

# Autumn 2014 Underserved Pathway Mentor Memo

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## We are grateful for you all!

Each of you contributes so much for our students. Thank you! 40 of you, out of our total 155 physician mentors, are mentoring more than one student. Our students couldn't continue to thrive without the support of all 155 of you mentors.

Since its inception, 198 students have completed the Underserved Pathway.



## Higher Primary Care Match Rates:

The match rate to primary care specialties (Family Medicine, Pediatrics, or Primary Care Internal Medicine) was 54.5% for all students completing the Underserved Pathway, compared with 30.6% of the UWSOM graduating students from 2008-2014 who did not complete the UP.

## 2014-15 Underserved Pathway Annual Report

To view the entire 2014-15 Underserved Pathway Annual Report, please visit "Quick Links" on the right hand side of the UP website: <http://depts.washington.edu/fammed/education/programs/upath/>

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## AUTUMN: Checking in With Your UP Mentee:

### Mentoring First Year Medical Students (MS1), now known as Foundations Phase students

Your first year students just completed two or more exciting weeks of “Immersion.” They have talked about health equity, communication skills, learned how to take a history, do a physical exam, seen their first patients, and more. This is the launch of a new curriculum that is more experiential and where courses are not demarcated by specialty. Things to talk about with your UP student:

- How did Immersion go? What did they learn?
- What are they doing now in the curriculum?
- Classmates
- Demands on their time and intellect
- [MS1 Fall Curriculum \(http://ow.ly/ROqDf\)](http://ow.ly/ROqDf)

Please remind your student(s) to look into summer opportunities, most of which involve an option to complete their [Independent Investigative Inquiry \(III\)](#). The UP requires a III project that addresses an issue affecting underserved populations. The [Rural Underserved Opportunities Program \(RUOP\)](#) and the [Global Health Immersion Program \(GHIP\)](#) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer, and a III completed in one of these programs automatically qualifies for UP credit. Applications for both GHIP and RUOP applications are due in January 2015.

### Mentoring Second Year Students (MS2)

Things to talk about with your UP student:

- Demands on their time and intellect (2<sup>nd</sup> year curriculum is hard and fast paced)
- Preceptorships
- UW College small group sessions
- Adjustments to a larger class size (for students NOT from Seattle)
- Adjustments to Seattle (for students NOT from Seattle)
- Opportunities to practice skills:
  - o writing patient notes
  - o giving an oral case presentation
- [MS2 Fall Curriculum \(http://ow.ly/z140y\)](http://ow.ly/z140y)

This year 18 second year students are completing their second year of medical school at Washington State University, Spokane. All remaining second year students are now in Seattle and the class is adjusting to a larger group of students.

Students will be meeting this Fall to plan their 3<sup>rd</sup> year clinical schedules. As Underserved Pathway students, they are required to complete 12 clinical credits in an underserved setting. For the [Clinical Curriculum Catalog](http://www.uwmedicine.org/education/md-program/current-students/curriculum/clinical-curriculum/pages/clinicalcurriculumcatalog.aspx) please refer to this website: <http://www.uwmedicine.org/education/md-program/current-students/curriculum/clinical-curriculum/pages/clinicalcurriculumcatalog.aspx> Students are also able to take part in the [WWAMI State TRACK Program](#) and [WWAMI Rural Integrated Training Experience \(WRITE\)](#).

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It is important at this time to discuss your student's progress in the pathway. What online Underserved Pathway modules have they completed? Have they taken any selective courses with an underserved emphasis? Have they explored options for community service? All Underserved Pathway students must complete an Individual Investigative Inquiry (III) with an underserved population. Your student may have met this requirement through a RUOP or GHIP summer experience. Please confirm with your students that they did complete it or that they have a plan for completing this requirement.

## Mentoring Third Year Students (MS3)

Things to talk about with your UP student:

- Year-end summary discussion
- Concerns about transition to clinical years
- Demands on their time and intellect
- UW College small group sessions
- Opportunities to practice skills:
  - o Writing-up histories & physical exams
  - o Giving an oral case presentation
- [MS3 Curriculum \(http://ow.ly/z1512\)](http://ow.ly/z1512)

For those of you paired with third year students, this is a great time to check in with your student and find out about their initial clinical experiences. Your student will have completed at least one clinical rotation by now. A number of personal hopes and fears about their clinical competence and their ability to work with patients may be surfacing. Your guidance can be very helpful as they think about their role in caring for patients and their future career paths.

This is also a good time to start talking with them about elective clerkships in their fourth year. These electives will help students to further identify and focus their career plans. Clerkships with an emphasis on underserved communities are available and students need to complete 12 credits of clinical coursework at an underserved location to meet Underserved Pathway requirements.

## Mentoring Fourth Year Students (MS4)

Things to talk about with your UP student:

- Residency interviews
- Wrapping up medical school
- Moving on and staying in touch!
- [MS4 Curriculum \(http://ow.ly/z16yQ\)](http://ow.ly/z16yQ)

At this point, fourth years are submitting their residency applications. They will have a list of residency programs where they are applying. Mentoring your student through this exciting time can be a rewarding experience for both of you. Offer to help your students with their preparation for the interview process – perform a mock interview or work with your student to come up with a list of questions for potential residencies. Help them look at their list with an eye to which programs support training for care of the underserved. Your student should have taken or will soon be taking both the clinical skills and the written step 2 board examinations. Talking with your student about

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preparing for these exams and about their experiences with these exams is a great way to connect further with your student.

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## Reminder of All UP Student Requirements to Earn a Certificate:

- Minimum of 8 online curriculum modules and associated activities (10 for E15)
    - MODULE: *Who Are the Underserved?* is required for everyone
  - One meeting per quarter with Underserved Pathway/TRUST mentor (Skype/phone, email, in-person)
  - 2 credits of non-clinical selectives focusing on underserved populations or issues
  - R/UOP, GHIP, and/or preclinical preceptorship in underserved setting
  - III focused on issue affecting underserved population(s). III completed on R/UOP or GHIP automatically qualify
  - 12 credits clinical courses in underserved setting or serving vulnerable population(s)
  - Attendance of one UP event/gathering per quarter is encouraged
  - Average of 2 hours per quarter of community service/service learning (4 year TOTAL = 24 hours)
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## The Underserved Pathway Team (Contact list):

Sharon Dobie, MD, MCP  
Underserved Pathway Director  
[dob@uw.edu](mailto:dob@uw.edu)

Davie Evans, MD  
Underserved Pathway Faculty Advisor  
[evansd9@uw.edu](mailto:evansd9@uw.edu)

Jaime L. Fitch  
Underserved Pathway Program Coordinator  
[upath@uw.edu](mailto:upath@uw.edu)

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### Medical Student Education (MSE) Section

Department of Family Medicine  
University of Washington

**Phone:** 206.543.9425  
**Fax:** 206.543.3821

**Physical Address:** 1959 NE Pacific St, E-304  
Seattle, WA 98195-6390

**Mailing Address:** UW Box 356390  
Seattle, WA 98195-6390