

Summer & Autumn 2016 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

Table of Contents

<u>WE ARE GRATEFUL FOR YOU ALL!</u>	1
NOW IS A GREAT TIME TO:	1
<u>NEW CURRICULUM</u>	2
<u>SUMMER & AUTUMN: CHECKING IN WITH YOUR UP MENTEE:</u>	2
MENTORING TERM ONE MEDICAL STUDENTS WHO ARE NOW BEGINNING THE FOUNDATIONS PHASE AT THE UWSOM	2
MENTORING TERM THREE MEDICAL STUDENTS WHO ARE IN THE MIDDLE OF THE FOUNDATIONS PHASE AT THE UWSOM (THESE STUDENTS COMPLETE THE FOUNDATIONS PHASE IN MARCH 2017)	3
MENTORING THIRD YEAR STUDENTS (MS3)	4
MENTORING FOURTH YEAR STUDENTS (MS4)	4
<u>REMINDER OF ALL UP STUDENT REQUIREMENTS TO EARN A CERTIFICATE:</u>	5
<u>THE UNDERSERVED PATHWAY TEAM (CONTACT LIST):</u>	5

We are grateful for you all!

The purpose of this memo is to help guide your quarterly discussions with your mentees. Another great place to find ideas for conversations with our students is to follow us on Twitter @UWSOM_UP!

Thank you! Each of you contributes so much for our students. Thank you!

Now is a great time to:

Meet with your UP student (it is required at least once per quarter). Please let us know if your student is not reaching out to you on a quarterly basis to schedule these meetings. We are happy to send them a reminder! Do **schedule a time to see or talk to your mentee in the fall.**

Reach out to us if you would like to be matched to another UP student or know of any new providers who you think would be a great mentor!



Summer & Autumn 2016 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

New Curriculum

The students entering medical school this month (E16) are the second cohort of students to be trained with this 3 phase curriculum structure: 1. Foundations Phase, 2. Patient Care Phase, and 3. Career Exploration and Focus. The curriculum renewal process has taken the focused attention of many UW faculty and staff; you can learn more about this process at the curriculum renewal website:

- <http://www.uwmedicine.org/education/md-program/curriculum-renewal>
- http://engage.washington.edu/site/MessageViewer?em_id=184042.0

Those of you who are TRUST preceptors will have had your first meeting with your Underserved Pathway / TRUST student this summer; topics you likely covered include:

- Introductions, expectations for role as a mentor, site orientation, contact information for you and your student, etc.
- How do you both envision this mentor/mentee relationship growing or developing over time?
- Does s/he feel prepared for the first year of medical school? What are they nervous about? How can you help?
- Discussion about the Goals and Objectives for the TRUST First Summer Experience. Does your student feel s/he can complete all the assignments?
- Discussion of the new curriculum. A detailed outline of the Foundations Phase, which gives specifics of what the student will be learning during the Foundations Phase from August 2016 to March 23 2018, is included on the curriculum renewal website:
 - o <http://www.uwmedicine.org/education/Documents/CurriculumRenwalSchematic.pdf>.

SUMMER & AUTUMN: Checking in with Your UP Mentee:

Mentoring Term One Medical Students: These are students who are now beginning the Foundations Phase at the UWSOM

Your first year students are about to embark on two exciting weeks of “Immersion.” They will talk about health equity, communication skills, learn how to take a history, do a physical exam, see their first patients, and more. From there and until the December holiday, they complete a block call The Molecular and Cellular Basis of Disease and one called Invaders and Defenders. This new curriculum is more experiential and courses are not demarcated by specialty. Things to talk about with your UP student:

- Set-up mentoring goals and expectations: is may be useful for both you and your mentee to read the UP Mentoring Guide (This mentoring guide provides a check-list for initial meetings and suggested mentor and mentee roles):
 - o <http://depts.washington.edu/fammed/wp-content/uploads/2016/05/UP-Mentoring-Guide-FINAL.pdf>
- What are students looking forward to as they enter medical school? What expectations do they have? Personal goals? Interests?
- How can you as a mentor help them nurture their interests over time?
- What types of patient populations does your mentee hope to serve? What are the demographics of the community you serve?

Summer & Autumn 2016 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

- Is there an opportunity to work together at some point in time over the next year? What needs to be done to plan this?
- Schedule the next quarterly meeting to see or talk to your mentee

Please remind your student(s) to look into summer opportunities, most of which involve an option to complete their Independent Investigative Inquiry (III). The UP requires a III project that addresses an issue affecting underserved populations. The Rural Underserved Opportunities Program (RUOP) and the Global Health Immersion Program (GHIP) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer, and a III completed in one of these programs automatically qualifies for UP credit. Applications for both GHIP and RUOP applications are due in **January 2017**.

- **III** - <http://www.uwmedicine.org/education/md-program/current-students/curriculum/independent-investigative-inquiry>
- **RUOP** - <http://www.uwmedicine.org/education/md-program/current-students/curriculum/independent-investigative-inquiry/ruop>
- **GHIP** - <http://www.uwmedicine.org/education/md-program/current-students/curriculum/independent-investigative-inquiry/ihop>

Mentoring Term Three Medical Students: These are “second year” students who are in the middle of the Foundations Phase at the UWSOM (these students will complete the Foundations Phase in March 2017). This fall their blocks are Mind, Brain, and Behavior and Life Cycles.

Things to talk about with your UP student:

- Updates on coursework/programs your student did and how did it go?
- What program did they do (GHIP, RUOP, Research)? What did they learn?
- How they doing in the curriculum?
- Classmates
- For Wyoming students, how is resettling in Seattle? Questions? Concerns?
- Demands on their time and intellect
- How is their experience in their Primary Care Practicum going?
- UW College small group sessions
- Opportunities to practice skills:
 - o writing patient notes
 - o giving an oral case presentation
- As they prepare for their clinical years, do they have any concerns regarding preceptorship or for you in particular?
- Schedule the next quarterly meeting to see or talk to your mentee

Students will be meeting this Fall to plan their Patient Care Phase clinical schedules. As Underserved Pathway students, they are required to complete 12 clinical credits in an underserved setting. Students are also able to take part in the WWAMI State TRACK Program and WWAMI Rural Integrated Training Experience (WRITE).

- Current Clinical Curriculum: <http://www.uwmedicine.org/education/md-program/current-students/curriculum/clinical-curriculum>
- WRITE: <http://www.uwmedicine.org/education/md-program/current-students/curriculum/clinical-curriculum/write>
- WWAMI State Track Program: <http://www.uwmedicine.org/education/md-program/current-students/curriculum/clinical-curriculum/wwami-state-track>

Summer & Autumn 2016 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

It is important at this time to discuss your student's progress in the pathway. What online Underserved Pathway modules have they completed? Have they taken any selective courses with an underserved emphasis? (This fall might be the last time they have to satisfy that requirement). Have they explored options for and participated in community service? All Underserved Pathway students must complete an Individual Investigative Inquiry (III) with an underserved population. Your student may have met this requirement through a RUOP or GHIP summer experience. Please confirm with your students that they did complete it or what their plan is for completing this requirement. If you and your mentee have questions about the status of requirement completion (especially the III and the non-clinical selectives), please have them call or write to UP staff and faculty.

Mentoring Third Year Students (MS3)

MS3 students have just started their clinical rotations—MS3 Curriculum (<http://ow.ly/z1512>)

Things to talk about with your UP student:

- What rotations have they done so far? How is it going?
- Year-end summary discussion, how did year 2 go?
- Concerns about the transition to clinical years
- Demands on their time and intellect
- Opportunities to practice skills:
 - o Writing-up histories & physical exams
 - o Giving an oral case presentation

For those of you paired with third year students, this is a great time to check in with your student and find out about their initial clinical experiences. Many students will have completed at least one clinical rotation by now. A number of personal hopes and fears about their clinical competence and their ability to work with patients may be surfacing. Your guidance can be very helpful as they think about their role in caring for patients and their future career paths.

This is also a good time to start talking with them about elective clerkships in their fourth year. These electives will help students to further identify and focus their career plans. Clerkships with an emphasis on underserved communities are available and students need to complete 12 credits of clinical coursework (required or elective) at an underserved location to meet Underserved Pathway requirements. If your mentee does not have required clerkships scheduled at sites caring for the underserved, please have them get in touch with UP staff and faculty now so that we can plan with them to meet this requirement.

Mentoring Fourth Year Students (MS4)

MS4 students are in the process of applying to residencies, completing more required clerkships and arranging Sub-Internships and electives—MS4 Curriculum (<http://ow.ly/z16yQ>)

Things to talk about with your UP student:

- This is a great time to talk to them about residency interviews!
- Wrapping up medical school
- Moving on and staying in touch!

Summer & Autumn 2016 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

At this point, fourth years are submitting their residency applications. They will have a list of residency programs where they are applying. Mentoring your student through this exciting time can be a rewarding experience for both of you. Offer to help your students with their preparation for the interview process – perform a mock interview or work with your student to come up with a list of questions for potential residencies. Help them look at their list with an eye to which programs support training for care of the underserved. Your student should have taken or will soon be taking both the clinical skills and the written step 2 board examinations. Talking with your student about preparing for these exams and about their experiences with these exams is a great way to connect further with your student.

Reminder of All UP Student Requirements to Earn a Certificate:

- Curriculum: Modules — *Who Are the Underserved?* is **required** for everyone
 - o Minimum of **10** online curriculum modules or associated activities for (E15 and after)
 - o Minimum of **8** online curriculum modules or associated activities for (E14 and before)
 - Longitudinal mentorship with Underserved Pathway or TRUST mentor:
 - o 1 meeting per quarter or a minimum of 4 meetings per year
 - o Meetings can occur via in-person, phone, web-based video conferencing, or email
 - Scholarly project:
 - o III focused on an issue affecting underserved population(s).
 - o III completed on RUOP or GHIP automatically qualify.
 - Pre-clinical community experience:
 - o RUOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
 - Non-clinical coursework: selectives and/or intersessions:
 - o 2 credits focusing on underserved populations or issues
 - Clinical courses – Clerkships, Patient Care Phase, Career Explorations Phase:
 - o 12 credits (or SIX weeks) of clinical courses in underserved setting or serving vulnerable population(s)
 - Service learning, advocacy, community service or engagement:
 - o 24 hours completed in an underserved setting
-

The Underserved Pathway Team (Contact list):

Sharon Dobie, MD, MCP
Underserved Pathway Director
dob@uw.edu

Sali Pratt
Underserved Pathway,
Temporary Program Coordinator
upath@uw.edu

Davie Evans, MD
Underserved Pathway Faculty Advisor
evansd9@uw.edu

Medical Student Education (MSE) Section

Department of Family Medicine
University of Washington

Physical Address: 1959 NE Pacific St, E-304
Seattle, WA 98195-6390

Phone: 206.616.7889
Fax: 206.543.3821

Mailing Address: UW Box 356390
Seattle, WA 98195-6390