

Advising Residents for Life Post-Residency: R3 Evening Meeting Outline

Dr. Justin Glass, Program Director, Family Medicine Residency of Idaho

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1. Welcome

2. CME

- a. What is required?
 - i. Can search for state by state requirements on web.
 1. Idaho: 40 hours in 2 years
 2. Oregon: 60 hours in 2 year
 - a. 6 credits must be in pain management of end of life care. Must do within 1 year of licensure.
 - b. Must take 1 hour pain management course also
 3. Montana: None
 4. Utah: 40 hours in 2 years
 - a. 6 hours must be from a list from division of occupational and professional licensure
 5. Washington: 200 hours in 4 years
 6. Arizona: 40 hours in 2 years
 7. Colorado: None
 8. California: 50 hrs in 2 years (If DO, then 150 hrs in 3 yrs)
 - a. 12 hours must be in pain management once
 - b. If >25% geri pts, then 20 hrs must be in geriatrics.
 9. Nevada: 40 hrs in 2 years (If DO, then 35 hrs in 1 year)
 - a. 2 hours in ethics
 - b. State requirements are generally trumped by ABFM requirement
 - i. 150 hours in 3 year cycle (average 50 hours / yr)
 - ii. See ABIM requirements below too.
 - c. How do you decide what type of CME you want to do:
 - i. Solo study vs practice group study vs large group activity
 - ii. Cost
 - iii. Location
 - iv. Specific learning needs
 - v. New skill set sought
 - d. How do you find it?
 - i. Search strategies -- AAFP / local hospital / referral center / mail
 - e. How do you track it?
 - i. AAFP website www.aafp.org CME center
 - ii. Keeps full history
 - iii. Allows searches to add CME courses

3. ABFM Certification

- a. ABFM website: www.theabfm.org
- b. Initial test: April 2015 \$1300 ABFM
- c. Recertification: 10 years if Maintenance of Certification program followed
 - i. Two SAM's (Self Assessment Modules) every 3 years
 - ii. One PPM (Performance in Practice Module) every 3 years
 - iii. Cost is relatively high.
 - 1. \$1900 – 2365 / 10 years for modules (2014 data)

4. ABIM Certification

- a. ABIM website: www.abim.org
- b. Initial test: April 2015 \$1365
- c. Recertification: 10 years if Maintenance of Certification program followed
 - i. Earn 20 pts / year minimum. 100 pts in 5 years
 - ii. Points earned by completing modules (10 pts generally), MKSAP, and special MOC sessions
 - iii. Practice Assessment/Patient Voice/Patient safety requirements suspended for 2 years in 2015
 - iv. Cost for entire program is \$1940 (10 years)

5. Professional Memberships

- a. AAFP
 - i. \$420/yr national dues
 - ii. Additional dues for state license depending on state
 - 1. Idaho \$250/yr
 - iii. New physician member x first 7 years. Various discounts apply during this period. CME courses / Self study / Products
 - iv. Does your job pay for this membership?
- b. ACP
 - i. Dues:
 - 1. \$275 within 7yrs of medical school
 - 2. \$530 8 or more years since medical school
 - ii. Dues State: Included in national dues
 - iii. New physician benefits do exist for courses, etc.
 - iv. Does your job pay for this membership?
- c. County Medical Society
- d. American Medical Association

6. Biographical Tracking

- a. Begin now!

- b. Review one strategy for doing this – see attached template

7. License / DEA renewal

- a. Don't trust someone else to do this for you
- b. Does your job pay for this?

8. Various certification renewals

- a. BLS 2 years / ACLS 2 years
- b. NRP 2 years / STABLE 2 years
- c. PALS 2 year
- d. ALSO 5 years
- e. ATLS 5 years

9. Know the laws regarding medical practice in your state.

- a. Medical license in Idaho:
<http://legislature.idaho.gov/idstat/Title54/T54CH18.htm>
- b. Medical laws: <http://legislature.idaho.gov/idstat/Title39/T39.htm>

10. Keep in mind what gets physicians in trouble:

- a. Not seeing a patient in which the clinical picture clearly indicates the patients should be seen.
- b. Failing to respect boundaries of the patient – provider relationship
 - i. sex
- c. Writing scripts for family / friends outside of a patient-provider relationship:
 - i. Narcotics
 - ii. Anxiolytics
 - iii. Anything

11. Malpractice coverage

- a. Per claim
- b. Aggregate
- c. Tail coverage

12. Being a professional in a small town

13. How do you handle a big increase in salary?