### The Underserved Pathway

The Underserved Pathway helps prepare future physicians to care for vulnerable and underserved populations. The Pathway engages students in three educational avenues: mentoring, developing a foundation of knowledge, and a variety of real-world experiences. Students can customize their pathway to meet their own educational goals and interests.

#### Pathway Benefits:

- Preclinical, clinical, and service learning experiences with underserved and vulnerable populations.
- Guidance and support from an Underserved Pathway mentor.
- Unique web-based curriculum, not typically covered in medical school, to build a knowledge base about issues that affect underserved and vulnerable populations.
- Dedicated Underserved Pathway advisors, including faculty physicians and a program coordinator.
- Opportunities to collaborate with other students interested in careers working with underserved populations.
- Certificate of Completion upon successful completion of Pathway requirements, given at graduation.
- Acknowledgment in Hooding Ceremony program.
- Recognition in Medical Student Performance Evaluation (MSPE/Dean's Letter).



Students from the "Students in the Community" project advocate for better health care for the underserved.

Quick Links:

Student Web Modules

UP Tracker

UP Introduction and Requirements Webinar

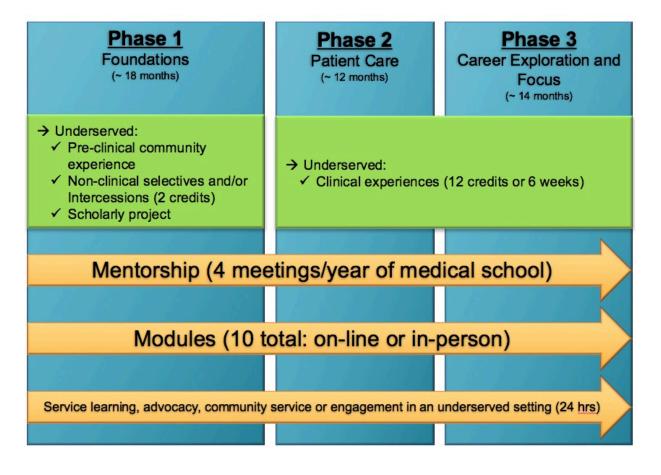
Student FAQ

Prospective students, apply now!

The UP Mentoring Guide

## UP Website: http://depts.washington.edu/fammed/education/programs/upath/

# **Underserved Pathway Requirements**



#### The Underserved Pathway (UP) – Requirements for Pathway Certification

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Longitudinal Mentorship	
UP Students must complete a minimum of four meetings with their Underserved Pathway mentor per year (once	
per calendar quarter) for the duration of their enrollment in the pathway. Meetings can be in-person, by	
phone/Skype, or by email. Mentorships are tracked, via an on-line assignment tracker completed by the student.	
Non-Clinical Selectives and/or Intersessions (Two Credits)	
	P-approved University of Washington School of Medicine
(UWSoM) non-clinical selectives:	
	ammed/education/programs/upath/requirements/courses/pre-clinical
Examples of selectives:	
Spanish for Health Professionals	
<ul> <li>Introduction to Global Health</li> </ul>	
Rural Health Care Delivery	
<ul> <li>Russian for Healthcare Providers</li> <li>Geriatrics from a Cultural and Interdisciplinary Perspective</li> </ul>	
<ul> <li>Geriatrics from a Cultural and Interdisciplinary Perspectiv</li> <li>Health Disparities Seminar</li> </ul>	e
Topics in Health and Human Services in Rural Communities	
Indian Health Problem-Based Learning Cases	
AIDS: A Multidisciplinary Approach	
Pre-clinical Community Experience	
UP students must complete one of the following:	
Rural Underserved Opportunities Program (RUOP)	Primary Care Practicum (PCP) in an underserved setting
Global Health Immersion Program (GHIP)	Clinical clerkship in an underserved setting (minimum 4 weeks)
Scholarly Project - Focus on Underserved (Many students complete Independent Investigative Inquiry (III))	
	completed as a III project. III projects completed within the
	credit. III projects completed in other ways, as an MSRTP
project for example can be given credit if the topic is related to underserved issues and approved by UP advisors.	
If a student's III requirement was waived upon entering medical school, there are a couple options:	
• If the project for which the III was waived focused on underserved issues, UP advisors will review and, if appropriate, give credit.	
• If the reason the III was waived did not include a project focused on underserved issues, the student can work with UP advisors to	
develop and complete an alternative project.	
Patient Care Phase or Career Explorations - Clinical Courses (12 Credits, or 6 weeks)	
UP Students must complete 12 credits (minimum of 6 weeks) of clinical courses (required or elective clerkships,	
sub-internships, advanced preceptorships) in an underserved setting.	
Online Module Curriculum	
UP Students must complete TEN modules focusin	g on issues affecting the underserved:
Who Are the Unders	erved? is the only required module
Who Are the Underserved?	Advocacy
Medicare 101	Team Module
Medicaid 101	Community Health     Definition of A Climate Others
<ul> <li>Race, Ethnicity, and Healthcare</li> <li>Patients with HIV/AIDS</li> </ul>	<ul> <li>Reflections: Chimamanda Adichie: <i>The Danger of A Single Story</i></li> <li>Behavior Change and Motivational Interviewing in Underserved</li> </ul>
<ul> <li>Introduction to Substance Abuse</li> </ul>	Populations
Introduction to Homelessness	Oral Health
Chronic Poverty and Low Income	Ethics of Medical Volunteerism
Intimate Partner Violence	Refugee and Immigrant Health
<ul> <li>Exploring Disability – Beyond the Medical Module</li> </ul>	Incarcerated Healthcare
Public Health Epidemiology	Rural Health Module – Part 1: Living and working in rural communities
Health Literacy     Service Learning Advances Community Service	Rural Health Module – Part 2: Service structure and access to care
Service Learning, Advocacy, Community Service or Engagement in an underserved setting Involvement with a group or project that serves underserved community members. UP students must complete a	
total of 24 hours during medical school (average of 8 hours per phase). Some examples include, but are not limited to:	
<ul> <li>Community Health Advancement Program (CHAP, Seattle, WA), House of Charity (Spokane, WA), Move Your Numbers (Spokane, WA)</li> </ul>	
Downtown Clinic (Laramie, WY), Health Equity Circle (Seattle and Spokane, WA), Student Health Initiative for Access (SHIFA, Seattle,	
WA), Friendship Clinic (Boise, ID), Brother Francis Shelter (Anchorage, AK), and Browning Blackfeet Reservation Community Outreach	
and Science Education Project (Browning, MT). Non-UW opportunities are fine; check with a UP advisor if you have questions about whether your community experience can qualify for credit.	
whether your community experience can quality for credit	