# Introductory Materials for Six Building Blocks Practice Facilitators

What follows are suggestions for introductory materials to explore when just beginning to learn how to coach practices through implementing opioid management improvements using the Six Building Blocks Program.

## Six Building Blocks introduction

Review the following materials to gain a general introduction to the **Six Building Blocks Program**.

* [Six Building Blocks descriptions](https://depts.washington.edu/fammed/improvingopioidcare/6-building-blocks/), including reviewing relevant self-assessment questions and resources
* Article on the [prescribing outcomes](https://depts.washington.edu/fammed/improvingopioidcare/wp-content/uploads/sites/12/2019/07/Final-Published-Team-Opioids_Ann_Fam_Med_2019.pdf) of the Six Building Blocks program
* Article on the [work life outcomes](https://www.jabfm.org/content/32/5/715) of the Six Building Blocks program
* [General Six Bix Building Blocks Presentation](https://depts.washington.edu/fammed/improvingopioidcare/wp-content/uploads/sites/12/2019/05/General-Six-BBs-Presentation_2019-05-15.pptx)
* [Six Building Blocks implementation process](https://depts.washington.edu/fammed/improvingopioidcare/implementation-guide/)

## Opioid management introduction

Explore some of the **opioid training** available.

*There is a lot out there to begin to familiarize you with opioid management. These three resources are good starting places. Take a look and dig into a few that seem interesting to you.*

* [Personal stories of harm from opioids](https://www.cdc.gov/rxawareness/stories/index.html)
* [CDC trainings and webinars](https://www.cdc.gov/drugoverdose/training/index.html)
* [UW TelePain recorded didactics](http://depts.washington.edu/anesth/care/pain/telepain/mini-site/recorded-didactic-presentations.shtml)