

# Winter 2017 Underserved Pathway Mentor Memo

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## Happy New Year!

If you are a new mentor to the Underserved Pathway, welcome and thank you! If you have any questions, please don't hesitate to contact us!

As a reminder, the purpose of this memo is to help guide your quarterly discussions. For another great place to find ideas for conversations with our students, **follow us on Twitter [@UWSOM UP!](#)**

Thanks again for taking time to be a mentor for our Underserved Pathway students.



<https://uwphotos.smugmug.com/Winter-Days/>  
Katherine B. Turner

## WINTER CHECK-IN WITH YOUR MENTEE:

### Mentoring First Year Medical Students (MS1)), now known as Foundations Phase students

Your foundations phase student has now completed immersion, and two foundation blocks. The first block, Molecular & Cellular Basis of Disease, was 7 weeks. The second 6-week block was titled Invaders & Defenders. Students had a rest and remediation week before the holidays. During this week, some students participated in elective intercessions. Intercessions are short content driven workshops and activities in areas of interest for students. Students have now resumed classes and started a 10-week block on Circulatory Systems.

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For a schematic on the courses offered to our foundations phase students, please visit this website:

- [http://www.uwmedicine.org/education/Documents/CurricRenew-Schematic\\_Foundations.pdf](http://www.uwmedicine.org/education/Documents/CurricRenew-Schematic_Foundations.pdf)

All foundations phase students are doing a longitudinal preceptorship during the entire Foundations Phase. This preceptorship is called the Primary Care Practicum (PCP), so discussing their clinical experiences continues to be important.

Students have just completed their applications for summer 2016. Ask your student what they are participating in this summer. [Rural Underserved Opportunities Program \(RUOP\)](#) and the [Global Health Immersion Program \(GHIP\)](#) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer. The UP requires an [Independent Investigative Inquiry \(III\)](#) project that addresses an issue affecting underserved populations. A III project completed during RUOP or GHIP automatically qualifies for UP credit.

Students should explore community service or service learning opportunities to meet that requirement. They should also be considering what non-clinical selectives to take for credit with the Underserved Pathway and should start completing some of the UP online modules.

Things to talk about with your UP student:

- How did immersion, PCP, and their first two blocks go? What did they learn?
- What are they doing now in the curriculum?
- Classmates
- Demands on their time and intellect
- [Foundations Phase Fall Curriculum \(http://ow.ly/ROqDf\)](http://ow.ly/ROqDf)
- What is your student doing this summer? *(See below for more links and information!)*
  - o Global Health Immersion Program (GHIP) or Rural Underserved Opportunities Program (RUOP)

## **Mentoring Second Year Students (MS2), now called Foundations Phase, Consolidation and Transition**

These second-year students who entered fall of 2015 are finished with their pre-clinical curriculum. They are studying to take part 1 of the Boards and then will start clerkships usually in March!

They will enjoy continued discussion about how they are planning their clerkships, studying for boards and moving forward with career plans. They will no doubt benefit from discussing their interests and schedules with you.

It is also important to continue to discuss your student's progress in the Underserved Pathway. They should consider completing at least four-five of their ten required modules before their clerkships. They must also complete their 2 credits of non-clinical selectives with an underserved focus or plan to do extra modules. Have they participated in any community service or service learning? Did they complete their Individual Investigative Inquiry (III)? If not, what are their plans for meeting these requirements?

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Things to talk about with your second year UP student:

- Demands on their time and intellect
- Clerkship schedules

## Mentoring Third Year Students (MS3)

At this time, most third year students have completed three or four clerkship experiences. As they see and learn more about clinical medicine, questions may arise around the health disparities that they see on their rotations and the types of care practiced in community versus academic settings. They may be wondering about various ways to care for the underserved in their future careers. This can provide fruitful material for conversation.

Students are also now planning their fourth year rotation schedules. Your guidance in selecting elective clerkships, and discussions around care of the underserved and careers with the underserved can be most helpful as your student navigates this stage of their professional development. If your student has not completed 12 credits (6 weeks) of clerkship with an underserved focus, they will need to choose elective clerkship experiences that meet this pathway requirement.

Things to talk about with your UP student:

- Year-end summary discussion
- Concerns about how the transition to clinical years has gone
- Demands on their time and intellect
- Opportunities to practice skills:
  - o Writing-up histories & physical exams
  - o Giving an oral case presentation
- [MS3 Curriculum \(http://ow.ly/z1512\)](http://ow.ly/z1512)

## Mentoring Fourth Year Students (MS4)

The Pathways Graduation Date and Time has not yet been set, once it is finalized we will let you know, you are all invited!

The deadline for your fourth-year students to submit their rank list is coming soon:

**-- Wednesday, February 22<sup>th</sup> 9:00 pm E.T.**

As students weigh their residency program options, advice on the types of training and experiences working with underserved populations that would best suit their career goals can be helpful in their prioritization process. Match week begins **Monday, March 13<sup>th</sup>** and Match day is **Friday, March 17<sup>th</sup>**. An email or phone call to your student to check in and see where they were matched is a great way to keep in touch with your student.

Things to talk about with your UP student:

- Wrapping up medical school
- Moving on and staying in touch!
- [MS4 Curriculum \(http://ow.ly/z16yQ\)](http://ow.ly/z16yQ)

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## Reminder of All UP Student Requirements to Earn a Certificate:

- Curriculum: Modules — *Who Are the Underserved?* is **required** for everyone
    - o Minimum of **10** online curriculum modules or associated activities for (E15 and after)
    - o Minimum of **8** online curriculum modules or associated activities for (E14 and before)
  - Longitudinal mentorship with Underserved Pathway or TRUST mentor:
    - o 1 meeting per quarter or a minimum of 4 meetings per year
    - o Meetings can occur via in-person, phone, web-based video conferencing, or email
  - Scholarly project:
    - o III focused on an issue affecting underserved population(s).
    - o III completed on RUOP or GHIP automatically qualify.
  - Pre-clinical community experience:
    - o RUOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
  - Non-clinical coursework: selectives and/or intersessions:
    - o 2 credits focusing on underserved populations or issues (with approval students can also complete extra modules in place of credits)
  - Clinical courses – Clerkships, Patient Care Phase, Career Explorations Phase:
    - o 12 credits (or SIX weeks) of clinical courses in underserved setting or serving vulnerable population(s)
  - Service learning, advocacy, community service or engagement:
    - o 24 hours completed in an underserved setting
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## The Underserved Pathway Team (Contact list):

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