
- Opportunities to practice skills:
 - o Writing-up histories & physical exams
 - o Giving an oral case presentation
- [MS3 Curriculum](http://ow.ly/z1512) (<http://ow.ly/z1512>)

At this time, most third year students have completed at least four clerkship experiences. As they see and learn more clinical medicine, questions may arise around the health disparities that they see on their rotations and the types of care practiced in community versus academic settings. They may be wondering

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about various ways to care for the underserved in their future careers. This can provide fruitful material for conversation. Please continue this conversation with your UP mentee.

Students should have their fourth year rotation schedules. This is a good time to start discussing residency plans.

If your student has not completed 12 credits of clerkship with an underserved focus they will need to choose elective clerkship experiences that meet this pathway requirement.

Mentoring Fourth Year Students (MS4)

Things to talk about with your UP student:

- Wrapping up medical school
- Moving on and staying in touch!

Your fourth year student has just recently learned where they matched for residency!

An email or phone call to your student to check in and see where they were matched is a great way to keep in touch with your student even after they have left UW!

UP Student Requirements to Earn a Certificate:

- Minimum of 8 online curriculum modules and associated activities
 - MODULE: *Who Are the Underserved?* is required for everyone.
- One meeting per quarter with Underserved Pathway/TRUST mentor (skype/phone, email, in-person).
- 2 credits of non-clinical selectives focusing on underserved populations or issues.
- R/UOP, GHIP, and/or preclinical preceptorship in underserved setting.
- Ill focused on issue affecting underserved population(s), Ill completed on R/UOP or GHIP automatically qualifies.
- 12 credits clinical courses in underserved setting or serving vulnerable population(s).
- Attendance at one UP event/gathering per quarter is encouraged.
- Average of 2 hours per quarter of community service/service learning (TOTAL = 24 hours).

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