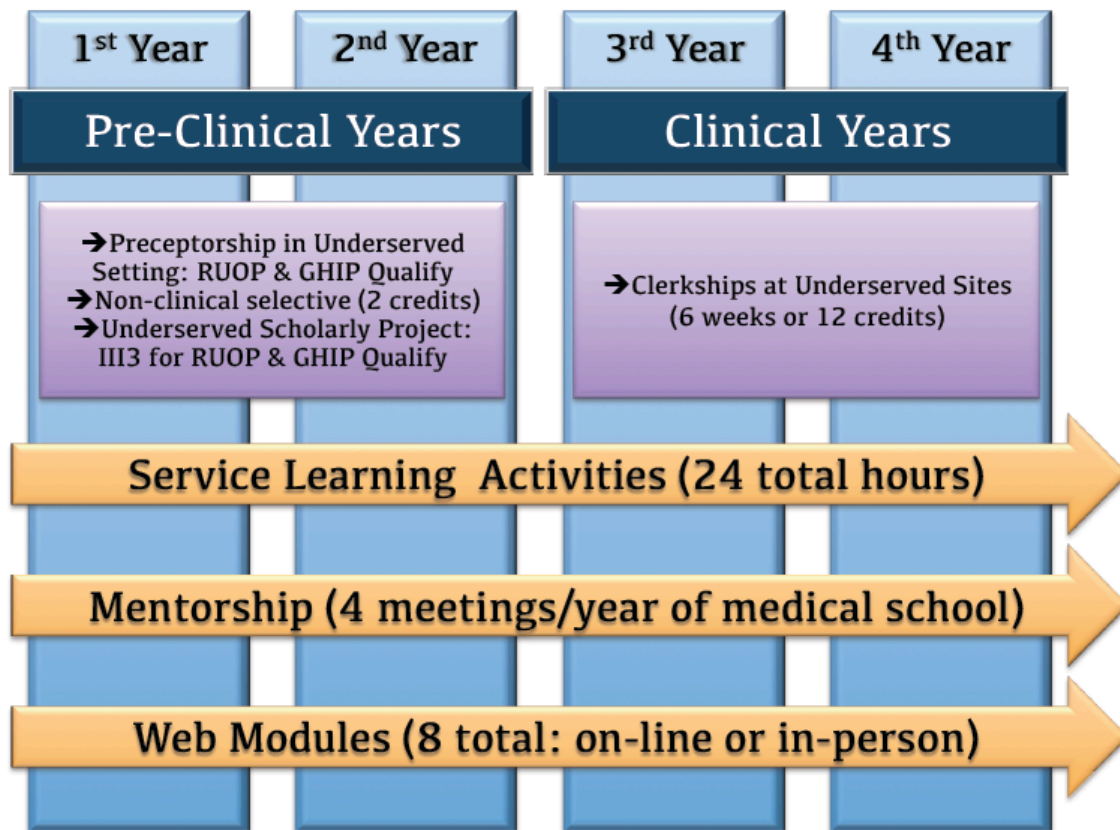


Underserved Pathway Requirements



UP Website: <http://depts.washington.edu/fammed/education/programs/upath/>

Screenshot of UP Homepage

Underserved Pathway

NEW UP Info & Requirements for E15 Students [here](#).

UP Info & Requirements for E14 (and before) Students [here](#).

NEW UP Mentor Guide [here](#).

NEW UP Mentor Memo: Fall 2015 [here](#).

NEW UP Student Memo: Fall 2015 [here](#).

The public may view Underserved Pathway modules [here](#).

The Underserved Pathway helps prepare future physicians to care for vulnerable and underserved populations. The Pathway engages students in three educational avenues: mentoring, developing a foundation of knowledge, and a variety of real-world experiences. Vulnerable describes people that are at risk for poor health outcomes due to difficulty accessing the necessary resources for optimal health while underserved refers specifically to the difficulty that people face accessing quality health care. Students can customize their pathway to meet their own educational goals and interests – some may focus on a specific population or community while other may explore broader issues surrounding the underserved such as advocacy or policy. The Underserved Pathway works closely with the other School of Medicine Pathways: The Indian Health Pathway, the Global Health Pathway, and the Hispanic Health Pathway.

Pathway Benefits

- Preclinical, clinical, and service learning experiences with underserved and vulnerable populations.
- Guidance and support from an Underserved Pathway mentor.
- Unique web-based curriculum to build a knowledge base about



Students from the "Students in the Community" project advocate for better health care for the underserved.

Quick Links:

[Student Web Modules](#)

[UP Tracker](#)

[UP Introduction and Requirements Webinar](#)

[Student FAQ](#)

[Prospective students, apply now!](#)

[Mentor FAQ](#)

[Prospective mentors, apply now!](#)

NEW [UP 2015 Annual Report](#)

The Underserved Pathway (UP) – Requirements for Pathway Certification

UP Faculty: Sharon Dobie, MD, MCP; David Evans, MD

UP Program Coordinator: Jaime Fitch – upath@uw.edu (206) 616-7889

Longitudinal Mentorship

UP Students must complete a minimum of **four meetings** with their Underserved Pathway mentor per year (once per calendar quarter) for the duration of their enrollment in the pathway. Meetings can be in-person, by phone/Skype, or by email. Mentorships are tracked, via an on-line assignment tracker completed by the student.

Non-Clinical Selectives (Two Credits)

The following are ONLY **some examples** of our UP-approved University of Washington School of Medicine (UWSOM) non-clinical selectives:

→ See UP website for more! >> <http://depts.washington.edu/fammed/education/programs/upath/requirements/courses/pre-clinical>

Examples of selectives:

- Spanish for Health Professionals
- Introduction to Global Health
- Rural Health Care Delivery
- Russian for Healthcare Providers
- Geriatrics from a Cultural and Interdisciplinary Perspective
- Health Disparities Seminar
- Topics in Health and Human Services in Rural Communities
- Indian Health Problem-Based Learning Cases
- AIDS: A Multidisciplinary Approach

Underserved Community Experience

UP students must complete **one** of the following:

- RUOP
- GHIP
- OR
- Preclinical Preceptorship in an underserved setting

Scholarly Project - Focus on Underserved (Most students complete Independent Investigative Inquiry (III))

Scholarly project with an underserved focus, often completed as a III project. III projects completed within the context of RUOP or GHIP automatically qualify for credit. III projects completed in other ways, as an MSRTP project for example can be given credit if the topic is related to underserved issues and approved by UP advisors.

If a student's III requirement was waived upon entering medical school, there are a couple options:

- If the project for which the III was waived focused on underserved issues, UP advisors will review and, if appropriate, give credit.
- If the reason the III was waived did not include a project focused on underserved issues, the student can work with UP advisors to develop and complete an alternative project.

Clinical Courses (Twelve Credits)

UP Students must complete a total of 12 credits of clinical courses (required or elective clerkships, sub-internships, advanced preceptorships) in an underserved setting.

Online Module Curriculum

UP Students must complete eight online curriculum modules focusing on issues affecting the underserved:

Who Are the Underserved? is the only **required** module

- | | |
|--|--|
| • Who Are the Underserved? | • Health Literacy |
| • Medicare 101 | • Advocacy |
| • Medicaid 101 | • Team Module |
| • Selected Topics in Rural Medicine | • Community Health |
| • Race, Ethnicity, and Healthcare | • Reflections: Chimamanda Adichie: <i>The Danger of A Single Story</i> |
| • Patients with HIV/AIDS | • Behavior Change and Motivational Interviewing in Underserved Populations |
| • Introduction to Substance Abuse | • Oral Health |
| • Introduction to Homelessness | • Ethics of Medical Volunteerism |
| • Chronic Poverty and Low Income | • Refugee and Immigrant Health |
| • Intimate Partner Violence | • Incarcerated Healthcare |
| • Exploring Disability – Beyond the Medical Module | |
| • Public Health Epidemiology | |

Service Learning, Advocacy, Community Service or Engagement in an underserved setting

Involvement with a group or project that serves underserved community members. UP students must complete a total of 24 hours during medical school (average of 8 hours per phase).

Some examples include, but are not limited to:

→ Community Health Advancement Program (CHAP, Seattle, WA), House of Charity (Spokane, WA), Move Your Numbers (Spokane, WA) Downtown Clinic (Laramie, WY), Health Equity Circle (Seattle and Spokane, WA), Student Health Initiative for Access (SHIFA, Seattle, WA), Friendship Clinic (Boise, ID), Brother Francis Shelter (Anchorage, AK), and Browning Blackfeet Reservation Community Outreach and Science Education Project (Browning, MT). Non-UW opportunities are fine; check with a UP advisor if you have questions about whether your community experience can qualify for credit.