# Six Building Blocks Design & Implement Activities Checklist

Below is a list of activities for the second stage of implementing the Six Building Blocks, *Design & Implement*. Consider this list a starting place of activities, which you can adjust depending on your current status and priorities.

#### Leadership & consensus

Protect time for improvement team to meet

Emphasize project importance with updates at weekly & monthly staff meetings

Provide resources needed to support tracking and monitoring of COT patients and measures of success

Identify specific patients with early successes and share stories with clinicians and teams

Transparently share measures of success with clinicians and staff

Obtain feedback from staff and clinicians and respond

#### Policies, patient agreements, & workflows

Revise policies to align with evidence-based guidelines (e.g., CDC, AMDG)

Revise patient agreement to support revised policy and educate patients about risks

Discuss, obtain formal approval for, & distribute new policies

Create and implement a workflow to get patient agreements signed

Develop workflows that support your policies and guide staff

#### Tracking & monitoring patient care

Make an MED calculator available on all computers

Sign up all clinicians for the prescription monitoring program

Produce a report of current patients on chronic opioid therapy

Identify data and measures needed for pre-visit planning and monitoring success

Plan and test approaches to tracking & monitoring key data needed for pre-visit planning & monitoring success

Implement and iterate best possible tracking & monitoring approaches

#### Planned, patient-centered visits

Develop/identify materials and a process to educate patients about chronic pain management and risks of COT

Offer training opportunities to staff and providers for empathic communication and patient involvement

Use every visit to educate patients about chronic pain management and opioid risks

Add an EHR pain visit template covering key elements of the pain visit as outlined in the revised policy

Train clinicians and staff to use the pain visit template

Implement workflows to identify COT patients, monitor their charts, and prepare for visits

Ensure clear referral pathways for non-pharmacologic treatment

#### Caring for complex patients

Select tools and how to use them for identifying complex patients, such as and those at high risk (e.g., PTSD)

Identify and implement monitoring and support approaches for complex patients

Designate ways to identify risk level for pre-visit planning

Ensure clear referral pathways for complex patient resources and a system for closing the loop on referrals

Implement and iterate workflows to risk-stratify patients

#### Measuring success

Create plans to achieve goals

Develop consensus on measures of success and define how they will be measured

Regularly review measures of success data at the clinician level