

Winter 2016 Underserved Pathway Mentor Memo

Table of Contents

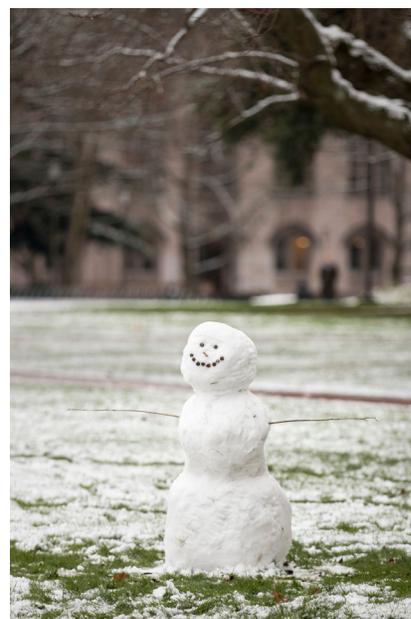
HAPPY NEW YEAR!	1
WINTER: CHECKING IN WITH YOUR UP MENTEE:	1
MENTORING FIRST YEAR MEDICAL STUDENTS (MS1)), NOW KNOWN AS FOUNDATIONS PHASE STUDENTS	1
MENTORING SECOND YEAR STUDENTS (MS2)	2
MENTORING THIRD YEAR STUDENTS (MS3)	3
MENTORING FOURTH YEAR STUDENTS (MS4)	3
REMINDER OF ALL UP STUDENT REQUIREMENTS TO EARN A CERTIFICATE:	4
THE UNDERSERVED PATHWAY TEAM (CONTACT LIST):	4

Happy New Year!

If you are a new mentor to the Underserved Pathway, welcome and thank you! If you have any questions, please don't hesitate to contact us!

As a reminder, the purpose of this memo is to help guide your quarterly discussions. For another great place to find ideas for conversations with our students, **follow us on Twitter** [@UWSOM UP!](https://twitter.com/UWSOM_UP)

Thanks again for taking time to be a mentor for our Underserved Pathway students.



<https://uwphotos.smugmug.com/Winter-Days/>
Katherine B. Turner

WINTER: Checking in With Your UP Mentee:

Mentoring First Year Medical Students (MS1)), now known as Foundations Phase students

Your foundations phase student has now completed immersion, and two foundation blocks. The first block, Molecular & Cellular Basis of Disease, was 7 weeks. The second 6-week block was titled Invaders & Defenders. Students had a rest and remediation week before the holidays. During this week, some students participated in elective intercessions. Intercessions are short content driven workshops and activities in areas of interest for students. Students have now resumed

Winter 2016 Underserved Pathway Mentor Memo

classes and started a 10-week block on Circulatory Systems. For a schematic on the courses offered to our foundations phase students, please visit this website:

- http://www.uwmedicine.org/education/Documents/CurricRenew-Schematic_Foundations.pdf

All foundations phase students are doing longitudinal preceptorship during the entire Foundations Phase. This preceptorship is called the Primary Care Practicum (PCP), so discussing their clinical experiences continues to be important.

Students have just completed their applications for summer 2016. Ask your student what they are participating in this summer. The [Rural Underserved Opportunities Program \(RUOP\)](#) and the [Global Health Immersion Program \(GHIP\)](#) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer. The UP requires an [Independent Investigative Inquiry \(III\)](#) project that addresses an issue affecting underserved populations. A III project completed during RUOP or GHIP automatically qualifies for UP credit.

Students should explore community service or service learning opportunities to meet that requirement. They should also be considering what non-clinical selectives to take for credit with the Underserved Pathway and should start completing some of the UP online modules.

Things to talk about with your UP student:

- How did immersion, PCP, and their first two blocks go? What did they learn?
- What are they doing now in the curriculum?
- Classmates
- Demands on their time and intellect
- [MS1 Fall Curriculum \(http://ow.ly/ROqDf\)](http://ow.ly/ROqDf)
- What is your student doing this summer? *(See above for more links and information!)*
 - o Global Health Immersion Program (GHIP) or Rural Underserved Opportunities Program (RUOP)

Mentoring Second Year Students (MS2)

Second year students usually feel more settled during winter. The curriculum continues to be hard and fast paced. In the small college groups, your student completes two H&Ps, presents the cases orally at the bedside, and listens to and discusses at least 8 other presentations by classmates. They will also write them up and submit them for comment.

They will enjoy continued discussion about how they are developing their clinical skill set, including the basics such as hearing murmurs and visualizing the optic disc and fundus. Students have put in their requests for their third year “track” or order of the required clerkships. They will no doubt benefit from discussing their interests and schedules with you. Most students find it helpful to do a preceptorship in the specialties they are considering sometime in second year.

It is also important to continue to discuss your student’s progress in the Underserved Pathway. They should consider completing at least four of their eight required modules before their clerkships. They must also complete their 2 credits of non-clinical selectives with an underserved focus by the end of second year. Have they participated in any community service or service learning? Did they complete their Individual Investigative Inquiry (III)? If not, what are their plans for meeting these requirements?

Winter 2016 Underserved Pathway Mentor Memo

Things to talk about with your second year UP student:

- Demands on their time and intellect
- Preceptorships
- UW College small group sessions
- Adjustments to a larger class size (for students NOT from Seattle)
- Adjustments to Seattle (for students NOT from Seattle)
- Opportunities to practice skills:
 - o Writing-up histories & physical exams
 - o Giving an oral case presentation
- [MS2 Curriculum \(http://ow.ly/z140y\)](http://ow.ly/z140y)

Mentoring Third Year Students (MS3)

At this time, most third year students have completed three or four clerkship experiences. As they see and learn more about clinical medicine, questions may arise around the health disparities that they see on their rotations and the types of care practiced in community versus academic settings. They may be wondering about various ways to care for the underserved in their future careers. This can provide fruitful material for conversation.

Students are also now planning their fourth year rotation schedules. Your guidance in selecting elective clerkships, and discussions around care of the underserved and careers with the underserved can be most helpful as your student navigates this stage of their professional development. If your student has not completed 12 credits (6 weeks) of clerkship with an underserved focus, they will need to choose elective clerkship experiences that meet this pathway requirement.

Things to talk about with your UP student:

- Year-end summary discussion
- Concerns about how the transition to clinical years has gone
- Demands on their time and intellect
- Opportunities to practice skills:
 - o Writing-up histories & physical exams
 - o Giving an oral case presentation
- [MS3 Curriculum \(http://ow.ly/z1512\)](http://ow.ly/z1512)

Mentoring Fourth Year Students (MS4)

The deadline for your fourth year students to submit their rank list is coming soon:

-- Wednesday, February 24th 9:00 pm E.T.

As students weigh their residency program options, advice on the types of training and experiences working with underserved populations that would best suit their career goals can be helpful in their prioritization process. Match week begins **Monday, March 14th** and Match day is **Friday, March 18th**. An email or phone call to your student to check in and see where they were matched is a great way to keep in touch with your student.

Things to talk about with your UP student:

- Wrapping up medical school
- Moving on and staying in touch!
- [MS4 Curriculum \(http://ow.ly/z16yQ\)](http://ow.ly/z16yQ)

Winter 2016 Underserved Pathway Mentor Memo

Reminder of All UP Student Requirements to Earn a Certificate:

- Complete 10 (minimum E15 and up) 8 (minimum E14 and before) online curriculum modules and/or associated UP activities.
 - MODULE: *Who Are the Underserved?* **is required** for all UP students
 - One meeting per quarter with Underserved Pathway/TRUST mentor (skype/phone, email, in-person)
 - 2 credits of non-clinical selectives focusing on underserved populations or issues
 - Underserved Community Experience: R/UOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
 - Scholarly Project – Focus on issue affecting underserved population(s). Many students complete an Independent Investigative Inquiry, III). A III completed on R/UOP or GHIP automatically qualify
 - 12 credits clinical courses in underserved setting or serving vulnerable population(s)
 - Attendance of one UP event/gathering per quarter is encouraged
 - 24 hours of community service, service learning, advocacy, or engagement in an underserved setting
-

The Underserved Pathway Team (Contact list):

Sharon Dobie, MD, MCP
Underserved Pathway Director
dob@uw.edu

Davie Evans, MD
Underserved Pathway Faculty Advisor
evansd9@uw.edu

Jaime Fitch
Underserved Pathway Program Coordinator
upath@uw.edu

Medical Student Education (MSE) Section
Department of Family Medicine
University of Washington
Phone: 206.616.7889
Fax: 206.543.3821

Physical Address: 1959 NE Pacific St, E-304
Seattle, WA 98195-6390
Mailing Address: UW Box 356390
Seattle, WA 98195-6390