

# Summer & Autumn 2016 Underserved Pathway Student Memo

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UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

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## Welcome, everyone!

Fall quarter is about to begin, we hope you had an excellent summer! Welcome to those of you who joined the Underserved Pathway over the summer. This summer, over thirty TRUST Scholars joined the Underserved Pathway! We are thrilled you are choosing to further explore a career in underserved medicine! We hope your TRUST First Summer Experience has gone well. We look forward to working with all of you!

Reminders to ALL medical students for fall quarter:

- Set-up your quarterly meeting with your UP mentor (at least once per quarter). Please let us know if this requirement is not working out for you for any reason. For TRUST scholars, your UP mentor is your TRUST site preceptor.
- IF you do not yet have a mentor, then NOW is the time to find one. Maybe ask your RUOP preceptor? Or another person in your life who cares for the underserved. Email [upath@uw.edu](mailto:upath@uw.edu) with the name and contact information for your mentor if you have not already and contact us if you need help identifying a mentor. All E15 UP students MUST have a mentor by this Winter break (current term 3 students).
- Complete a module or two during holiday breaks or free time!
- Update your online UP Tracker: <https://courses.washington.edu/upathway/tracker/pathwaytracker.php> to record experiences that fulfill UP requirements.
  - Including: Non-clinical selectives, RUOP, GHIP, III, service/community engagement hours, module completion, and other UP activities



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## UP Module Update and Reminder:

*Our NEWEST MODULES – Check them out!*

- Rural Health Module – Part 1: Living and Working in Rural Communities
- Rural Health Module – Part 2: Service Structure and Access to Care in Rural Communities

The Underserved Pathway's curriculum is available online. As a reminder, **E15 and E16 students must complete 10 of these modules** to receive a certificate with the Underserved Pathway. Students who entered before E15 must complete 8. If you haven't started, then we recommend – *Who Are the Underserved?* (This is the **only** required module). We will have an in-person module in the fall, so watch for the e-mail.

**Here is the link to all 23 Underserved Pathway Modules:**

<https://depts.washington.edu/fammed/online/course/view.php?id=124>

## Medical Student Wellness

We hope this summer you all have had time to catch up on some needed rest and relaxation -- whether it is before or after your RUOP or GHIP, between clinical rotations, after your boards, or post Senior OSCEs. Wherever you are, we hope you will take some time to get some relaxing time! Here are links to some useful wellness resources:

- <http://www.uwmedicine.org/education/md-program/current-students/student-affairs/wellness-council>
- [www.facebook.com/uwsomwellness/](http://www.facebook.com/uwsomwellness/)

## Reminder for all current UP enrollees:

### Term One: Foundations Phase students

Welcome TRUST Scholars and congratulations to those who are transitioning into the UW SOM. Be sure to take a look at our exciting new curriculum on the UP website and/or contact us if you have questions about what courses/activities can count toward UP completion, or questions about the Underserved Pathway, especially as they relate to TRUST. Please email your questions to Sali Pratt at [upath@uw.edu](mailto:upath@uw.edu).

If you are NOT a TRUST scholar then over the course of the year, keep in mind physicians you might like to work with as your UP mentor. These may be one or more people who work with underserved populations, and can be college mentors, preceptors, or other instructors. Please let us know if you have identified someone or if you have any questions.

Keep an eye out for our Pathways Intersession in March 2017! We have an exciting Intersession planned for you! All of the UWSOM Pathways will be hosting (on every campus) this unique Intersession on community engagement. We look forward to meeting with you this Spring!

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## Term Three: Foundations Phase students

Congratulations on completing your first year of medical school! By now, you have completed your summer experiences; however, there are some important UP requirements you will need to complete BEFORE you start your Patient Care Phase:

1. You must choose a **UP mentor**, see below.
  - Information is also available on our Mentorship page:  
<https://depts.washington.edu/fammed/education/programs/upath/student-requirements/mentorship/>
  - We will be working with many of you. We need you to be matched to your new mentor BEFORE WINTER BREAK!
2. 2 credits of non-clinical selectives completed
3. If you did not complete a preclinical preceptorship or your Primary Care Practicum is not in an underserved setting, then you will need to complete one this year. Note: RUOP and GHIP automatically fulfill this requirement.
  - <https://depts.washington.edu/fammed/education/programs/upath/student-requirements/courses/pre-clinical/>
4. If you completed a iii-3 as a part of RUOP or GHIP then this automatically fulfills the UP III requirement. If not, please email [upath@uw.edu](mailto:upath@uw.edu) (Sali Pratt) soon to learn ways to fulfill this requirement! If you are exempt from the III requirement, please contact us to discuss whether your prior work will count towards the UP requirement, and if not, how to complete it.
  - <https://depts.washington.edu/fammed/education/programs/upath/student-requirements/independent-investigative-inquiry-iii/>

**All pathway students must have a mentor by the end of fall quarter in their second year of medical school.** If you still are looking for a mentor, consider the following options:

- Your RUOP preceptor
- Your college mentor (if they have a practice that includes a significant number of underserved patients)
- A preceptor you connected with during your underserved preceptorship.
- Your PCP preceptor (if they have a practice that includes a significant number of underserved patients)

Although it is your responsibility to find a mentor, our office will be more than happy to help out if you are having difficulties finding one. Just send a note to [upath@uw.edu](mailto:upath@uw.edu) describing some of your current interests.

***Last but not least!*** This is a great time to complete some or all of your required community service or service learning activities.

<http://www.uwmedicine.org/education/md-program/current-students/student-affairs/service-learning>

If you haven't completed much service yet, then we hope you will be able to get back on track this year. Don't forget to also take some time to complete a module or two!

**Add any experiences completed this year to your UP Tracker:**

<http://www.courses.washington.edu/upathway/tracker/pathwaytracker.php>

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## Third Years

We hope you had a great summer and were able to take a small break between your board exams and the start of your clinical rotations. Try and complete few modules between rotations this year in order to keep current with UP requirements. Every June/July we review all rising 4<sup>th</sup> year students' completed requirements, and require a minimum standard towards completion for your "Dean's letter" (MSPE) to include likely UP completion. If you want the UP mentioned in your MSPE, the deadline for you to complete (and record in your UP assignment tracker) the following six requirements (listed below) is **July 31<sup>st</sup> 2017. Start now! July comes faster than you think!**

This information below is also listed on the Underserved Pathway Policies Webpage:

UP Policies: <https://depts.washington.edu/fammed/education/programs/upath/policies/>

1. 2 credits of non-clinical selectives completed
2. 12 credits of clinical rotations-completed or scheduled for the year
3. III or underserved equivalent completed and approved
4. 12 of the required 24 hours of Service Learning
5. At least 4 of the required 8 Modules completed
6. Mentorship: Document quarterly contact with one or more physicians

\*For expanded students or those working on their PhD, please contact the UP Coordinator ([upath@uw.edu](mailto:upath@uw.edu)).

## Fourth Years

By now you are working on your residency applications, and have hopefully committed to earning your Underserved Pathway Certificate of Completion.

Keep your UP assignment tracker up-to-date to reflect that all completed Underserved Pathway requirements are fulfilled by the next deadline! For students to receive acknowledgement at graduation, graduating Underserved Pathway students must meet ALL requirements of the Underserved Pathway (listed below) by **April 1, 2016**. If a student does not complete all requirements by April 1, his/her certificate will not be noted in the graduation program. S/he will then have until **May 1, 2016** to complete all of the UP requirements in order to earn a certificate which will be presented at our UWSOM ALL Pathways Graduation.

We will send out the date for the UWSOM All Pathways Graduation Celebration as soon as we have it. However, this special event is typically during lunch near the end of capstone week. We look forward to celebrating your participation in the Underserved Pathway and if you are in any of the other UWSOM Pathways!

## UP Tracker

The Underserved Pathway has a database for UP students to enter completed requirements, called the UP Tracker. Make sure all your completed assignments are added to your UP Tracker!

**Here is the link:**

<https://courses.washington.edu/upathway/tracker/pathwaytracker.php>

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## Reminder of All UP Requirements to Earn a Certificate:

- Curriculum: Modules — *Who Are the Underserved?* is **required** for everyone
    - o Minimum of **10** online curriculum modules or associated activities for (E15 and after)
    - o Minimum of **8** online curriculum modules or associated activities for (E14 and before)
  - Longitudinal mentorship with Underserved Pathway or TRUST mentor:
    - o 1 meeting per quarter or a minimum of 4 meetings per year
    - o Meetings can occur via in-person, phone, web-based video conferencing, or email
  - Scholarly project:
    - o III focused on an issue affecting underserved population(s).
    - o III completed on RUOP or GHIP automatically qualify.
  - Pre-clinical community experience:
    - o RUOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
  - Non-clinical coursework: selectives and/or intersessions:
    - o 2 credits focusing on underserved populations or issues
  - Clinical courses – Clerkships, Patient Care Phase, Career Explorations Phase:
    - o 12 credits (or SIX weeks) of clinical courses in underserved setting or serving vulnerable population(s)
  - Service learning, advocacy, community service or engagement:
    - o 24 hours completed in an underserved setting
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## The Underserved Pathway Team (Contact list):

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